Abstract: High-density ruthenium (Ru) thin films were deposited using Ru(EtCp)\(_2\) (bis(ethylcyclopentadienyl)ruthenium) and oxygen by thermal atomic layer deposition (ALD) and compared to magnetron sputtered (MS) Ru coatings. The ALD Ru film growth and surface roughness show a significant temperature dependence. At temperatures below 200 °C, no deposition was observed on silicon and fused silica substrates. With increasing deposition temperature, the nucleation of Ru starts and leads eventually to fully closed, polycrystalline coatings. The formation of blisters starts at temperatures above 275 °C because of poor adhesion properties, which results in a high surface roughness. The optimum deposition temperature is 250 °C in our tool and leads to rather smooth film surfaces, with roughness values of approximately 3 nm. The ALD Ru thin films have similar morphology compared with MS coatings, e.g., hexagonal polycrystalline structure and high density. Discrepancies of the optical properties can be explained by the higher roughness of ALD films compared to MS coatings. To use ALD Ru for optical applications at short wavelengths (λ = 2–50 nm), further improvement of their film quality is required.

Keywords: atomic layer deposition; sputtering; ruthenium; thin film; optical properties; structural properties; soft X-ray; XUV

1. Introduction

Ultrathin metal films are essential for numerous applications, especially in microelectronics [1], heterogeneous catalysis [2], soft X-ray optics, and sensing. Ruthenium, as a relatively low-cost noble metal, is an attractive material when high oxidation resistance is needed [3]. Smooth and high-density Ru thin films are a preferred solution, for example, as electrodes for dynamic random access memories (DRAM) [4–7], metal-oxide-semiconductor field-effect transistors (MOSFET) [8], metal-insulator-metal capacitors [9,10], and grazing-incidence soft X-ray mirrors [11]. The atomic layer deposition (ALD) technology enables pinhole-free and conformal films with sub-nanometer thickness control. Since conventional physical vapor deposition (PVD) technologies cannot realize conformal coatings on complex shaped substrates, ALD is being considered as a promising technology.
for optical coatings. High-efficiency metal wire polarizers for UV spectral range have already been realized based on frequency doubling technique with iridium (Ir) coatings by ALD [12,13]. Iridium ALD coating has been also applied for Fresnel zone plates for X-ray microscopes at 1 keV synchrotron radiation [14]. Although ALD of Ru processes has been widely investigated for their electronic properties [2,6–9,15–19], their optical properties have not been analyzed yet. The large interest for Ru ALD arises since it is considered as a favorable capacitor electrode in DRAM [3,4,6,18], as gates in metal oxide semiconductor transistors [5,8], or is applied as nucleation seed layers for copper interconnect formation [19]. As an optical coating, Ru is currently realized for capping layers [3,20,21] and grazing incidence mirrors [22–25] by magnetron sputtering (MS).

This article presents the optical and structural properties of Ru ALD in the soft X-ray and XUV (extreme UV) spectral range. Furthermore, the coating properties are compared with conventional sputtered Ru films and the potential of the ALD technology for optical applications is discussed.

2. Experimental

Ru thin film deposition was performed with an Oxford Instruments OpAL open load reactor tool. In this study, Ru(EtCp)₂ (bis(ethylcyclopentadienyl) ruthenium, Strem Chemicals, Kehl, Germany) and O₂ were used as metalorganic precursor and co-reactant, respectively. Ru(EtCp)₂ as a liquid precursor has a relatively high vapor pressure of 0.24 mbar at 80 °C [26]. This temperature was applied to bubble the precursor with 150 sccm argon (Ar) gas flow into the ALD reactor. Under a working pressure of approximately 0.1 mbar, the coatings were fabricated in a thermal ALD process at substrate temperatures between 200 °C and 300 °C. Major reaction products during this ALD process are carbon dioxide (CO₂) and water (H₂O). The overall chemical reaction can be suggested as:

\[
\text{Ru(EtCp)₂ (g) + } \frac{37}{2} \text{O}_2 (g) \rightarrow \text{Ru (s) + 9 H}_2\text{O (g) + 14 CO}_2 \text{ (g)}
\] (1)

