Practical Application of the Whipple and Carvallo Stability Model on Modern Bicycles with Pedal Assistance

Sien Dieltiens 1,*, Frederik Debrouwere 2, Marc Juwet 1 and Eric Demeester 3

1 KU Leuven Technologie Campus Gent, 9000 Gent, Belgium; marc.juwet@kuleuven.be
2 KU Leuven Campus Brugge, 8200 Brugge, Belgium; frederik.debrouwere@kuleuven.be
3 KU Leuven Campus Diepenbeek, 3590 Diepenbeek, Belgium; eric.demeester@kuleuven.be
* Correspondence: sien.dieltiens@kuleuven.be

Received: 23 July 2020; Accepted: 12 August 2020; Published: 15 August 2020

Abstract: Increasingly more people cycle with electrically-powered pedal assistance. The reduced pedalling effort attracts physically challenged people and seniors, who have a higher risk of falling. Since electric bicycles are heavier and the centre of masses are located higher, accidents happen easily. This study analyses the influence of the addition of a battery and motor unit on the stability behaviour of common bicycles for women. Based on market research, seven typical bicycle configurations are determined. Geometrics, mass values, and cycling postures are measured, and the theoretical stability behaviour is determined analytically based on the stability model of Whipple and Carvallo. The research shows that bicycles without pedal assistance have a smaller self-stable and semi-stable range than most electric bicycles. The electric bicycle with a motor implemented in the front wheel perform best, as the extra weight of the motor enhances the gyroscopic self-stabilization of the front wheel. Furthermore, a battery in the lower mid-tube is preferred over one in the luggage rack as it lowers the center of mass of the rear frame assembly. Knowledge about the optimal configuration to maximize the stability will enhance the cycling comfort and minimize the chance of accidents.

Keywords: whipple; carvallo; self-stability; bicycle dynamics

1. Introduction

It is generally accepted that cycling is an easy and intuitive activity accessible for nearly all. Though, learning to cycle demands some bravery. Instinctively, newcomers pedal gently and cautiously, which results in a low speed and an unstable bicycle. Only when levelling up the speed, the bicycle becomes stable and easily manageable.

The stability behaviour of bicycles is subject to numerous research studies. In 1899, the initial equations were formulated by Carvallo and Whipple to correctly estimate the stability behaviour of a bicycle without a cyclist [1,2]. The Carvallo Whipple model formed the base of various, new adapted and expanded models, which are listed in a fairly complete review by Meijaard et al. [3]. Meijaard et al. compared and evaluated the wide variety of models theoretically, based on a benchmark bicycle. The models were, furthermore, evaluated experimentally by, e.g., Jones, Stevens, Weir, and Zellner [4–6]. Schwab et al. [7] created a generally accepted, accurate, and feasible method to theoretically calculate stability behaviour in the function of different bicycle dimensions and compositions [8].

Adding an electromotor or battery-unit to the model is, to the author’s knowledge, never addressed in literature, even though increasingly more people cycle with electrically-powered pedal assistance [9]. The decreased pedalling effort attracts seniors and physically challenged people who have an increased chance of accidents [10]. According to Twisk et al., a higher centre of mass may destabilize a bicycle, which is the case for electric bicycles due to the addition of the battery-unit [11].
To maximize the stability of electric bicycles and minimize the chance on accidents, this study analyses the influence of different motor and battery placements on the stability behaviour of conventional recreational bicycles. Singularly bicycles for women are addressed, as 80% of all sold electric bicycles considers no upper mid tube and are for recreational use. Fifty popular bicycles for women with and without pedal assistance are segmented into seven typical bicycle configurations. The mean geometrics, mass values, and cycling postures are defined. The theoretical stability behaviour is calculated based on Meijaard et al. [3] and Schwab et al. [7]. The results are compared and evaluated.

2. Materials and Methods

A comparison is made between the self-stable behaviour of bicycles for women with pedal assistance and bicycles for women without pedal assistance. The geometrics, mass values, and the cycling posture of 50 popular bicycles are measured and the self-stable range is calculated based on the Carvallo Whipple Model [1,2] with the reviewed work of Meijaard et al. [3].

2.1. Object

City bicycles for women with pedal assistance (referred to as electric bicycles) and without pedal assistance (referred to as conventional bicycles) form the object of the research. City bicycles are designed as safe and comfortable means of transportation for everyday use. They are equipped with suspension in the fork, lights, a bell, gears, a luggage rack, and mudguards. Speed is of little import. The cyclists adopt a relaxed posture situated between the ‘Dutch bike position,’ which is fully vertical with a high aerodynamic drag and the ‘trekking bike position,’ which has a bit more bent forward for a higher pedalling efficiency, which is presented in Figure 1.

