Article

Fabrication of a Conjugated Fluoropolymer Film Using One-Step iCVD Process and its Mechanical Durability

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Abstract: Most superhydrophobic surface fabrication techniques involve precise manufacturing process. We suggest initiated chemical vapor deposition (iCVD) as a novel CVD method to fabricate sufficiently durable superhydrophobic coating layers. The proposed method proceeds with the coating process at mild temperature ($40^\circ C$) with no need of pretreatment of the substrate surface; the pressure and temperature are optimized as process parameters. To obtain a durable superhydrophobic film, two polymeric layers are conjugated in a sequential deposition process. Specifically, 1,3,5,7-tetravinyl-1,3,5,7-tetramethylcyclotetrasiloxane (V4D4) monomer is introduced to form an organosilicon layer (pV4D4) followed by fluoropolymer formation by introducing 1H, 1H, 2H, 2H-Perfluorodecyl methacrylate (PFDMA). There is a high probability of covalent bond formation at the interface between the two layers. Accordingly, the mechanical durability of the conjugated fluoropolymer film (pV4D4-PFDMA) is reinforced because of cross-linking. The superhydrophobic coating on soft substrates, such as tissue paper and cotton fabric, was successfully demonstrated, and its durability was assessed against the mechanical stress such as tensile loading and abrasion. The results from both tests confirm the improvement of mechanical durability of the obtained film.

Keywords: initiated chemical vapor deposition (iCVD); superhydrophobic; fluoropolymer

1. Introduction

Superhydrophobic surfaces attract considerable research attention as they are used in many industrial applications, including water repellents, antifouling, and self-cleaning surfaces [1–12]. There are many methods and techniques to produce superhydrophobic surfaces such as metal etching [2,3], sol-gel processing [4], dip-spraying [5], electro-spray and spinning [6,11], combining solution and phase inversion process [7,8], solution method [9], ultrasound-assisted method [10], and plasma-based method [12]. However, most of these techniques are only suitable for nanostructures with fine surface roughness and are further limited to specific substrates such as metals. A hierarchical structure is always better for a superhydrophobic surface because it can reduce the contact area between the water and the surface. This surface can be obtained using a combination of the topographical properties of the surface texture and the chemical properties of low surface energy. To demonstrate this, Zhou et al. have synthesized nanostructured ZnO film with super-hydrophobicity using a chemical vapor deposition (CVD) method [13].

In comparison with other methods, the CVD process can produce large area of homogeneous thin films. However, it is not readily available for flexible substrates such as cotton fabrics and papers because it requires the use of high temperature and high vacuum pressure. For commercial purposes,
a superhydrophobic surface needs to be mechanically and chemically durable. For instance, Zhou et al. fabricated a durable superhydrophobic polyester fabric with fluoroalkyl silane-modified silicone rubber, which is a nanoparticle composite, using the dip coating method [14]. Yan et al. also fabricated hydrophobic and hydrophilic surface of cotton fabric using a plasma-induced graft method [15]. Recently, Heydari Gharahcheshmeh and Gleason reported the fabrication of an antifouling surface on conductive polymer film via the oxidative chemical vapor deposition (oCVD) process that improves signal-to-noise ratio of the neural recording electrodes against blood or tissue contamination [16]. In this study, we use an iCVD process to generate fluoropolymer film for superhydrophobicity because this is a relatively simple process in comparison with the previous methods. Unlike the conventional CVD process, the iCVD is achievable at a low temperature and vacuum pressure and shows excellent step coverage at high aspect ratio structure [17].

Figure 1 shows the iCVD process. The process begins with canisters containing an initiator (I2) and one or more monomers (M), which are the building blocks of the desired polymer coating. These materials are vaporized, either by heating or reducing the air pressure, and are introduced simultaneously into a vacuum chamber with the substrate to be coated. Once vaporized, the initiator molecules are thermally decomposed upon the contact with a hot filament to become radicals (I*). The radicals activate the vaporized monomer to link in chains that form polymers on the surface of the substrate kept at mild temperature (25–40 °C). This is a one-step, solvent-free process to grow polymer films uniformly onto complex substrates structures, regardless of the substrate material. The functional performance of the polymer thin film is attributed to the properties of the monomers used [18].