Growth rate experiments of the Ru films were performed at a deposition temperature of 250 °C. The ALD cycle consists of four repeated steps: Ru(EtCp)₂ precursor pulse, precursor purge with Ar (150 sccm), co-reactant pulse with 50 sccm O₂, and a final purge with 150 sccm Ar flow. The optimized time for each step was constant at 2 s, 4 s, 3 s, and 4 s, respectively. Furthermore, a plasma enhanced ALD (PEALD) process was tested. Therefore, O₂ plasma was ignited with 100 W RF power at 100 sccm flow rate. The substrate was exposed for three seconds to the O₂ plasma instead of the thermally activated O₂ gas flow. Super-polished silicon (Si) wafers with a crystal orientation of (100) and amorphous fused silica (SiO₂) were used as conventional substrates for optical coatings.

For comparison, Ru coatings were fabricated on the DC-magnetron sputtering system NESSY 3 [27]. In this industrial system, coatings were deposited in an Ar atmosphere on Si substrates with a working pressure of 10⁻³ mbar and a source power of 500 W.

All samples produced were measured by grazing incidence X-ray reflectometry (XRR) with Cu-Kα radiation (λ = 0.154 nm) to characterize the coating properties. The XRR data were fitted with a simple single layer model (Ru on substrate, whereby the roughness of the coating is also considered) using the Leptos 7 software package (Bruker Corporation) [28]. The extracted simulation results provide information on the coating thickness, coating density, and surface roughness. The same measurement setup was used for X-ray diffraction experiments (XRD). The crystal sizes were estimated according to the Scherrer equation [29].

Furthermore, the surface was investigated with a Carl Zeiss Σigma scanning electron microscope (SEM, Carl Zeiss, Oberkochen, Germany) with a constant acceleration voltage of 10 kV and energy dispersive X-ray analysis (EDX) for chemical characterization. Surface roughness analysis was additionally carried out through atomic force microscopy (AFM, Dimension 3100 with Nanoscope IV controller, Digital Instruments, Santa Barbara, CA, USA) measurements.

The XUV reflectometry (XUVR) was carried out by the Physikalisch Technische Bundesanstalt (PTB, Bessy II, Beamline PTB-EUV, Berlin, Germany) [30] at a fixed grazing incidence angle of 10° varying the wavelength between 2 nm and 25 nm. The reflectivity curves were simulated with the
After 1500 cycles at 250 °C, the Ru grows to a 57.5 nm thick film with a surface roughness of σ = 2.6 nm. At comparable temperatures of 275 °C to 300 °C, other authors reported an even higher surface roughness from 3.7 nm [34] up to 13.9 nm [10] of thermally deposited Ru. Furthermore, the Ru ALD layer exhibits a high density of ρ = 12.3 g·cm⁻³ comparable to the bulk Ru value of 12.45 g·cm⁻³ [38].

The surface composition was studied with X-ray photoelectron spectroscopy (XPS, XR 50 M X-ray source with FOCUS 500 monochromator, SPECS Surface Nano Analysis GmbH, Berlin, Germany) using an ultrahigh vacuum (UHV) surface analysis system. The photoelectrons were excited by monochromatic Al-Kα radiation (E = 1486.71 eV) under 55° angle of incidence and detected with a PHOIBOS 150 hemispherical electron analyzer (SPECS Surface Nano Analysis GmbH, Berlin, Germany).

Additionally, an Auger electron spectroscopy (AES, Varian Vacuum Division, Palo Alto, CA, USA) depth profile was performed with an Auger cylindrical mirror spectrometer. A focused 5 keV electron beam under an angle of incidence of 30° and a cylindrical mirror analyzer (CMA) were used. Sputtering was carried out with krypton (Kr) at an energy of 2 keV and a current of 10 µA.

