Figure 1 Stages in the prioritisation of popular dishes, snacks and beverages.
Figure 2 Composite samples preparation protocol
Figure 3 Stages in the preparation of composite samples

- Primary Samples
  - Authentic samples cooked in a Nutrition kitchen by volunteers
  - Modified samples prepared by the research team
    - Major UK food retailers
    - Ethnic food retailers
    - Ethnic food stalls in Leeds Kirkgate market, Nottingham and London

- Composite sample weighing ~4000g
  - Combine and mix
    - Sub samples
      - ~200g Laboratory sample
      - ~200g Stored sample