![Figure 1. (a) Dutch bike position; (b) city bike position; (c) trekking bike position; (d) racing bike position.](image)

Modern electric bicycles can be segmented into six categories, which distinguish themselves by motor placement and battery placement, as presented in Figure 2. The motor is located in the front wheel (electric bicycle 1, 2), rear wheel (electric bicycle 3, 4), or bottom bracket (electric bicycle 5, 6), and the battery is located in the luggage rack (electric bicycle 1, 3, 5) or lower mid-tube (electric bicycle 2, 4, 6).

![Figure 2. Electric bicycle configuration 1 till 6.](image)

2.2. Model

The Carvallo Whipple model is utilized to determine the stability behaviour of a conventional bicycle and six electric bicycles [1,2]. The model considers four rigid bodies to embody a bicycle: a front wheel (F), a front frame including a fork and handlebar (H), a rear wheel (R), and a rear frame
including a rigidly attached rider (B), as seen in Figure 3. The model ignores motion of the rider relative to the frame, joint friction, structural compliances, and dampers.

![Figure 3. The four rigid bodies of a bicycle.](image)

The longitudinal motion of the bicycle can be described by a single degree of freedom when an ideal contact is assumed between the rigid wheels and road surface with knife-edge rims and without longitudinal tire slip. The rear wheel rotates with \( \theta_R \) relative to the rear frame (with forward motion being negative). The lateral motion of the bicycle can be described by two degrees of freedom when the lateral tire slip is assumed to be zero: the steer angle is \( \delta \) (with right steering being positive) and the lean is \( \phi \) (with right leaning being positive). When the bicycle is moving at a constant forward speed, the linearized equation of the Carvallo Whipple model for the lateral motion is given by Equation (1).

\[
M \ddot{q} + vC_1 \dot{q} + (v^2K_2 + gK_0)q = f
\]  

where \( q = [\phi, \delta]^T \) is the vector of degrees of freedom, \( f = [T_{\phi}, T_{\delta}]^T \) is the vector of applied generalised forces, \( vC_1 \) is the non-symmetric velocity sensitivity matrix, and \( v^2K_2 + gK_0 \) is the non-symmetric stiffness matrix. \( M, C_1, K_0 \) and \( K_2 \) are defined in terms of 25 design parameters of the bicycle, given by Table 1.

<table>
<thead>
<tr>
<th>Parameter</th>
<th>Symbol</th>
<th>Parameter</th>
<th>Symbol</th>
</tr>
</thead>
<tbody>
<tr>
<td>Wheel base trail</td>
<td>( w )</td>
<td>Forward speed</td>
<td>( v )</td>
</tr>
<tr>
<td>Rear wheel</td>
<td>( R )</td>
<td>Steer axis tilt</td>
<td>( \lambda )</td>
</tr>
<tr>
<td>Radius</td>
<td>( r_R )</td>
<td>Radius</td>
<td>( r_F )</td>
</tr>
<tr>
<td>Mass</td>
<td>( m_R )</td>
<td>Mass</td>
<td>( m_F )</td>
</tr>
<tr>
<td>Mass moments of inertia</td>
<td>( \begin{bmatrix} I_{Rxx} &amp; 0 &amp; 0 \ 0 &amp; I_{Ryy} &amp; 0 \ 0 &amp; 0 &amp; I_{Rzz} \end{bmatrix} )</td>
<td>Mass moment of inertia ( I_F = \begin{bmatrix} I_{Fxx} &amp; 0 &amp; 0 \ 0 &amp; I_{Fyy} &amp; 0 \ 0 &amp; 0 &amp; I_{Fzz} \end{bmatrix} )</td>
<td></td>
</tr>
<tr>
<td>Rear frame</td>
<td>( B )</td>
<td>Front frame</td>
<td>( H )</td>
</tr>
<tr>
<td>Position centre of mass</td>
<td>( C_{GB} = \begin{bmatrix} x_B \ y_B \ z_B \end{bmatrix} )</td>
<td>Position centre of mass ( C_{GH} = \begin{bmatrix} x_H \ y_H \ z_H \end{bmatrix} )</td>
<td></td>
</tr>
<tr>
<td>Mass</td>
<td>( m_B )</td>
<td>Mass</td>
<td>( m_H )</td>
</tr>
<tr>
<td>Mass moments of inertia</td>
<td>( \begin{bmatrix} I_{Bxx} &amp; I_{Bxy} &amp; I_{Bxz} \ I_{Bxy} &amp; I_{Byy} &amp; I_{Byz} \ I_{Bxz} &amp; I_{Byz} &amp; I_{Bzz} \end{bmatrix} )</td>
<td>Mass moment of inertia ( I_{HB} = \begin{bmatrix} I_{Hxx} &amp; 0 &amp; 0 \ 0 &amp; I_{Hyy} &amp; 0 \ 0 &amp; 0 &amp; I_{Hzz} \end{bmatrix} )</td>
<td></td>
</tr>
</tbody>
</table>
2.3. Calculation Method