3. Results

Atomic layer deposition of Ru has been reported using several metalorganic precursors. Hämäläinen et al. presented a review of the reported Ru ALD processes with various precursors [33]. They summarized growth rates, deposition temperatures and the evaporation temperature of different precursors relating to the corresponding co-reactants. Besides Ru(Cp)₂ [6,34] and Ru(Thd)₃ [33,35], Ru(EtCp)₂ [5,10,34,36] is the most commonly used precursor. Its flexible deposition properties have led to the choice of Ru(EtCp)₂ to start here the optical coating development. Besides thermal and plasma enhanced ALD, the precursor enables the deposition with a wide selection of co-reactants, e.g., air [6], O₂ [26,34], ozone (O₃) [10], ammonia (NH₃) [19,34], and hydrogen (H₂) [5]. The main by-products of the chosen process (Ru(EtCp)₂ and O₂) are water and carbon dioxide [37] (see Equation (1)) and thus it fulfills safety requirements. Furthermore, the liquid precursor Ru(EtCp)₂ is readily available in adequate ALD bubblers for precursor delivery.

3.1. Structural Properties

Immediately after deposition, all coatings were characterized by XRR to determine the density (ρ), roughness (σ), and film thickness (z) without major influence of contaminations.

The experimental data and the corresponding simulation are presented in Figure 1. As shown, a simple simulation model (single Ru layer on Si-substrate) describes the experimental data very well. After 1500 cycles at 250 °C, the Ru grows to a z = 57.5 nm thick film with a surface roughness of σ = 2.6 nm. At comparable temperatures of 275 °C to 300 °C, other authors reported an even higher surface roughness from 3.7 nm [34] up to 13.9 nm [10] of thermally deposited Ru. Furthermore, the Ru ALD layer exhibits a high density of ρ = 12.3 g·cm⁻³ comparable to the bulk Ru value of 12.45 g·cm⁻³ [38].

Figure 1. X-ray reflectometry (XRR) measurement on atomic layer deposition (ALD) Ru layer and corresponding simulation with a simple two-layer model (substrate + Ru thin film).
To determine the growth rate per cycle (GPC), processes were carried out with 500 cycles up to 3000 cycles and the films were thoroughly characterized. Figure 2 points out a linear thickness evolution with increasing number of ALD cycles. The GPC was determined by a linear fit to (0.047 ± 0.002) nm/cycle on a Si substrate and (0.049 ± 0.002) nm/cycle on fused silica, respectively. Compared with other ALD processes using Ru(EtCp)₂ as a precursor, the determined GPCs are of the same magnitude. Wojcik et al. reported a growth rate of 0.037 nm/cycle with a Ru(EtCp)₂ PEALD process [39] and Park et al. 0.075 nm/cycle with a thermal process [34]. A higher growth rate of 0.12 nm/cycle was achieved with O₃ as co-reactant [10].

Figure 2 indicates a nucleation delay since the linear fit does not cross the origin until the growth rate becomes constant. This delay lasts longer for amorphous fused silica substrates compared with Si substrates. Following the linear fit in Figure 2, the linear growth regime starts after approximately 250 cycles on Si and after 1350 cycles on SiO₂, respectively. An ALD review by George indicates that ALD metals prefer to form clusters on oxide surfaces [40]. Depending on the substrate material, it takes a certain amount of ALD cycles until the first metal layer is fully closed and the growth becomes linear per cycle. Hämäläinen et al. reported that this nucleation delay for Ru can last up to hundreds of cycles [33], as our observation also indicates. The initial density of nucleation sites plays a critical role in the formation of Ru thin films and is higher on Si than on SiO₂. On noble metal substrates, such as platinum (Pt) and palladium (Pd), no nucleation delay was found by Lu et al. [5].

Nevertheless, all ALD coatings show a high density of (12.3 ± 0.1) g·cm⁻³ by XRR independent of their thickness. Repeated XRR measurements show identical curves three months past deposition. Thus, high coating stability is assumed due to identical XRR results. High-density coatings are important for the optical properties in the soft X-ray and XUV spectral range [41]. Kim et al. report a density of ρ = 11.9 g·cm⁻³ by XRR investigations [10] although they used O₂ as a more reactive co-reactant. The highest Ru coating density of 12.7 g·cm⁻³, achieved with an O₂ based ALD process, was reported by Manke et al. [42] at temperatures of T₀ = 450 °C. In addition to the density, a low surface roughness is also essential for high reflective properties in optical applications. We have determined a strong influence of the deposition temperature T₀ on the film growth and thus the surface roughness.

