

Table S1. Health behaviours of pregnant women with obesity by obesity class at study entry.

Dietary intake at study entry ^a	Obesity Class			<i>p</i> ^b
	Class I (<i>n</i> = 564)	Class II (<i>n</i> =380)	Class III (<i>n</i> = 200)	
Total energy (Kcal)	1852.31 ± 603.32	1824.73 ± 592.40	1831.17 ± 631.97	0.772
Glycaemic index (0-100)	56.83 ± 4.15	56.70 ± 4.07	57.03 ± 3.48	0.647
Glycaemic load (per day)	140.31 ± 55.35	135.37 ± 50.93	134.96 ± 53.27	0.276
Carbohydrate (% energy)	49.66 ± 7.53	49.00 ± 7.29	48.48 ±7.21	0.117
Protein (% energy)	19.63 ± 4.36	20.08 ± 4.45	20.36 ± 4.57	0.091
Total fat (% energy)	30.86 ± 5.43	31.07 ± 5.38	31.36 ± 5.43	0.517
Saturated fat (% energy)	12.55 ± 3.03	12.63 ± 2.85	12.65 ± 2.94	0.880
Fibre (g/day)	13.53 ± 5.72	13.37 ± 5.78	12.87 ± 5.27	0.371
Physical activity at baseline	30–34.9 (<i>n</i> = 667)	35.0–39.9 (<i>n</i> = 435)	≥40.0 (<i>n</i> = 241)	
Walking (minutes/week)	280 ± 490	315 ± 480	280 ± 720	0.349
MET ^c (minutes/week)	1386 ± 2715	1485 ± 3261	1320 ± 3655.5	0.405

Nutritional data are mean ± SD, physical activity data are median ± IQR ^a Study entry data collected at 15⁺⁰–18⁺⁶ weeks' gestation, ^b *p*: differences between nutritional variables and the log transformation of physical activity measures by obesity class, assessed using ANOVA. *p* < 0.05 taken as significant ^c MET = metabolic equivalent of task, is defined as the energy expenditure ratio of activity to rest