The 25 design parameters are influenced by the bicycle geometrics, the addition of a battery and motor, and the cyclist. The values are determined for the six electric bicycle configurations and a conventional bicycle. The bicycle and cyclist are simplified to geometric shapes (cylinders, torus, cuboids, and spheres) to calculate the inertia tensors in the local centres of gravity. The shapes form a part (cyclist, motor, battery, framework, fork, handlebar, and wheel) and the parts form assemblies (front wheel, rear wheel, front frame, and rear frame). In the case of pedal power assistance, the mass values of the battery is added to the rear frame and the mass values of the motor is added to the front wheel, rear wheel, or rear frame assembly, depending on the motor placement. Table 2 presents an overview of the parts for the seven bicycle configurations.

Table 2. Parts of every assembly for the seven bicycle configurations.

<table>
<thead>
<tr>
<th>Bicycle 1</th>
<th>Bicycle 2</th>
<th>Bicycle 3</th>
<th>Bicycle 4</th>
<th>Bicycle 5</th>
<th>Bicycle 6</th>
<th>Bicycle 7</th>
</tr>
</thead>
<tbody>
<tr>
<td>Rear wheel assembly</td>
<td>wheel</td>
<td>wheel + motor</td>
<td>wheel + motor</td>
<td>wheel</td>
<td>wheel</td>
<td>wheel</td>
</tr>
<tr>
<td>Front wheel assembly</td>
<td>wheel + motor</td>
<td>wheel + motor</td>
<td>wheel</td>
<td>wheel</td>
<td>wheel</td>
<td>wheel</td>
</tr>
<tr>
<td>Rear frame assembly</td>
<td>framework + cyclist + battery</td>
<td>framework + cyclist + battery</td>
<td>framework + cyclist + battery</td>
<td>framework + cyclist + battery</td>
<td>framework + cyclist + battery</td>
<td>framework + cyclist</td>
</tr>
<tr>
<td>Front frame assembly</td>
<td>handlebar + fork</td>
<td>Handlebar + fork</td>
<td>Handlebar + fork</td>
<td>Handlebar + fork</td>
<td>handlebar + fork</td>
<td>handlebar + fork</td>
</tr>
</tbody>
</table>

The inertia tensors are calculated in the centres of gravity of the assemblies. The centre of gravity of the rear frame assembly depends on multiple components (cyclist, motor, battery, and framework) and is calculated afterward. Therefore, the inertia tensor of the shapes are initially calculated in an external, uninfluenced point and for every configuration translated to the centre of gravity of the assembly with a derived formula of the parallel axis theorem (10). The formula is derived as follows.

To translate the inertia tensor of a geometric shape from the local centre of gravity \([o]\) to an external point \([l]\), the parallel axis theorem is utilized, given by Equation (2).

\[
I_o = I_l - m(p_o p_o^T) + m(p_o^T p_o) I_3 \tag{2}
\]

Wherein, \(I_o\) is the inertia tensor in \([o]\), \(I_l\) is the inertia tensor in \([l]\), \(p_o\) is the place vector from \([o]\) to \([l]\), and \(m\) is the mass. \(I_o\) is translated from the external point \([o]\) to the centre of gravity of a part \([c]\) given by Equation (3) and presented in Figure 4.

\[
I_c = I_l - m \ p_{lc}^T p_{lc} + m_{lc}^T p_{lc} I_3 \tag{3}
\]

\(p_{lc}\) is expressed in function of \(p_{lo}\) and \(p_{co}\) given by Equation (4).

\[
p_{lc} = p_{lo} - p_{co} \tag{4}
\]
Wherein, the inertia tensor in \( \{ o \} \) is expressed in function of \( I_o \) given by Equation (5).

\[
I_c = I_l - m(p_{lo} p_{lo}^T - p_{co} p_{co}^T + p_{co} p_{co}^T) + m(p_{lo}^T p_{lo} - p_{co}^T p_{co}) I_3
\]

wherein \( I_c \) is the inertia tensor in \( \{ c \} \) and \( p_{co} \) is the place vector from \( \{ o \} \) to \( \{ c \} \). When the inertia tensors of multiple shapes are translated, \( I_o \) is given by (6a) and (6b).

\[
I_{o1} = f(l_{1i}, m_{i1}, p_{lo1}) \quad \text{(6a)}
\]

\[
I_{o2} = f(l_{2i}, m_{i2}, p_{lo2}) \quad \text{(6b)}
\]

The mass values of the shapes (i) in \( \{ o \} \) are summarized to determine the mass values of the part (j) in \( \{ o \} \), given by (7a) until (7c).

\[
I_o[j] = \sum I_o[i] \quad \text{(7a)}
\]

\[
m[j] = \sum m[i] \quad \text{(7b)}
\]

\[
p_{go}[j] = \sum m[i] p_{lo}[i] m[j] \quad \text{(7c)}
\]

wherein \( p_{go} \) is the place vector from \( \{ o \} \) to \( \{ g \} \) and the centre of mass of part (j).

