

Supplementary Materials: Parental Encouragement of Healthy Lifestyles for Their Children and Personally Caring about Healthy Lifestyles Is Positively Associated with Children Using Vitamin D Supplements

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Table S1. Prevalence between parents' responses to their encouragement for and care about eating healthy foods *.

	Parental Personal Care for Eating Healthy Foods		
	Not at all/A little bit (%)	Quite a lot (%)	Very much (%)
Parental encouragement for children to eat healthy foods			
Not at all/A little bit	28.66	4.32	3.46
Quite a lot	57.65	63.60	22.97
Very much	12.23	31.91	73.24

* Results were weighted to represent provincial estimates of the grade 5 students population (age: 10–11 years old) in Alberta. Missing data is <2%. *p*-value for Pearson Chi-sq test < 0.001.

Table S2. Prevalence between parents' responses to their encouragement for and care about being physically active *.

	Parental Personal Care about Being Physically Active		
	Not at all/A little bit (%)	Quite a lot (%)	Very much (%)
Parental encouragement for being physically active			
Not at all/A little bit	27.67	10.22	4.55
Quite a lot	48.89	50.12	29.17
Very much	22.56	39.11	66.01

* Results were weighted to represent provincial estimates of the grade 5 students population (age: 10–11 years old) in Alberta. Missing data is <1%. *p*-value for Pearson Chi-sq test < 0.001.