Figure 3 presents film surface morphologies after 500 cycles deposited at different temperatures. No deposition was observed at temperatures below T₀ < 200 °C. The deposition started at T₀ = 230 °C. However, the nucleation delay was so high that even after 500 cycles the layer was
not fully covering the substrate and Ru nanoparticles were clearly visible. The black background corresponds to the Si substrate surface. The small white areas on top are Ru nuclei with a diameter of approximately 6–20 nm. The growth rate rises with an increasing temperature of $T_{\text{dep}} = 250 \, ^\circ\text{C}$. At this point, the complete surface is covered with Ru crystals and results in a film thickness of $z = 17 \, \text{nm}$. Furthermore, the estimated crystal size is of a similar magnitude (20–30 nm). At a higher deposition temperature of $T_{\text{dep}} = 300 \, ^\circ\text{C}$, the lateral crystal size grows further to 25–40 nm. Besides a larger film thickness ($z = 35 \, \text{nm}$ by XRR) caused by a higher growth rate, a possible reason for larger grains is the higher substrate temperature itself. This increases the mobility of the Ru atoms and thus they can reach places at a favorable energetic state, e.g., the crystal lattice.

![Figure 3](image.png)

**Figure 3.** Scanning electron microscopy (SEM) images of Ru layers at different deposition temperatures after 500 ALD cycles. While no deposition was observed below $T_{\text{dep}} = 200 \, ^\circ\text{C}$, blistering occurred at higher temperatures. A temperature optimum was found at 250 °C. Furthermore, the formation of blisters at deposition temperature of 300 °C can be seen in Figure 3. These large blisters consist of air pockets. This phenomenon was also reported by Kim et al. for a Ru(EtCp)$_2$–O$_2$ process [10]. For Ru deposition at $T_{\text{dep}} = 275 \, ^\circ\text{C}$, they reported a formation of blisters that led to a significant surface roughness of approximately 14 nm [10]. Other O$_2$ based metal ALD, e.g., Ir [43], show also the effect of blistering, whereby improving the process parameters (e.g., long purge time) significantly minimized the appearance of defects. Gadkari et al. described that the blistering can be caused by the combination of stress and a weak film-substrate adhesion [44]. Nevertheless, we also detected that the film adhesion became worse and the coating could easily be scratched. Thus, these coatings deposited at high temperatures are not suitable for optical applications.
As shown in Figure 3, all coatings demonstrate a crystalline growth. Therefore, additional XRD-investigations have been carried out to study the crystallinity of the Ru ALD coatings in detail. Figure 4 shows the diffraction pattern of a 57 nm thick coating on a Si substrate deposited at the optimized temperature of 250 °C. For comparison, an MS coating with equivalent thickness is additionally presented.

![Figure 4. X-ray diffraction (XRD) pattern of ALD (z = 57 nm) and magnetron sputtered (MS) (z = 50 nm) Ru coatings on Si substrates with corresponding phase analysis. Diffraction peaks of the MS coating are slightly shifted to smaller angles indicating film stress.](image)

Both coatings consist of hexagonal polycrystals [45]. Three peaks can be clearly identified at the angles of 38°, 42°, and 44°. The fourth peak at 58° is only indicated because of its low intensity. The blue solid lines show the intensity distribution of each peak for a randomly oriented powder sample. This indicates that both coatings are randomly oriented with the Ru polycrystalline structure oriented in the [100], [002] and [101] orientations in the growth direction. Further, the peaks of the sputtered coating are slightly shifted to smaller angles. These findings suggest that the coating is under compressive stress. Alagoz et al. report on high compressive stresses of several GPa in Ru films by MS [46]. The ALD sample matches the diffraction database values perfectly. Therefore, low film stress is expected. The film stress, reported by Kim et al. based on a Ru(EtCp)2 and O2 process, was also low with a value of 88 MPa [10].