The inertia tensor of the part is translated from reference frame \( \{ o \} \) to \( \{ c \} \), given by Equation (8) and presented in Figure 5.

\[
I_c = (f l_{ii}, m_i p_{loi}) = \sum I_{li} - m_i p_{loi} p_{loi}^T + m p_{loi}^T p_{loi} I_3 - m(-p_{loi} p_{co} - p_{co} p_{co}^T) + m(-2 p_{loi} p_{co} + p_{co}^T p_{co}) I_3
\]

\[
\sum m_i p_{loi} p_{co} = m p_{go} p_{co}^T \quad \text{(9b)}
\]
\[
\sum_{m_i} p_{go}^T p_{loi}^T = p_{co} \left( \sum_{m_i} p_{loi} \right) = m_{go} p_{go}^T \tag{9c}
\]

\[
\sum_{m_i} p_{loi}^T p_{co} = \left( \sum_{m_i} p_{loi} \right)^T p_{co} = m_{go} p_{go}^T p_{co} \tag{9d}
\]

\(I_c\) is expressed in function of \(p_{go}\), given by (10).

\[
I_c = \sum I_{lo} + \sum_{m_i} p_{loi}^T p_{co} + \sum_{m_i} p_{go}^T \left( -\sum_{m_i} p_{loi} \right) p_{co} - \left( -2 \sum_{m_i} p_{loi} p_{co} + p_{co} p_{loi}^T \right) I_3 + \left( \sum_{m_i} p_{loi} p_{co} \right) I_3 \\
= I_o + m_{go} p_{go}^T + m_{go} p_{co} p_{go}^T - m_{go} p_{co} p_{go}^T - 2m_{go} p_{go} I_3 + m_{go} p_{co} p_{go} I_3 \tag{10}
\]

2.4. Data Acquisition

A market research with five large bicycle stores in Ghent, Belgium (‘Fiets! XL Gent’, ‘Plum Gent’, ‘As Adventure Lochristi’, ‘Het Verzet Deinze,’ and ‘PDG bikestore Drongen) has led to a list of the 50 most sold city bicycles with and without pedal assistance from the period of 2017 until 2018. The geometrics of the 50 bicycles were measured to determine prototypical dimensions for city bicycles based on the work of Schwab et al. [7]. The results are reported in Table 3. The bicycle parts were not weighted, and the masses were estimated based on literature, material, and volume.

The dimensions of electric and conventional bicycles were compared with t-tests. The geometrics of front and rear wheels without a motor were equal for conventional bicycles and electric bicycles. The geometrics of the rear framework without motor and battery was similar, as electric bicycles with a motor implemented in the front wheel often use a traditional framework. A significant difference was found in the steer stem height, which was positioned 90 mm higher for electric bicycles (with t (48) = 5189, p = 0.001). Consequently, the mass and the center of mass location of the front frame assembly varied due to a difference in steer height. The cyclist posture is more upright and the mass values of the rear frame assembly are different. The dimensions and weight of the motor and battery unit can be found in Table 4.
Table 3. Prototypical dimensions and masses of the seven bicycle configurations.

<table>
<thead>
<tr>
<th>Bicycle Geometrics</th>
<th>Value</th>
<th>Bicycle Geometrics</th>
<th>Value</th>
</tr>
</thead>
<tbody>
<tr>
<td>Stem length</td>
<td>190 mm</td>
<td>Front frame mass</td>
<td>270 mm</td>
</tr>
<tr>
<td>Front frame mass</td>
<td>3.20 kg</td>
<td>Lower mid-tube radius</td>
<td>4.02 kg</td>
</tr>
<tr>
<td>Rear framework mass</td>
<td>8.03 kg</td>
<td>Seat tube radius</td>
<td>20 mm</td>
</tr>
<tr>
<td>Front wheel mass</td>
<td>3.82 kg</td>
<td>Seat post radius</td>
<td>16 mm</td>
</tr>
<tr>
<td>Rear wheel mass</td>
<td>3.80 kg</td>
<td>Rear fork radius</td>
<td>14 mm</td>
</tr>
<tr>
<td>Rear hub width</td>
<td>130 mm</td>
<td>Front fork radius</td>
<td>10 mm</td>
</tr>
<tr>
<td>Seat post length</td>
<td>210 mm</td>
<td>Bottom bracket height</td>
<td>27.5 mm</td>
</tr>
<tr>
<td>Seat tube angle</td>
<td>490 mm</td>
<td>Head tube angle</td>
<td>290 mm</td>
</tr>
<tr>
<td>Wheel base</td>
<td>1120 mm</td>
<td>Steer axis tilt</td>
<td>110 mm</td>
</tr>
<tr>
<td>Rear wheel radius</td>
<td>345 mm</td>
<td>Chain stay length</td>
<td>69°</td>
</tr>
<tr>
<td>Front wheel radius</td>
<td>345 mm</td>
<td>Fork length</td>
<td>445 mm</td>
</tr>
<tr>
<td>Handlebar radius</td>
<td>11 mm</td>
<td>Front hub width</td>
<td>22°</td>
</tr>
<tr>
<td>Steer stem radius</td>
<td>14 mm</td>
<td>Handlebar length</td>
<td>470 mm</td>
</tr>
</tbody>
</table>