![Figure 1. A schematic of iCVD process.](image-url)
of the iCVD superhydrophobic coating had not been studied. Therefore, 1,3,5,7-tetravinyl-1,3,5,7-
tetramethylcyclotetrasiloxane (V4D4) was introduced as a cross linker, which improves mechanical
strength. Finally, a conjugated polymer film was obtained with a successive deposition of an
organosilicon polymer, pV4D4 (poly-tetramethylcyclotetrasiloxane) and a fluoropolymer, pPFDMA
(poly-perfluorodecyl methacrylate) using the customized iCVD reactor. Because pPFDMA is strongly
bound on the pV4D4 layer, the durability of the conjugated film (pV4D4-PFDMA) improves due to
increasing adhesion strength between the substrate and the fluoropolymer film. In this study, only
pPFDMA, pV4D4-PFDA, and pV4D4-PFDMA were synthesized with iCVD, after which the durability
of the each film was evaluated using the rubbing test. In addition, infiltration capability was examined
after coating the folded copper sheet.

2. Experiment

2.1. iCVD Process Basics

The iCVD reaction mechanism is initiated by pyrolysis of the initiator to radicalize non-covalent
electrons to bond with the vinyl group of the monomer and to grow the polymer thin film through the
sequential chain bonding [25,26]. Notably, the initiator TBPO is radicalized through the pyrolysis and
polymerized with the vinyl groups of monomers such as V4D4 and PFDMA, resulting in thin film
growth. As shown in Equations (1)–(3), the parameter of iCVD process is defined as an optimal value
of $P_M/P_{sat}$. The $P_M$ and $P_{sat}$ values are derived from the Antoine Equations (1) and (2), where $P_M$ is the
ratio of the incoming gas amount controlled by the vaporization temperature of the monomer and the
initiator, and the $P_{sat}$ value is determined by monomer’s characterization and the temperature of the
substrate ($T_{substrate}$). The optimized $P_M/P_{sat}$ is between 0 and 1, which is the rate of polymerization.
When $P_M/P_{sat}$ is close to 0, the growth rate is very slow. When it is close to 1, condensation occurs
instead of polymerization. Also, the duration of the deposition affects the thickness of the polymerized
film. Optimized $P_M/P_{sat}$ varies depending on monomers.

\[
P_M = \frac{P_{Chamber}}{F_M + F_I}
\]  

\[
\log P_{sat} = A - \frac{B}{T_{substrate}}
\]  

\[
0 < \frac{P_M}{P_{sat}} < 1
\]

where, $F_M$ (sccm) is a gaseous monomer input flow, $F_I$ (sccm) is a gaseous initiator input flow, $P_M$
(mTorr) is the partial pressure of the monomer in the chamber, $P_{sat}$ (mTorr) is the saturated vapor
pressure at the $T_{substrate}$, $P_{Chamber}$ (mTorr) is the total pressure of the chamber, and $T_{substrate}$ ($^{\circ}$C) is the
temperature of substrate.

The customized iCVD reactor system uses canisters for monomers and the initiator. The canisters
are heated to efficiently vaporize the materials into the vacuum chamber. Also, there are filaments
arrayed in the vacuum chamber to instantly apply the elevated temperature for decomposing the
initiator into radicals.