Figure 5 summarizes the evolution of grain size and roughness with increasing film thickness. The grain size was estimated by the Scherrer equation based on the (101) peak with maximum intensity. When the film thickness increases, the grain size rises as well. Nevertheless, for thin films, the grain growth evolves further into a saturation of approximately \( \Lambda = 30 \) nm. The MS Ru coatings have a comparable grain size (\( \Lambda = 21 \) nm, \( z = 50 \) nm).

The estimated grain sizes by the Scherrer equation from XRD are commonly smaller than from SEM images because only coherently scattering areas contribute to the signal. Other effects, e.g., mechanical stress, can also lead to a broadening of Bragg peaks and thus apparently smaller grains. Hence, the Scherrer values are considered as a lower limit value.

In relation, the surface roughness \( \sigma \) of all ALD coatings with thicknesses between 10 and 130 nm show similar results between 2 and 4 nm (AFM measurement). Interestingly, the thinnest layers demonstrate high roughness values that are as high as for thick layers. Due to the nucleation process, we assume the appearance of a Ru film which is not a fully closed layer with protruding crystals. This effect could cause the high roughness at the early observation stage. As the film thickness increases, the layer closes and smooths out the surface to a roughness of only 2.6 nm for a 57 nm thick coating. When the film thickness further increases, the surface roughness rises as well, but no blisters have been observed. This can be explained by larger Ru crystals. Due to the fact that the crystal size growth saturates, we also expect a saturated roughness of coatings with thicknesses larger than \( z > 150 \) nm. The MS Ru coating is much smoother, although the crystal size has comparable dimensions (\( \sigma = 0.5 \) nm,
\( \Lambda = 21 \text{ nm} \) compared to the ALD sample (\( \sigma = 2.6 \text{ nm}, \Lambda = 26 \text{ nm} \)). All investigated coating properties for a 50 nm thick film are summarized and compared with an MS coating in Table 1.

![Figure 5](image-url)

*Figure 5.* The estimated grain size by the Scherrer equation (left, \( \bigcirc \)) increases with coating thickness and saturates at \( \Lambda = 30 \text{ nm} \). The roughness evolution with increasing Ru film thickness is additionally shown (right, \( \Lambda \)). The filled symbols correspond to the MS coating.

**Table 1.** Comparison of coating properties of a 57.5 nm thick ALD and a 50 nm thick MS Ru coating.

<table>
<thead>
<tr>
<th>Property</th>
<th>Atomic Layer Deposition (ALD)</th>
<th>Magnetron Sputtering (MS)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Roughness, ( \sigma_{\text{XRR}} ) (nm)</td>
<td>2.6 ± 0.5</td>
<td>0.4 ± 0.1</td>
</tr>
<tr>
<td>Density, ( \rho_{\text{XRR}} ) (g·cm(^{-3}))</td>
<td>12.3 ± 0.1</td>
<td>12.4 ± 0.1</td>
</tr>
<tr>
<td>Structure</td>
<td>polycrystal hexagonal</td>
<td>polycrystal hexagonal</td>
</tr>
<tr>
<td>Grain size, ( \Lambda ) (nm)</td>
<td>26</td>
<td>21</td>
</tr>
</tbody>
</table>

### 3.2. Optical Properties

The measurement of the reflectance in the XUV spectral range requires specialized beamline equipment, which is only available in a few research centers. Hence, the XUV reflectance measurement could be carried out only 5 months after deposition of the ALD samples. Degradation of the Ru ALD samples with time cannot be fully excluded. The thickness of the Ru thin films for XUV applications at a grazing angle of incidence should exceed tens of nanometers to obtain high reflectance values. Further, for numerous reasons, even film thicknesses >200 nm are required to ensure the stability of the mirror optics at the beamline to minimize damage due to the radiation. In Figure 6, the reflection data determined for an ALD sample with a layer thickness of \( z = 35 \text{ nm} \) is compared to a sputtered Ru film (\( z = 50 \text{ nm} \)). A lower reflection appears for the fixed angle of incidence \( \Theta = 10^\circ \) in the spectral range between \( \lambda = 2 \text{ nm} \) and 25 nm (Figure 6) for the ALD coating as compared to the MS sample. In addition to the normalized integral reflection, the critical angle for the ALD film is significantly smaller (see Table 2).