Table 4. Standardized dimensions and masses of different motor and battery units.

<table>
<thead>
<tr>
<th>Wheel Motor</th>
<th>Mid Drive Motor</th>
<th>Battery Pack in Lower Mid Tube</th>
<th>Battery Pack in Luggage Rack</th>
</tr>
</thead>
<tbody>
<tr>
<td>Weight</td>
<td>2.9 kg</td>
<td>3.1 kg</td>
<td>2.5 kg</td>
</tr>
<tr>
<td>Dimensions [x,y,z]</td>
<td>[160, 100, 160] mm</td>
<td>[200, 180, 150] mm</td>
<td>[330, 90, 90] mm</td>
</tr>
</tbody>
</table>

A bicycle with an adjustable steer stem and seat post is configured according to the standard dimension found for the electric and conventional bicycle. A woman with anthropometric characteristics situated between the 25th and 75th percentiles of the Belgian population is measured and her bicycle posture is captured on the electric and conventional bicycle, which is presented in Table 5. The measurement methods are based on the work of Schwab et al. [7].

Table 5. Anthropometrics of a standardized woman on the electric and conventional bicycle.

<table>
<thead>
<tr>
<th>Parameter</th>
<th>Value</th>
<th>Parameter</th>
<th>Value</th>
</tr>
</thead>
<tbody>
<tr>
<td>Forward lean angle</td>
<td>65°</td>
<td>Upper leg mass</td>
<td>9.71 kg</td>
</tr>
<tr>
<td>Weight</td>
<td>64 kg</td>
<td>Upper arm mass</td>
<td>0.99 kg</td>
</tr>
<tr>
<td>Length</td>
<td>170 mm</td>
<td>Torso mass</td>
<td>30.93 kg</td>
</tr>
<tr>
<td>Hip joint to hip joint</td>
<td>250 mm</td>
<td>Lower leg mass</td>
<td>3.11 kg</td>
</tr>
<tr>
<td>Head circumference</td>
<td>540 mm</td>
<td>Lower arm mass</td>
<td>1.13 kg</td>
</tr>
<tr>
<td>Lower arm circumference</td>
<td>220 mm</td>
<td>Head mass</td>
<td>3.11 kg</td>
</tr>
<tr>
<td>Lower leg length</td>
<td>290 mm</td>
<td>Upper leg length</td>
<td>460 mm</td>
</tr>
<tr>
<td>Lower leg circumference</td>
<td>290 mm</td>
<td>Upper leg circumference</td>
<td>500 mm</td>
</tr>
<tr>
<td>Lower arm length</td>
<td>460 mm</td>
<td>Upper arm length</td>
<td>260 mm</td>
</tr>
<tr>
<td>Torso length</td>
<td>420 mm</td>
<td>Upper arm circumference</td>
<td>240 mm</td>
</tr>
<tr>
<td>Chest depth</td>
<td>150 mm</td>
<td>Shoulder to shoulder</td>
<td>390 mm</td>
</tr>
</tbody>
</table>

2.5. Calculations

2.5.1. Inertia Tensors

The electric and conventional bicycles are modelled according to the work of Schwab et al. [7]. The bicycle and cyclist are simplified to geometric shapes fully determined by skeleton points 1 to 33. Point 1 to 31 are defined in the work of Schwab et al. Point 32 is the centre of gravity of the lower mid-tube and point 33 is the centre of gravity of the luggage rack, which is necessary to define the position of the battery unit. All the skeleton points are presented in Figure 6.
The inertial tensors of the shapes are calculated in their centres of gravity and are rotated according to their individual position around the \( y \)-axis and \( x \)-axis, given by Equation (11).

\[
I_i = R(ra) I_{\text{CG}} R(ra)^T
\]  