2.2. Fabrication of Superhydrophobic Film and its Characteristics

Table 1 shows the monomers and the initiator examined in this study. The deposition of pV4D4-PFDMA
was performed in the iCVD reactor. V4D4 and PFDMA monomers were heated to 55 and 75 $^\circ$C,
respectively, and TBPO was heated to 35 $^\circ$C through each canister. Each flow rate of the vapor was
controlled by needle valves, and the flow was monitored by a pressure gauge installed at the inlet of the
reactor. In this study, for all monomers and initiator, the vapor saturation ratio ($F_M:F_I$) was maintained
to be 1:1 as empirically optimized $P_M/P_{sat}$. First, V4D4 and TBPO were delivered into the reactor at
0.6 sccm while maintaining 270 mTorr vacuum pressure in the reactor. The substrate and the filaments
temperature were held at 40 and 180 °C, respectively. Then, a homopolymer of pV4D4 was grown from the surface of substrate. Once the desired thickness of pV4D4 was obtained, the next vaporized PFDMA was introduced into the reactor together with V4D4 for 2–3 min. This period ensures strong adhesion at the film interface between the top pV4D4 layer and the bottom pPFDMA layer. Then, the flow of V4D4 was stopped, and the deposition of pPFDMA continued to the top layer. With PFDMA, only the vacuum pressure in the reactor was changed to 100 mTorr to maintain the optimal $P_M$ value; other temperature settings remained the same. As a result, a conjugated fluoropolymer film was obtained as a superhydrophobic surface, as shown in Figure 2a. The film was sequentially stacked pV4D4 and pV4D4-PFDMA on a silicon wafer substrate. Figure 2b shows the morphology of the fluoropolymer film; one can see about 5 μm size fluorocarbon structures tangled from the top view. To confirm the super-hydrophobicity of film, the contact angle was measured with 50 μL of deionized water droplets using a contact angle meter (SmartDrop, FEMTOBIOMED, Seongnam, Korea). As a result, the water contact angle of 150.1° ± 3.6° was obtained while the sliding angle was only 8.5°. This means that the pV4D4-PFDMA film exhibits a highly non-stick super-hydrophobic surface.

### Table 1. Chemical structures and functions of the initiator and the monomers.

<table>
<thead>
<tr>
<th>Structure</th>
<th>Name (Abbreviation)</th>
<th>Function</th>
<th>Chemical Formula</th>
</tr>
</thead>
<tbody>
<tr>
<td><img src="image1.png" alt="Structure" /></td>
<td>tert-butyl peroxide (TBPO)</td>
<td>Initiator</td>
<td>C₈H₁₈O₂</td>
</tr>
<tr>
<td><img src="image2.png" alt="Structure" /></td>
<td>1H,1H,2H,2H-Perfluorodecyl acrylate (PFDA)</td>
<td>Super-hydrophobic</td>
<td>C₁₃H₁₇F₁₇O₂</td>
</tr>
<tr>
<td><img src="image3.png" alt="Structure" /></td>
<td>1H,1H,2H,2H-Perfluorodecyl methacrylate (PFDMA)</td>
<td>Super-hydrophobic</td>
<td>C₁₄H₁₉F₁₇O₂</td>
</tr>
<tr>
<td><img src="image4.png" alt="Structure" /></td>
<td>1,3,5,7-tetravinyl-1,3,5,7-tetramethyldicyclosiloxane (V4D4)</td>
<td>Cross-linker</td>
<td>C₁₂H₁₂O₄Si₄</td>
</tr>
</tbody>
</table>

Because the temperature of the substrate was kept at 40 °C, relatively flexible substrates were considered such as paper and fabric. Accordingly, we choose tissue paper and cotton fabric as substrates and proceeded with the pV4D4-PFDMA coating process in the iCVD reactor. At this time, the total thickness of the film was 200 nm so there were no significant changes in dimensions of the fiber structures. Both tissue and fabric are known to easily get wet. After coating, however, blue ink was dropped on the surface, and excellent repellency to the droplet was observed, as shown in Figure 3a,b. In addition, we performed SEM analysis (FE-SEM, S-4800, Hitachi, Tokyo, Japan), on both substrates before and after coating as shown in Figure 3b–f, respectively. No noticeable changes were observed.