Although a simple single-layer model leads to a good agreement with the experiment for the XRR simulations, the model had to be improved by two additional layers besides surface roughness to fit the XUV reflectance data. First, a ruthenium(IV) oxide layer (RuO\(_2\); \( \rho = 7.0 \text{ g·cm}^{-3} \)) on the Ru surface was assumed, and second carbon residuals (C; \( \rho = 2.0 \text{ g·cm}^{-3} \)). These thin surface layers could not be detected by XRR due to the high surface roughness. The characteristic oscillation is suppressed in XRR even at small angles of incidence. Hence, the features of the thin surface layer, which typically occur at large angles, are not visible.

With the extended model, the XUVR measurement data could be fitted very well. The fit shows that the surface of the ALD coating is significantly rougher (\( \sigma_{\text{ALD}} = (4.5 \pm 0.6) \text{ nm} \)) than that of the sputtered film (\( \sigma_{\text{MS}} = (0.7 \pm 0.3) \text{ nm} \)). These results are in qualitative agreement with the XRR study of the roughness. The surface roughness is a critical factor affecting the reflectivity at XUV wavelength range because the microstructural relevant size of the surface is close to the wavelength of
light. In terms of reflectivity, the higher roughness of the ALD coating leads to a reduction of nearly 20% compared to the MS coating. In the XUVR simulations, the thickness of the surface oxide on the ALD film is larger ($d_{\text{oxide}} = 2.5$ nm) compared to the sputtered layer ($d_{\text{oxide}} = 1.0$ nm). Due to the increased surface roughness and grainy topography of the ALD sample, it is assumed as the cause of the increased oxide thickness. Furthermore, a 1.6 nm thick C layer was fitted on the RuO$_2$ layer. This third layer was not presumed for the simulation of the sputtered sample. The C residuals on the surface of the ALD layer could be attributed to reaction products during the ALD process because C is a component of the precursor Ru(EtCp)$_2$. Additionally, the C surface contamination due to increased roughness and long storage time is probable.

![Figure 6. Comparison of experimental reflection data of sputtered and ALD Ru films in the soft X-ray and extreme UV (XUV) spectral range. Shown in red is the fit with the simulation model Ru + RuO$_2$ + C. In blue, the reflectivity without a surface oxide and ideal smooth interfaces is shown.](image)

**Table 2.** Comparison of the optical properties and simulation results for a 35 nm thick ALD and a 50 nm thick sputtered Ru layer from XUV reflectometry (XUVR) measurements.

<table>
<thead>
<tr>
<th>Property</th>
<th>ALD</th>
<th>MS</th>
</tr>
</thead>
<tbody>
<tr>
<td>Int. reflection $[2.5^\circ–20.0^\circ]$, $R_{\text{exp}}$ ($^\circ$)</td>
<td>12.1</td>
<td>14.9</td>
</tr>
<tr>
<td>Normalized int. reflection, $R_{\text{exp}}/R_{\text{ideal}}$</td>
<td>0.79</td>
<td>0.97</td>
</tr>
<tr>
<td>Critical angle, $\Theta_{\text{crit}}$ ($^\circ$)</td>
<td>18.4</td>
<td>25.3</td>
</tr>
<tr>
<td>Surface roughness, $\sigma$ (nm)</td>
<td>$4.6 \pm 0.6$</td>
<td>$0.7 \pm 0.6$</td>
</tr>
<tr>
<td>Thickness of oxide layer, $d_{\text{oxide}}$ (nm)</td>
<td>$2.5 \pm 0.5$</td>
<td>$1.0 \pm 0.5$</td>
</tr>
<tr>
<td>Carbon residuals, $d_{C}$ (nm)</td>
<td>$1.5 \pm 0.5$</td>
<td>–</td>
</tr>
</tbody>
</table>

If the influences of the surface roughness $\sigma$ and the layer thicknesses (RuO$_2$, C) for the ALD coating are considered separately, $\sigma$ describes three-quarters of the reflection losses with respect to the normalized integral reflection $R_{\text{exp}}$. If the reflection curve is simulated with a RuO$_2$ and C layer, it leads to a quarter of the reflection losses, neglecting the surface roughness ($\sigma = 0$ nm). This observation shows that the roughness of the Ru ALD film is the critical reflection-reducing effect. The simulation results with the optical properties are summarized in Table 2.

