Abstract: This study aimed to evaluate the capacity of *Saccharomyces cerevisiae* for Cadmium absorption in milk. Nowadays, one of the most serious problems of the industrialized world is heavy metal pollution. Applying microorganisms as novel biotechnology is very useful, especially in foodstuffs. Among the biosorbents used for heavy metal removal, *Saccharomyces cerevisiae* has received increasing attention due to its popularity in the food industry. In this regard, the effects of some important factors such as the initial metal concentration, biomass concentration and contact time on the biosorption capacity of *Saccharomyces cerevisiae* were studied. The biosorption was analyzed by the inductively coupled plasma mass spectrometer (ICP-MS). The maximum cadmium (Cd) removal (70%) was at 80 µg/L of Cd concentration in milk samples containing $30 \times 10^8$ CFU *Saccharomyces cerevisiae* at the end of storage time (the 4th day). There were no significant differences in the sensory and physicochemical properties (pH, acidity and density) of milk samples during storage ($p < 0.05$). The isotherm studies were followed by two popular models, Langmuir and Freundlich, and the results showed a better fit to the Langmuir isotherm. Altogether, the results of this study demonstrate that the approach of using this valuable yeast could be applied for food detoxification and producing healthier foodstuffs.

Keywords: *Saccharomyces cerevisiae*; biosorption; milk; ICP-MS; isotherm; sensory evaluation

1. Introduction

Toxic metal contamination is a serious environmental problem all around the world due to the fast development of industries such as fuel, pesticides and mining. Their wastes discharge metals into the environment directly or indirectly [1,2]. These toxic metals can enter the food chain and then into our bodies [3]. Cadmium (Cd) is one of the most toxic metals in this regard [4]. Milk is a valuable food source for humans and animals. It has nearly all the essential nutrients for growth [5]. According to the World Health Organization (WHO), the maximal allowed concentration values for Cd in milk are less than 10 µg/L [6].

Some reports have shown Cd contamination of milk around the world, and unfortunately, in some places, it is more than the permissible level: Turkey [7], China [8], Iraq [9] and Iran [10,11].
Common techniques for heavy metal removal from aqueous solutions, like ion exchange, chemical precipitation, membrane technologies, electrochemical treatment and using activated carbon, are expensive and also not effective for use in foodstuffs [12,13].

Biosorption, as a green technology, is the process of metal-binding from aqueous solution to the surface of a microorganism. The mechanism occurs through the absorption of metal ions to functional groups on the cell wall of the biomass [12]. It is a cheap, eco-friendly and fast technique [14]. Biosorption is a process that the heavy metals trap into the cell wall’s active site [12]. The heavy metal removal takes place through various mechanisms. The functional groups of the cell wall of S. cerevisiae, such as hydroxyl and carboxyl, are responsible for the biosorption technique. They are the main agents for metals to be attached during the mechanism. Moreover, the heavy metal intracellular accumulation occurs in the cell wall and metals are able to attach to the cell molecules [13–15].

In the biosorption method, various microorganisms like yeasts, bacteria, algae and fungi are applied. They possess some advantages, such as being cheap and practical for foodstuffs [13,15]. The unique yeast “Saccharomyces cerevisiae” is commonly used in the bakery and brewery industries. It is an economically available biosorbent [16]. There are some studies about using this yeast for heavy metal biosorption [17–21].

Our study aims to evaluate the capacity of S. cerevisiae for Cd absorption in milk. Therefore, the effects of three main factors; initial metal concentration, biomass concentration and contact time on the biosorption capacity of S. cerevisiae were studied. These factors were chosen through the previous studies of heavy metal bioremoval [19–22] and also based on the results of our research team. This technique would be useful in the case of emergencies in the food and beverage industry.

2. Materials and Methods

2.1. Preparation of the Biomass

The S. cerevisiae (PTCC-5020) was purchased from the Science Research and Technology Department, Tehran, Iran. Glucose, yeast extract, (NH₄)₂SO₄, K₂HPO₄, MgSO₄ and KH₂PO₄ were combined with the yeast culture medium and then autoclaved at 121 °C for 20 min. The medium was inoculated with S. cerevisiae after cooling followed by 20 h shaking at 70 rpm and then incubated at 30 °C. The biomass colonies were counted and the mean of 30 × 10⁸ CFU/mL was obtained through the dilution method; the seed culture (1 mL) was diluted in a ratio of 1:10 with NaCl with serial dilutions (10 times). Then, the dilution (1 mL) was added to the nutrient agar medium by pour plate method and incubated for 72 h at 30 °C for 72 h [23].

