

Supplementary Table S1: Spearman's correlation analysis of variables in the study.

		1	2	3	4	5	6	7	8	9	10	11	12	13
1.	Health status	1.000												
2.	Information support	0.128*	1.000											
3.	Instrumental support	-0.083	0.513**	1.000										
4.	Emotional support	0.102*	0.389**	.460**	1.000									
5.	Health literacy	0.168**	0.439**	0.491**	0.406**	1.000								
6.	Age	-0.140**	0.460**	0.482**	0.429**	-0.704**	1.000							
7.	Sex	-0.018	-0.028	0.036	0.085	0.091*	-0.057	1.000						
8.	Locality (Rural)	-0.060	0.016	-0.091*	0.087*	-0.096*	0.063	0.179**	1.000					
9.	Marital status	0.193**	0.473**	0.453**	0.400**	0.777**	-0.757**	0.064	0.057	1.000				
10.	Education	0.048	0.247**	-0.264**	-0.210**	0.175**	-0.394**	-0.080	-0.201**	0.333**	1.000			
11.	Income	0.225**	0.443**	0.470**	0.350**	0.768**	-0.648**	0.090	0.039	0.682**	0.450**	1.000		
12.	Employment status (employed)	0.059	0.370**	0.368**	0.285**	0.608**	0.657**	0.085	0.050	0.623**	0.253**	0.415**	1.000	
13.	Year of data collection	-0.101*	0.051	0.059	0.066	0.025	0.045	-0.009	0.173**	-0.028	-0.068	-0.053	-0.111**	1.00

**Significant at the 0.01 level (2-tailed), *Significant at the 0.05 level (2-tailed)

Supplementary Table S2: Descriptive statistics of first data (June to October 2015)

	Young and emerging adults 18-29 years, N= 255		Older adults 50+ years, N = 162		<i>p-value</i>	Overall (N=417)
	Frequency	%	Frequency	%		N (%)
Sex					0.042	
Male	114	44.7	79	48.8		193 (46.3)
Female	141	55.3	83	51.2		224 (53.7)
Context/People					0.841	
Rural	121	47.5	77	47.5		198 (47.7)
Urban	134	52.5	85	52.5		219 (52.3)
Educational Attainment					0.001	
Never been to school	2	0.8	83	51.2		85
Basic education (Junior high school)	121	47.5	52	32.1		173
Senior High School (SHS)	113	44.3	19	11.7		128
Tertiary Level	19	7.5	8	4.9		25
Marital Status					0.001	
Married	50	19.6	85	52.5		135 (32.4)
Unmarried	205	80.4	77	47.5		282 (67.6)
Employment Status					0.616	
Employed	134	52.5	84	51.9		218 (52.3)
Unemployed	121	47.5	78	48.1		199 (47.7)
Monthly Income ^c					0.001	
<200 GH¢	73	51.0	98	70.0		171 (60.4)
200-500 GH¢	39	27.7	18	12.9		57 (20.1)
500-1000 GH¢	24	16.8	16	11.4		40 (14.1)
1000+ GH¢	7	4.9	8	5.7		15 (5.3)
Informational support					.0911	
No	66	25.9	46	28.4		112 (26.5)
Yes	189	74.1	116	71.6		305 (73.1)
Instrumental support					0.997	
No	63	24.7	41	25.3		104 (24.9)
Yes	192	75.3	121	74.7		313 (75.6)
Emotional support					0.036	
No	55	21.6	49	30.2		104 (24.9)
Yes	200	78.4	113	69.8		313 (75.6)
Health literacy					0.001	
Sufficient HL	104	40.8	45	27.8		149 (46.9)
Problematic HL	92	36.1	34	21.0		126 (30.2)
Inadequate HL	59	23.1	83	51.2		144 (34.5)
Health status					0.001	
Good	188	73.7	61	37.7		249 (59.7)
Poor	66	26.3	101	62.3		167 (40.3)

Supplementary Table S3: Descriptive statistics of second data (January to July 2017).

	Young and emerging adults 18-29 years, N= 63		Older adults 50+ years, N = 41		<i>p-value</i>	Overall (N=104)
	Frequency	%	Frequency	%		N (%)
Sex					0.108	
Male	27	42.9	21	51.2		48 (46.2)
Female	36	57.1	20	48.8		56 (53.8)
Context/People					0.428	
Rural	23	36.5	19	46.3		42(40.4)
Urban	40	63.5	22	53.7		62(59.6)
Educational Attainment					0.001	
Never been to school	0	0	19	46.3		19(18.3)
Basic education (Junior high school)	31	49.2	11	26.8		42(40.3)
Senior High School (SHS)	27	42.9	8	19.6		35(33.7)
Tertiary Level	5	7.9	3	7.3		8(7.7)
Marital Status					0.001	
Married	14	22.2	19	46.3		33 (31.7)
Unmarried	49	77.8	22	53.7		71(68.3)
Employment Status					0.999	()
Employed	31	49.2	20	48.8		51(49.0)
Unemployed	32	50.8	21	51.2		53(51.0)
Monthly Income ^c					0.008	
<200 GH¢	21	56.8	15	44.1		36(50.1)
200-500 GH¢	9	24.3	8	23.5		17(23.9)
500-1000 GH¢	5	13.5	7	20.6		12(16.9)
1000+ GH¢	2	5.4	4	11.8		6(8.5)
Informational support					0.648	
No	15	23.8	12	29.3		27(26.0)
Yes	48	76.2	29	70.7		77(74.0)
Instrumental support					0.867	
No	15	23.8	13	31.7		28(26.9)
Yes	48	76.2	28	68.3		76(73.1)
Emotional support					0.141	
No	16	25.4	16	39.0		32(30.8)
Yes	47	74.6	25	61.0		72(69.2)
Health literacy					0.001	
Sufficient HL	33	52.4	12	29.3		45(43.3)
Problematic HL	21	33.3	10	24.4		31(29.8)
Inadequate HL	9	14.3	19	46.3		28(26.3)
Health status					0.001	
Good	49	77.8	15	36.6		64(61.5)
Poor	14	22.2	26	63.7		40(38.5)