### 3.3. Chemical Analysis

To verify the XUVR simulation model, XPS and an AES depth profile were performed on a $z = 57$ nm thick ALD sample. With both methods, only Ru and O were detected. The XPS survey spectra with indicated features are shown in Figure 7. Oxygen is mainly present on the surface because the Ru features decrease stronger than the O features with increasing angle of photoelectron emission (increased surface sensitivity). The Ru 3$d_{3/2}$ state overlaps the C 1$s$ state at $E_B \approx 285$ eV (see Figure 7 inset). Unfortunately, a determination of the amount of adventitious C on the surface is not possible because the C 1$s$ peak is obstructed by the Ru 3$d_{3/2}$ feature.
Figure 7. X-ray photoelectron spectroscopy (XPS) survey spectra of ALD Ru ($z = 57$ nm) coating on a Si substrate at normal emission ($0^\circ$) and a polar angle of $70^\circ$ with indicated features. Only Ru and O were detected, with O mainly being present on the layer surface. The inset shows a zoom-in into the Ru 3$d$ state region.

The Ru 3$d_{5/2}$ peak appears asymmetric at normal emission ($0^\circ$) and has clearly two components at $70^\circ$. This originates from metallic Ru and oxidized Ru. Based on the binding energies of different Ru oxides, the surface oxide can be confirmed as RuO$_2$ corresponding to the shoulder around 280.8 eV (see Table 3). The thickness of the surface RuO$_2$ layer can be estimated between 1 nm and 2 nm, which is in agreement with the XUVR simulation.

**Table 3.** Binding energies of Ru 3$d_{5/2}$ state for metallic Ru and different Ru oxides [46].

<table>
<thead>
<tr>
<th>Compound</th>
<th>Ru 3$d_{5/2}$ Binding Energy [eV]</th>
</tr>
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<tbody>
<tr>
<td>Ru</td>
<td>$\approx$280.0</td>
</tr>
<tr>
<td>RuO$_2$</td>
<td>$\approx$280.8</td>
</tr>
<tr>
<td>RuO$_3$</td>
<td>$\approx$282.5</td>
</tr>
<tr>
<td>RuO$_4$</td>
<td>$\approx$283.2</td>
</tr>
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</table>

Figure 8 presents an atomic ratios depth profile for Ru and O using AES. On the surface, that means without sputtering, more than 60 at % O is situated which fits to a thin RuO$_2$ on the surface. The O content decreases exponentially with increasing sputter depth and remains at 0.8% in the bulk material. Probably due to the high surface roughness, no ideal layered structure of RuO$_2$ and Ru occurs. Carbon was not measurable, because the Ru signal overlaps spectrally the C signal again.

Figure 8. Atomic ratios depth profile for Ru and O of ALD Ru ($z = 57$ nm) coating on a Si substrate using Auger electron spectroscopy (AES). The composition on the surface fits RuO$_2$, whereby the O content decreases fast with increasing sputter depth and remains at 0.8% in the bulk material. The sputter depth is a rough approximation, whereby the sputter rate is roughly 8 nm/min.
4. Discussion

Ruthenium thin films deposited by ALD have been thoroughly characterized. The typical ALD temperature window to obtain a constant growth rate for the specific process is in the range of 230 to 300 °C. However, the nucleation and film properties significantly depend on the deposition temperature.