2.2. Chemicals

All chemicals were provided from Merck company (Darmstadt, Germany) and Cd standard solution from Accu Trace company (Coatesville, PA, USA). All the containers were acid-washed by HNO₃ (15% v/v) overnight and then rinsed with distilled water.

2.3. Sample Preparation

Each sample was prepared for milk (50 mL) with levels of S. cerevisiae (10 × 10⁸ to 50 × 10⁸ CFU/mL) and different initial Cd concentrations (40, 50, 60, 70, 80 µg/L) and stored in the fridge for 4 days. Then the effect of 3 variables—initial metal concentration (40–80 µg/L), biomass concentration (10–50 × 10⁸ CFU/mL) and contact time (1–4 days)—on the biosorption capacity of S. cerevisiae were studied.

2.4. Physicochemical Analysis

The pH, acidity and density of milk samples were determined according to AOAC methods [23]. The pH value of milk samples was evaluated with a pH meter (Metrom, Switzerland) at room temperature. The titratable acidity was determined by titration method; milk sample (10 mL) was
titrated by NaOH solution (0.1 N) and adding phenolphthalein as an indicator. The Lactodensimeter (Alla, France) was used to measure the density of milk samples [23].

2.5. Sensory Analysis

The sensory analysis was evaluated during storage time (1st to 4th day) by 10 trained panelists [24]. Milk samples were analyzed for consistency, color, odor and overall acceptability. The samples were scored on a 9-point hedonic scale. The scores were from 1 (extreme dislike) to 9 (extreme like). Mean values (±SD) were calculated from the panelists’ scores of each sample.

2.6. Central Composite Design (CCD)

The 3 variables—initial Cd concentration, S. cerevisiae biomass and contact time—have significant effects on Cd removal. In this study, CCD was used to find the optimal conditions of Cd biosorption with the experimental factor levels as shown in Table 1.

<table>
<thead>
<tr>
<th>Main Variable</th>
<th>Range and Level</th>
</tr>
</thead>
<tbody>
<tr>
<td>S. cerevisiae biomass dosage (×10⁸ CFU)</td>
<td>10 20 30 40 50</td>
</tr>
<tr>
<td>Initial Cd concentration (µg/L)</td>
<td>40 50 60 70 80</td>
</tr>
<tr>
<td>Contact time (day)</td>
<td>0 1 2 3 4</td>
</tr>
</tbody>
</table>

2.7. ICP-MS Analysis

The inductively coupled plasma mass spectrometer (ICP-MS, England) was applied in this study, with a standard torch, a cross-flow nebulizer and a quartz spray chamber. It was tuned before each experiment started. All the samples were put in microwave 1200 W (Milestone Micro oven) to be digested with segmented rotor MPR-600 [25].

2.8. Removal Evaluation

The milk samples containing S. cerevisiae and Cd were digested in the microwave and then centrifuged (at 2000×g) for 15 min. The supernatant was injected into the ICP-MS for Cd residual determination. This was measured by using the ICP-MS. All the trials were repeated in triplicate.

The Cd removal efficiency (%) was calculated by Equation (1) [26]:

\[
\text{%Removal} = 100 \left( \frac{C_0 - C_f}{C_0} \right) \tag{1}
\]

where \( C_0 (\mu g/L) \): is the initial Cd concentration in solution; \( C_f (\mu g/L) \): is the final Cd concentration in solution.

2.9. Absorption Isotherm

The biosorption isotherm was evaluated by adding the biosorbent (S. cerevisiae) to the milk samples with initial Cd concentrations (20–100 µg/L). After biosorption, the remaining Cd was determined by ICP-MS. The biosorption experiments were repeated three times.

2.10. Statistical Analysis

The statistical analysis was performed by MINITAB statistical software (version 14). The statistics data were provided by analysis of variance (ANOVA). The data are presented as the mean value ± SD during storage days. The \( p \)-values below 0.05 were statistically significant.
3. Results

3.1. The Effect of Initial Metal Concentration

The effect of initial Cd concentration (40, 50, 60, 70, 80 µg/L) on the bioremoval efficiency was investigated (Figure 1a). The results showed that by increasing the Cd concentrations, the absorption improved. The highest Cd removal (70%) was observed at the initial metal concentration of 80 µg/L.