(11)

where \( ra \) is the rotation angle around the axis and \( R(ra) \) is the rotation matrix around the axis. The rotation matrix around the \( y \)-axis is given by Equation (12) and the rotation matrix around the \( x \)-axis is given by Equation (13).

\[
R(ra)y = \begin{bmatrix}
\cos(ra) & 0 & \sin(ra) \\
0 & 1 & 0 \\
-\sin(ra) & 0 & \cos(ra)
\end{bmatrix}
\]  

(12)

\[
R(ra)x = \begin{bmatrix}
1 & 0 & 0 \\
0 & \cos(ra) & -\sin(ra) \\
0 & \sin(ra) & \cos(ra)
\end{bmatrix}
\]  

(13)

The rear frame assembly considers the following parts: the rear framework \( (I_{Bb}) \), the cyclist in the electric posture \( (I_{BC(\text{electric})}) \), or in the conventional one \( (I_{BC(\text{conventionally})}) \) and optionally a mid-drive motor \( (I_{M(\text{crank})}) \) and battery unit in the lower mid-tube \( (I_{A(\text{tube})}) \) or on the luggage rack \( (I_{A(\text{luggage})}) \). Table 6 presents the different configurations. The inertia tensors from the shapes that form the parts are translated with the parallel axis theorem to the origin of the coordinate system (skeleton point 1), given by Equation (2), and are summed to determine the inertia tensors of the parts in skeleton point 1. The centre of gravity of the parts are determined and given by Figure 7C. The centre of gravity of the rear frame assembly of every configuration is calculated \( (C_{GB}) \), given by Equation (4) and the derived formula of the parallel axis theorem is utilized to translate the inertia matrix in skeleton point 1 to \( C_{GB} \), given by Formula (10).

**Table 6. Inertia tensors of the rear frame assembly.**

<table>
<thead>
<tr>
<th>Bicycle 1</th>
<th>Bicycle 2</th>
<th>Bicycle 3</th>
<th>Bicycle 4</th>
<th>Bicycle 5</th>
<th>Bicycle 6</th>
<th>Bicycle 7</th>
</tr>
</thead>
<tbody>
<tr>
<td>( I_{Bb} )</td>
<td>( I_{Bb} )</td>
<td>( I_{Bb} )</td>
<td>( I_{Bb} )</td>
<td>( I_{Bb} )</td>
<td>( I_{Bb} )</td>
<td>( I_{Bb} )</td>
</tr>
<tr>
<td>+ ( I_{BC(\text{electric})} )</td>
<td>+ ( I_{BC(\text{electric})} )</td>
<td>+ ( I_{BC(\text{electric})} )</td>
<td>+ ( I_{BC(\text{electric})} )</td>
<td>+ ( I_{BC(\text{electric})} )</td>
<td>+ ( I_{BC(\text{electric})} )</td>
<td>+ ( I_{BC(\text{electric})} )</td>
</tr>
<tr>
<td>+ ( I_{A(\text{tube})} )</td>
<td>+ ( I_{A(\text{tube})} )</td>
<td>+ ( I_{A(\text{tube})} )</td>
<td>+ ( I_{A(\text{tube})} )</td>
<td>+ ( I_{A(\text{tube})} )</td>
<td>+ ( I_{A(\text{tube})} )</td>
<td>+ ( I_{A(\text{tube})} )</td>
</tr>
</tbody>
</table>

**Figure 6.** Location of the skeleton points in the bicycle cyclist model.
As only the capsize and weave mode are significant for bicycle stability, the seven bicycle configurations are compared based on these values. Table 7 presents the cycling speed of (i) the transition of the inverted pendulum motion to the oscillatory weave motion in point A, (ii) the start of the self-stable mode in point B, and (iii) the end of the self-stable mode in point C. Initially, the bicycles present the motion of an unstabilized inverted pendulum. For bicycle 1 and 2, it reaches up to 1.25 km/h. For bicycle 3 until 7, it reaches up to 1.40 km/h. After this point, the bicycles get increasingly more stable and present an escalating weave oscillation. For bicycle 1 and 2, it reaches up to 14.72 km/h, for bicycle 3 to 14.64 km/h, for bicycle 4 to 14.57 km/h, for bicycle 5 and 6 to 14.50 km/h, and for bicycle 7 to 14.28 km/h. Subsequently, the self-stable mode starts and reaches up to 21.84 km/h for bicycle 1, 22.43 km/h for bicycle 2, 20.67 km/h for bicycle 3, 21.26 km/h for bicycle 4, 21.04 km/h for bicycle 5, 21.70 km/h for bicycle 6, and 20.6 km/h for bicycle 7. From point B to C, the bicycle is self-stable. The self-stable range is 8.37 km/h for bicycle 1, 8.96 km/h for bicycle 2, 7.43 km/h for bicycle 3, 8.09 km/h for bicycle 4, 7.94 km/h for bicycle 5, 8.60 km/h for bicycle 6, and 7.72 km/h for bicycle 7. From point A until point B, the bicycle is semi-stable. This semi-stable range is 13.47 km/h for bicycle 1 and 2, 13.47 km/h for bicycle 3, 13.24 km/h for bicycle 4, to 13.17 km/h for bicycle 5, to 13.10 km/h for bicycle 6, and to 12.88 km/h for bicycle 7.