The results obtained in this study indicate that further optimization of ALD Ru coatings for optical applications is essential to leverage on the ALD capability of conformal coatings on nanostructured substrates or on complex shaped optics. The comparison between the ALD and MS technologies has pointed out several advantages of the MS technology. As shown, a sputtered Ru coating resulted in a highly dense and smooth film. The reflection measurements and simulations (Figure 6) indicate that the smooth interfaces are essential for high reflection properties at short wavelengths. The reflectance of the sputtered coatings is approximately 20% higher than the ALD coatings at the peak wavelength of 12 nm. However, there are also disadvantages for MS compared to ALD. The XRD pattern suggests higher film stress in MS films. Stress can lead to deviations of manufacturing tolerances or delamination. Alagoz et al. reported that highly dense Ru films could not be grown to a thickness of higher than 85 nm by magnetron sputtering because they started to peel off beyond this thickness [47]. In this study, Ru coating with a film thickness of 120 nm has been achieved by ALD although it is a relatively slow deposition process. In general, the crystal size and roughness continuously grow with increasing film thickness in MS coatings [48], whereas in ALD the crystal size and surface roughness do not alter with increasing coating thickness. The roughness evolution of MS films, caused by grain growth, increases significantly in thicker coatings in contrast to ALD. The technology of ALD has further advantages compared with conventional MS. A conformal deposition is possible over large areas and even on complex-shaped substrates [49]. Furthermore, there is the possibility to switch easily between Ru and RuO₂ coatings while increasing the O₂ pressure and pulse lengths [18].

Concerning the optical properties, the higher surface roughness of ALD coatings mainly reduces the reflection at short wavelengths. We tried to reduce the crystal growth to smaller grains and thus the roughness evolution. While Park et al. reported smoother surfaces of $\sigma = 0.9$ nm with an NH₃ based PEALD process [34], there was no improvement observed using O₂ plasma. No film growth was observed by PEALD with O₂ plasma. The O₂ plasma was strong enough to instantaneously remove the grown Ru layer. Similar etching phenomena were reported by Belau et al. [20]. Even by changing the deposition temperature, a further improvement of the surface roughness was not possible, and a deposition with NH₃ is currently not available in our laboratories.

As potential option to improve the nucleation seed density and thus the fast formation of the first fully closed metal layer, a metal-based seed layer can be implemented as Lu et al. reported that no nucleation delay was found on Pt and Pd layers [5]. Furthermore, Kim et al. showed a nucleation improvement and a surface roughness reduction by O₃ supply [10]. An alternative chemistry of precursor and co-reactant is also possible. There are several other precursors and processes that achieved smoother Ru ALD films, e.g., Ru(MePy)₂: $\sigma = 0.2$ nm [50], RuEtPy: $\sigma = 0.4$ nm [51] and RuO₄ with H₂: $\sigma = 0.3$ nm. However, with regard to other necessary requirements for optical applications, e.g., high purity and high density, these processes need to be evaluated in detail.

The chemical analysis of the ALD Ru surface has confirmed the presence of a thin oxide layer at the surface of the coating; however, not within the film. This ultra-thin surface layer also significantly affects the XUV reflection of the ALD Ru, even though not as much as the high surface roughness. The oxide layer might be related to the chemical process which involves an oxidizing step to remove the organic ligands of the Ru(EtCp)₂ precursor. In the O₂ pulse step, the Ru would be also partially oxidized. In the following metalorganic pulse, the oxide is probably decomposed and the precursor ligands serve as a reducing agent. Hence, little oxygen contamination is being detected in the film. In contrast, at the surface, the reaction terminates with the O₂ pulse and remaining RuO₂ is not further reduced. This further motivates the development of oxygen free ALD processes of metals.
5. Conclusions

Ruthenium thin films grown by ALD have been evaluated for optical applications. High-density Ru films have successfully been deposited on Si and fused silica substrates. Temperatures above 230 °C are required for a film formation using Ru(EtCp)\textsubscript{2} and O\textsubscript{2}. Higher deposition temperatures above 275 °C have led to blisters that increased the surface roughness significantly and reduced the adhesion properties. With an optimized deposition temperature of 250 °C, we have explored the film growth and the resulting optical properties. The polycrystalline growth and the corresponding evolution of the surface roughness have led to major reflection losses at short wavelengths. Sputtered Ru coatings show similar density but are much smoother than ALD coatings. The ALD samples show a thin (<2 nm) RuO\textsubscript{2} surface layer and 0.8 at % residual O in bulk material. Carbon impurities were not measurable. Further experimental development is required to leverage on the major benefit of ALD to realize conformal coatings on complex-shaped substrates towards coatings with high reflectance and stability for optical applications.


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