![Graph showing effect of initial metal concentration on bioremoval efficiency](image)

Figure 1. The effect of initial Cadmium (Cd) concentration on bioremoval (a); the effect of biomass concentration initial on bioremoval (b).

3.2. The Effect of Contact Time

In this study, the Cd biosorption was evaluated during the contact times from 1 to 4 days. Figure 1b shows that Cd removal by *S. cerevisiae* increased as time passed. As shown, the maximum removal of Cd occurred on the 4th day. By increasing time up to 8 days, the yeast count was enhanced as the removal was nearly constant. Table 2 shows the yeast count and the bioremoval levels during 8 days of storage.

<table>
<thead>
<tr>
<th>Storage Time (Day)</th>
<th>1</th>
<th>4</th>
<th>8</th>
</tr>
</thead>
<tbody>
<tr>
<td><em>S. cerevisiae</em> biomass (CFU/mL)</td>
<td>$10^8$</td>
<td>$10^8$</td>
<td>$10^9$</td>
</tr>
<tr>
<td>Total count (CFU/mL)</td>
<td>$10^{12}$</td>
<td>$10^{12}$</td>
<td>$10^{15}$</td>
</tr>
<tr>
<td>Cd bioremoval (%)</td>
<td>45.51 $^a$</td>
<td>70.10 $^b$</td>
<td>70.21 $^b$</td>
</tr>
</tbody>
</table>

Different letters are significantly different ($p < 0.05$).

3.3. The Effect of Biomass Concentration

As shown in Figure 1a,b, by increasing *S. cerevisiae* biomass concentration from 10 up to $50 \times 10^8$ CFU/mL, the removal efficiency enhanced. The optimum level of *S. cerevisiae* biomass concentration was $30 \times 10^8$ CFU with the highest removal amount of 70%.

3.4. Physicochemical Evaluation

There was a slight reduction in pH values and a rise in titratable acidity of the milk samples. Additionally, the density level was nearly constant. However, the differences were not significant in the milk samples ($p > 0.05$) (Table 2).

3.5. Sensory Evaluation

Table 3 also represents the results of sensory analysis during the storage of milk samples. There were no significant differences in the consistency, smell and color of these milk samples during...
time intervals with control samples \((p < 0.05)\). Additionally, the overall acceptance of milk samples had no significant difference throughout the storage period \((p < 0.05)\).

Table 3. Physicochemical and sensory properties of milk samples during storage.

<table>
<thead>
<tr>
<th>Storage Time (Day)</th>
<th>S. cerevisiae Biomass Concentration (CFU/mL)</th>
<th></th>
<th></th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>Control 10 (\times) 10⁸</td>
<td>10 (\times) 10⁸</td>
<td>50 (\times) 10⁸</td>
<td></td>
</tr>
<tr>
<td>pH</td>
<td>6.70 ± 0.01 (^a)</td>
<td>6.67 ± 0.05 (^a)</td>
<td>6.78 ± 0.01 (^a)</td>
<td>6.67 ± 0.07 (^a)</td>
</tr>
<tr>
<td>Acidity (% lactic acid)</td>
<td>0.14 ± 0.01 (^a)</td>
<td>0.15 ± 0.05 (^a)</td>
<td>0.14 ± 0.07 (^a)</td>
<td>0.15 ± 0.07 (^a)</td>
</tr>
<tr>
<td>Density (g/cm³)</td>
<td>1.01 ± 0.01 (^a)</td>
<td>1.01 ± 0.05 (^a)</td>
<td>1.02 ± 0.01 (^a)</td>
<td>1.03 ± 0.05 (^a)</td>
</tr>
</tbody>
</table>

Table 4. Langmuir and Freundlich isotherm parameters for Cd removal.

<table>
<thead>
<tr>
<th>Cd initial Concentration (µg/L)</th>
<th>Langmuir Model (^†)</th>
<th>Freundlich Model (^§)</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>Ce</td>
<td>Qe</td>
</tr>
<tr>
<td>20</td>
<td>13.4</td>
<td>6.6</td>
</tr>
<tr>
<td>40</td>
<td>23.2</td>
<td>16.8</td>
</tr>
<tr>
<td>60</td>
<td>27</td>
<td>33</td>
</tr>
<tr>
<td>80</td>
<td>28</td>
<td>51</td>
</tr>
<tr>
<td>100</td>
<td>28</td>
<td>70</td>
</tr>
</tbody>
</table>

\(^†\) \(R^2\) for Langmuir model was obtained as 0.9186. \(^§\) \(R^2\) for Freundlich model was obtained as 0.8587.