Another advantage of the iCVD process is that it shows ultra-step coverage on high aspect ratio of up to 1:40 for the opened area [27]. Therefore, we made a quantitative analysis of the capability of coating with shadow area. A manifolded copper sheet was subjected to the iCVD process and coated with 200 nm of the pV4D4-PFDMA, as seen in Figure 4a. The thickness and the width of the copper sheet were 0.02 and 25 mm, respectively, and it was firmly folded seven times, as seen in Figure 4b. Next, the gap between each surface was measured about 0.1 mm. The pure copper sheet had a hydrophilic surface, as seen in Figure 4c; therefore, water droplets on various places of the unfolded sheet indicated the successful coating, as seen in Figure 4d. Additionally, Fourier transform infrared spectra ( Nicolet 6700 FT-IR Spectrometer, Thermo Scientific, Waltham, MA, USA) analysis has proven an infiltration capability, as shown in Figure 4e. Although the peaks are not so obvious due to an extremely high aspect ratio for the shadow area, the result verifies the presence of the fluorocarbon functional group.
layer. Then, the flow of V4D4 was stopped, and the deposition of pPFDMA continued to the top of the substrate. With PFDMA, only the vacuum pressure in the reactor was changed to 100 mTorr to maintain the optimal vacuum pressure for the coating process. Considered as such, we choose tissue paper and cotton fabric as the substrates for coating, as they are commonly used in various applications due to their hydrophilic surface, as seen in Figure 4c; therefore, water droplets on various places of the unfolded substrates showed excellent repellency, as shown in Figure 3a,b. In this study, the total thickness of the film was 200 nm so there were no significant changes in dimensions of the substrates except for their hydrophobicity. The thickness and the width of the copper sheet indicated the successful coating, as seen in Figure 4d. Additionally, Fourier transform infrared spectra (Nicolet 6700 FT-IR Spectrometer, Thermo Scientific, Waltham, MA, USA) analysis has proven an infiltration capability, as shown in Figure 4e. Although the peaks are not so obvious due to the thin film, the presence of the fluorocarbon functional group was confirmed by the spectra.

Another advantage of the iCVD process is that it shows ultra-step coverage on high aspect ratio structures, as demonstrated in Figure 2a. The result verifies the presence of the fluorocarbon functional group. Because the temperature of the substrate was kept at 40 °C, relatively flexible substrates were used in this study, such as paper and cotton fabric. Table 1 summarizes the structures used in this study, including the function of each component and the chemical structure used.

Figure 2. (a) A schematic of the fluoropolymer (pV4D4-PFDMA) coating; (b) surface morphology using scanning electron microscope (FE-SEM, S-4800, Hitachi, Tokyo, Japan) imaging before and after coating on wafer substrate; (c) static and dynamic water contact angles of the pV4D4-PFDMA surface.

Figure 3. (a) Blue ink droplet on tissue paper before and after pV4D4-PFDMA coating; (b) SEM image of the tissue paper; (c) SEM image of the tissue structure after coating; (d) blue ink droplet on cotton fabric before and after pV4D4-PFDMA coating; (e) SEM image of the cotton fabric; and (f) SEM image of the cotton fabric after coating.
The two layers were covalently adhered to form a conjugated polymer structure. We evaluated plots were compared with the bare elastomer film, pPFDMA coated, and pV4D4-PFDMA coated, as seen in Figure 5d. According to the result, the pPFDMA coating shows the tensile strength was similar to that of the bare elastomer film; surface cracking was observed when the strain reached about 60%, as seen in Figure 5b,c. However, for pV4D4-PFDMA coating, crack occurrence was observed at 110% of strain, indicating an improvement of the adhesion strength between the elastomer film and the fluoropolymer film, resulting in eventual enhancement of the global tensile strength.

2.3. Examination of Durability

The development of a thin film that is resistant to various mechanical stresses is the key for successful commercialization of the superhydrophobic surfaces. The proposed film was obtained using the iCVD process, with a mechanically robust organosilicon polymer and a fluoropolymer layer. The two layers were covalently adhered to form a conjugated polymer structure. We evaluated the durability of the proposed coating against tensile and abrasion tests.

To compare the mechanical durability against deformation under external force between pPFDMA and pV4D4-PFDMA, we examined optical microscopic images of the cracks developed when the tensile load is applied. The pPFDMA (500 nm) and pV4D4 (100 nm)-PFDMA (500 nm) were deposited on the elastomer film (50 μm thickness) and subjected to tensile tests using Instron tester (5960 Series, INSTRON, Chicago, IL, USA) according to ASTM standard [28], as shown in Figure 5a. Tensile tests for each thin film were proceeded with the strain rate of 2.5 mm/min, and the obtained stress-strain plots were compared with the bare elastomer film, pPFDMA coated, and pV4D4-PFDMA coated, as seen in Figure 5d. According to the result, the pPFDMA coating shows the tensile strength was similar to that of the bare elastomer film; surface cracking was observed when the strain reached about 60%, as seen in Figure 5b,c. However, for pV4D4-PFDMA coating, crack occurrence was observed at 110% of strain, indicating an improvement of the adhesion strength between the elastomer film and the fluoropolymer film, resulting in eventual enhancement of the global tensile strength.