3. Results

All bicycle configuration present similar graphs. Figure 7 addresses an example of the eigenvalues, namely from bicycle configuration 1. From 0 km/h till point A, four eigenvalues are found: two positive ones from the weave mode corresponding to a falling motion and two negative ones from the capsize and caster mode corresponding to a righting motion. The weave mode dominates and, without any rider corrections, the bicycle falls over as an unstabilized inverted pendulum. At point A, the two positive eigenvalues form a complex conjugate pair and the steering perturbation lead to an oscillatory weave motion. From point A until point B, the bicycle is less stable by the decreasing eigenvalue of the weave mode. From point B until point C, all the eigenvalues are negative and the corrective actions of the bicycle are large enough to prevent the bicycle from falling and small enough to not exhibit overcorrection. The bicycle is self-stable without any actions of the cyclist.

As only the capsize and weave mode are significant for bicycle stability, the seven bicycle configurations are presented based on these values. Table 7 present the cycling speed of (i) the transition of the inverted pendulum motion to the oscillatory weave motion in point A, (ii) the start of the self-stable mode in point B, and (iii) the end of the self-stable mode in point C. Initially, the bicycles present the motion of an unstabilized inverted pendulum. For bicycle 1 and 2, it reaches up to 1.25 km/h.
For bicycle 3 until 7, it reaches up to 1.40 km/h. After this point, the bicycles get increasingly more stable and presents an escalating weave oscillation. For bicycle 1 and 2, it reaches up to 14.72 km/h, for bicycle 3 to 14.64 km/h, for bicycle 4 to 14.57 km/h, for bicycle 5 and 6 to 14.50 km/h, and for bicycle 7 to 14.28 km/h. Subsequently, the self-stable mode starts and reaches up to 23.09 km/h for bicycle 1, to 23.68 km/h for bicycle 2, to 22.07 km/h for bicycle 3, to 22.66 km/h for bicycle 4, to 22.44 km/h for bicycle 5, to 23.10 km/h for bicycle 6, and to 22 km/h for bicycle 7. From point A to B, the bicycle is easy to stabilize. This semi-stable range is 13.47 km/h for bicycle 1 and 2, 13.24 km/h for bicycle 3, 13.17 km/h for bicycle 4, 13.1 km/h for bicycle 5 and 6, and 12.88 km/h for bicycle 7. From point B to C, the bicycle is self-stable. The self-stable range is 8.37 km/h for bicycle 1, 8.96 km/h for bicycle 2, 7.43 km/h for bicycle 3, 8.09 km/h for bicycle 4, 7.94 km/h for bicycle 5, 8.6 km/h for bicycle 6, and 7.72 km/h for bicycle 7. The sum of both ranges counts 21.84 km/h for bicycle 1, 22.43 km/h for bicycle 2, 20.67 km/h for bicycle 3, 21.26 km/h for bicycle 4, 21.04 km/h for bicycle 5, 21.70 km/h for bicycle 6, and 20.6 km/h for bicycle 7.

**Table 7.** Key points and ranges of the stability behaviour of every bicycle configuration.

<table>
<thead>
<tr>
<th>Velocity [km/h]</th>
<th>Bicycle 1</th>
<th>Bicycle 2</th>
<th>Bicycle 3</th>
<th>Bicycle 4</th>
<th>Bicycle 5</th>
<th>Bicycle 6</th>
<th>Bicycle 7</th>
</tr>
</thead>
<tbody>
<tr>
<td>Point A</td>
<td>1.25</td>
<td>1.25</td>
<td>1.40</td>
<td>1.40</td>
<td>1.40</td>
<td>1.40</td>
<td>1.40</td>
</tr>
<tr>
<td>Point C</td>
<td>23.09</td>
<td>23.68</td>
<td>22.07</td>
<td>22.66</td>
<td>22.44</td>
<td>23.10</td>
<td>22.00</td>
</tr>
<tr>
<td>Self-stable range</td>
<td>8.37</td>
<td>8.96</td>
<td>7.43</td>
<td>8.09</td>
<td>7.94</td>
<td>8.6</td>
<td>7.72</td>
</tr>
</tbody>
</table>

Figure 8 presents the deviation from the mean for every bicycle configuration for point A, B, C and for the semi-stable range, self-stable range, and the sum of both. The horizontal lines correspond to the mean and two times the standard deviation. When comparing the points, the highest difference is found for bicycle 7 in point B. However, no significant differences are found since all the values are within two times the standard deviation.

