

Supplementary material

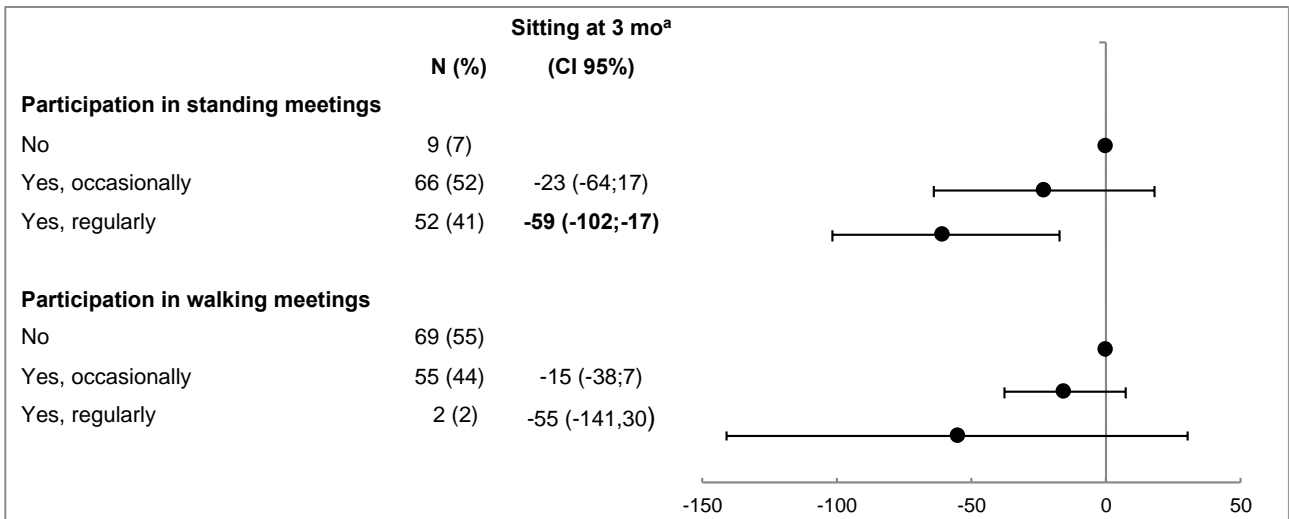


Figure S1. Sensitivity analysis: Model controlled for leisure time physical activity. Participation in standing and walking meetings and association with sitting time at 3 months follow-up ($n = 127$). Boldface indicates statistical significance ($p = 0.006$). ^a Sitting/8 h workday at 3 months follow-up compared to baseline. The model included participation in standing and walking meetings as the exposure; included sitting time at 3 months as the outcome; and controlled for sex, age, baseline sitting time and objectively measured total physical activity at baseline.

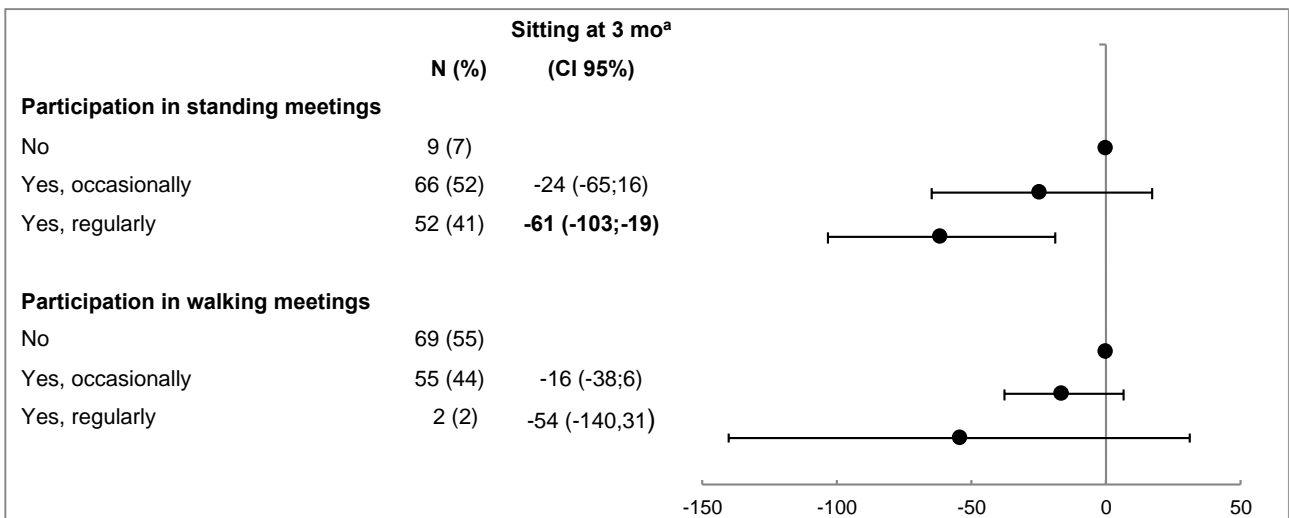


Figure S2. Sensitivity analysis: Model controlled for leisure time steps. Participation in standing and walking meetings and association with sitting time at 3 months follow-up ($n = 127$). Boldface indicates statistical significance ($p = 0.005$). ^a Sitting/8 h workday at 3 months follow-up compared to baseline. The model included participation in standing and walking meetings as the exposure; included sitting time at 3 months as the outcome; and controlled for sex, age, baseline sitting time and objectively measured leisure time steps at baseline.