Figure 4. (a) A manifolded copper sheet in the iCVD reactor; (b) schematic of the folded copper sheet and FT-IR Spectrometer measurement locations; (c) water droplets on bare copper sheet; (d) water droplets on unfolded copper sheet after coating; and (e) FT-IR analysis before and after coating.

Figure 5. Tensile test of the elastomer film with superhydrophobic coating: (a) tensile test set-up; (b) surface cracks occurred during tensile loading; (c) microscopic image of the surface cracks; and (d) stress-strain curves.
The combined pV4D4 and pPFDMA film showed better stability and the super-hydrophobicity because of the covalent bonding between the interlayers. In this structure, benzene ring of the V4D4 acts as a cross linker, protecting the conjugated pV4D4–PFDMA from external stresses that normally occur in daily life. Accordingly, we evaluated the resistance in the abrasion test (CT-RB Series, CORETECH, Uiwang, Korea) and compared pPFDMA (500 nm) only, pV4D4 (100 nm)-PFDA (500 nm), and pV4D4 (100 nm)-PFDMA (500 nm). For the abrasion test, these films were deposited onto the SUS304 plate; the comparison was made using a contact angle meter. Figure 6a shows the abrasion test set-up. The coated sample was placed and firmly fixed in the sample holder. Then, the cotton-covered ball-shape tip was released to contact the top surface of the coated sample. 1 kgf weight was loaded on the tip, which was repeatedly rubbed on the surface left- and right-hand side throughout 3000 cycles. The contact angle was measured at every five cycles in the beginning and intermittently after hundreds of cycles. In abrasion test, the coated layer appeared to be scratched on the surface, as seen in Figure 6c and contact angle was gradually decreased. Figure 6d shows the comparison of the contact angle change for each film. According to the results, pPFDMA only showed the lowest abrasion resistance indicating drastic reduction of the contact angle within less than 10 cycles. However, the other two fluoropolymer films with pV4D4 conjugation withstood 200 cycles of rubbing and retained contact angle of 120°, which is considered as sufficiently high hydrophobicity. The proposed pV4D4-PFDMA showed the highest abrasion resistance, retaining 120° of the contact angle after 3000 cycles.

![Image](image.png)

**Figure 6.** (a) Abrasion test set-up; (b) microscopic image of the initial surface; (c) microscopic image of the tested surface; and (d) contact angle measurements.

### 3. Conclusions

A fluoropolymer fabricated using the iCVD process has great advantages such as cost efficiency and high functionality when compared with other surface modification solutions to obtain super hydrophobicity. In this study, we examined in detail parametric optimization of the iCVD process and successfully fabricated a new super-hydrophobic film conjugated with V4D4 and PFDMA. The proposed superhydrophobic film was applied to tissue paper and cotton fabric and demonstrated great liquid repellency. In addition, high infiltration capability of the iCVD process was discussed using manifolded copper sheet. These results provide enough insight for industrial applications in which superhydrophobic surfaces are needed.

A conjugated film (pV4D4-PFDMA) was achieved by adding the pV4D4 layer before the introduction of the pPFDMA and showed exceptional stability and durability. The pV4D4 significantly enhances mechanical stability of the pPFDMA as it allowed for both monomers to flow into the reactor. Therefore, the fluoropolymer was reinforced by binding the organosilicon layer. We evaluated the mechanical and chemical robustness of the proposed film. First, the tensile test was performed using the deposition on the elastomer film; it showed improvement both in terms of the tensile strength and
delay in surface cracking. Second, the mechanical abrasion test was performed and the proposed film showed better rubbing resistance when compared with other films.

The deposition process is applicable to various types and complex shapes of the substrates without the need of surface pretreatment; it also allows for improved adhesion between the coated film and the substrate. We found that the proposed superhydrophobic film obtained in the iCVD process provides an industrial grade of low surface energy with sufficient durability against various mechanical stresses. In addition, optimization of iCVD process can be further studied to enhance mechanical properties.

**Author Contributions:** Conceptualization, J.B.K.; Data Curation, H.K.; Formal Analysis, J.H.L.; Investigation, H.S.L. and J.B.K; Methodology, H.K.; Writing—Original Draft, H.S.L.; Writing—Review and Editing, J.B.K.

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**Conflicts of Interest:** The authors declare no conflict of interest.

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