**Figure 8.** Deviation from the mean for every bicycle configuration for the six key points and ranges.
When addressing the ranges, some significant differences are found. The semi-stable range is significantly higher for bicycle configuration 1 and 2 and smaller for bicycle configuration 7. The self-stable range is significantly higher for bicycle configuration 2 and smaller for bicycle configuration 3.

When comparing the whole range when the bicycle is easy to stabilize, bicycle 2 performs significantly better than the other configurations. Bicycle configuration 3 and 7 perform significantly less.

4. Discussion

Literature shows that a forward leaned rider with stretched arms and hands on the handlebar have little influence on the self-stability behaviour of a bicycle while an upright rider position with flexed arms and hands on the handlebar changes the open-loop dynamics drastically, which results in a decreased self-stability [7]. Since the forward lean angle on the conventional bicycle is smaller (65° versus 70°) than on the electric one, a better self-stable behaviour is expected for the conventional bicycle. On the other hand, the difference in the forward lean is the result of a difference in the front frame assembly. Collins concluded that the centre of gravity of the front frame assembly should be 9 cm in front of the steering axis, which is measured perpendicularly on the steer tube [12]. The centre of gravity of the front frame assembly of the electric bicycle is closer to the optimum described by Cornell, which results in an enhanced self-stable behaviour of the electric bicycle. Since both systems counteract, only marginal differences are found between the conventional and electric bicycles. The self-stable mode of the conventional bicycle starts at a lower speed than the electric bicycles. Additionally, the complex conjugate pair is formed early, which causes a significantly smaller semi-stable range than the electric bicycles. The self-stable range is relatively small, even though the electric bicycle with the motor in the rear wheel and the battery pack in the luggage rack (configuration 3) performs worse. When considering the whole period, the bicycle is easy to stabilize. The conventional bicycle and the electric bicycle with the motor in the rear wheel and the battery pack in the luggage rack perform worse.

Significant differences are found between the six electric bicycle configurations. Most notably, the semi-stable range is significantly higher for the electric bicycles with a motor in the front wheel. Bottomley described the “gyroscopic self-stabilization” of a bicycle in 1868. The gyroscopic effect of a spinning front wheel increases the stability [13]. Currently, the idea is universally accepted in literature [14]. Addressing electric bicycles, the front wheel motor adds weight to the front wheel assembly, which increases the self-stabilization effect. When taking the self-stable range into account, the electric bicycle with a front wheel motor and a battery located in the lower mid-tube performed the best. Furthermore, this effect is observed for every bicycle configuration. When a battery is located in the lower mid-tube, the self-stable range is higher than when the battery is located in the luggage rack. Jones discussed that the gyroscopic effect is only relevant for a light riderless bike, whereas a heavier cyclist overpowers the effect [4]. Similar to the influence of the cyclist’s posture discussed by Schwab et al. [7], the differences could be assigned to the lower location of the centre of mass of the rear frame assembly due to the lower battery placement.

Knowledge about the stability behaviour of common bicycles can improve bicycle design to increase the level of comfort of the cyclist. A low A and B value and a high C value is preferred to minimize the counteractions of the user and increase the bicycle stability. The study showed that motor and battery placement significantly influence the stability behaviour. However, it should be noted that cyclist weight and posture are equally important. For future work, different types of cyclists should be taken into account.

5. Conclusions

Significant differences are found in the self-stable and semi-stable range between electric and conventional bicycles. The more upright posture on an electric bicycle decreases the self-stable range, while the higher steer stem improves it. In general, this leads to a lower self-stable and semi-stable range for conventional bicycles. Electric bicycles with a motor implemented in the front wheel perform best, as the extra weight of the motor enhances the gyroscopic self-stabilization of the front wheel.
Furthermore, a lower centre of mass of the rear frame assembly positively influences the stability behaviour. Therefore, a motor in the lower mid tube is preferred over a higher located motor in the luggage rack.

**Author Contributions:** S.D. contributed conceptualization, formal analysis, funding acquisition, investigation, validation, visualization, and writing original draft; M.J. contributed resources; M.J. and E.D. contributed supervision; S.D. and E.D. contributed methodology and software; S.D. and M.J. contributed project administration; S.D. and E.D. contributed writing review and editing. All authors have read and agreed to the published version of the manuscript.

**Funding:** This research received no external funding.

**Conflicts of Interest:** The authors declare no conflict of interest.

**References**


© 2020 by the authors. Licensee MDPI, Basel, Switzerland. This article is an open access article distributed under the terms and conditions of the Creative Commons Attribution (CC BY) license (http://creativecommons.org/licenses/by/4.0/).