As Table 3 shows, both correlation coefficients were high in Langmuir and Freundlich isotherm models. By the comparison of calculated \(R^2\) values, it was revealed that the Langmuir isotherm model showed a better fit than the Freundlich model.
4. Discussion

As shown in Figure 1a,b, by rising the biomass concentration up to $30 \times 10^8$ CFU, the absorption rate increased. The yeast of *S. cerevisiae* has a high biosorption affinity for heavy metals [29,30]. This trend is due to the carboxyl, hydroxyl and amino groups of the cell wall as the main responsible for the heavy metals’ absorption [31–33]. As the number of metal ions increased, their absorption to the surface of the *S. cerevisiae* increases; therefore, higher biosorption would be observed [20,34,35]. By enhancing the *S. cerevisiae* biomass concentrations, the biosorption increases because of the more available binding sites for metal ions and therefore more binding combinations [36].

In addition, by increasing Cd concentration from 40 to 100 µg/L, the biosorption yield increased (Figure 1a). Similar to our study results, Hadiani et al. [20] reported that Cd removal by *S. cerevisiae* increased with a rising Cd level (25 to 80 µg/L). Ghorbani et al. [37] observed the Cd bioremoval by *S. cerevisiae* (2.13 g/L) at the concentration of 26.46 mg/L. Additionally, Peng et al. [38] showed that Cu absorption by *S. cerevisiae* increased by increasing the metal from 40 to 120 mg/L. As shown in Figure 1b, Cd absorption is enhanced by rising contact time from day 1–4. With time passing, more Cd ions would attach to *S. cerevisiae* receptor sites on the surface [39]. The findings of this study are in accordance with Hadiani et al. [20], who observed increasing mercury biosorption by *S. cerevisiae* from 24–48 h and Hatami Fard and Mehrnia [34] who reported more mercury absorption after 4 days. Like the above studies, in this study, the highest Cd removal efficiency (70%) was observed at the Cd concentration of 80 µg/L and the biomass of $30 \times 10^8$ CFU on the 4th day of storage. Prolongation of the experiment is recommended to evaluate further removal of heavy metal over a longer exposure. Additionally, it should be taken into account that in the case of spoilage of milk with bacterial cells or high initial microbial loading of milk, the rate of bio-decontamination could be quite different from this report.

Additionally, Table 3 shows that the absorption increased by increasing the initial concentration of Cd, as more initial concentration prepared more contact sites for absorbance and Cd [34]. Comparing both $R^2$ values in Langmuir and Freundlich isotherm models shows that the Langmuir model has a better fit, which confirms that the Langmuir equation is correct for monolayer absorption on a surface with similar sites. The higher $R^2$ in the Langmuir model confirms that the Cd absorption by *S. cerevisiae* in our study obeys this model.

5. Conclusions

In this study, three important variables—Cd, biomass concentration and the contact time for Cd bioremoval by *S. cerevisiae*—were evaluated. Our findings showed the highest level of Cd biosorption (70%) observed in the *S. cerevisiae* concentration of $30 \times 10^8$ CFU and Cd amount of 80 µg/L on the 4th day. The ability of *S. cerevisiae* was not studied in higher concentration (ppm) of Cd and in presence of other heavy metals in the effluents in foodstuffs. This study shows the ability of this valuable yeast for Cd remediation in very low concentrations (ppb) from milk with no changes in physicochemical (pH, acidity and density) and sensorial acceptability. *S. cerevisiae* is a desirable and eco-friendly biosorbent for toxic metal bioremediation from food and water resources. These findings open the window for the evaluation of the capacity of heavy metal binding by *S. cerevisiae* in milk. There is a need for more studies in this field to reduce the toxic effects of heavy metals in food and drink.

**Author Contributions:** Conceptualization, R.M., K.K.-D.; Software, A.S.; Formal Analysis, R.M., H.Y. and A.S.; Writing—Original Draft Preparation, R.M.; Writing—Review & Editing, K.K.-D., A.S. and G.H.A.; Supervision, K.K.-D. and A.S. All authors have read and agreed to the published version of the manuscript.

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**Conflicts of Interest:** The authors declare no conflict of interest.
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