

Correction

Correction: Martínez-González, M.A. et al. Transferability of the Mediterranean Diet to Non-Mediterranean Countries. What Is and What Is Not the Mediterranean Diet. *Nutrients* 2017, 9, 1226

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Received: 22 June 2018; Accepted: 22 June 2018; Published: 26 June 2018



The authors have requested that the following changes be made to their paper [1].

In Table 1, page 5, two frequently used operational definitions of the Mediterranean diet are presented. There is a typographical error in one of the items of the PREDIMED screener score for the consumption of “sofrito”. Instead of saying two or more times per week, it said two or more times per day. More can be read on this score in the original article that defines this short screener [2]. In Table 1, “tablespoon” was replaced with “tablespoons”. Meanwhile, in the footer of Table 1, “hamburgers of sausages” was replaced with “hamburgers, or sausages”. The table should read as the following.

Table 1. Two frequently used operational definitions of the Mediterranean diet.

	Mediterranean Diet Score (0 to 9 Points)	PREDIMED Screener Score (0 to 14 Points)
Positively weighted items	Monounsaturated/Saturated fat ratio *	Olive oil as main culinary fat
	Vegetables *	≥4 tablespoons/day olive oil
Negatively weighted items	Fruits and nuts *	≥2 servings/day vegetables
	Legumes *	≥3 servings/day fruits
	Fish *	≥3 servings/week legumes
	Cereals *	≥3 servings/week fish
		≥3 servings/week nuts
	≥2 servings/week olive oil sauce with tomato, garlic, and onion (“sofrito”)	
	Preference for poultry > red meats ‡	
	<1/day red/processed meats	
	<1/day butter/margarine/cream	
	<1/day carbonated/sugared sodas	
	<2/week commercial bakery, cakes, biscuits, or pastries	
Moderate alcohol intake	5–25 g/day (women) 10–50 g/day (men)	≥7 glasses/week of wine

* One point if the consumption was at or above the sex-specific median. † One point if the consumption was below the sex-specific median. ‡ The wording of the question was as follows: “Do you prefer to eat chicken or turkey instead of beef, pork, hamburgers, or sausages?”

The authors apologize to the readers for any inconvenience caused by the change. Although this typographical error may have misled the reader on the operational definition of the Mediterranean diet according to the PREDIMED screener score, it does not affect the scientific results. The original manuscript will remain online on the article webpage, with a reference to this Correction.

References

1. Martínez-González, M.A.; Hershey, M.S.; Zazpe, I.; Trichopoulou, A. Transferability of the Mediterranean diet to Non-Mediterranean countries. What is and what is not the Mediterranean diet. *Nutrients* **2017**, *9*, 1226. [[CrossRef](#)] [[PubMed](#)]
2. Schröder, H.; Fitó, M.; Estruch, R.; Martínez-González, M.A.; Corella, D.; Salas-Salvadó, J.; Lamuela-Raventós, R.; Ros, E.; Salaverria, I.; Fiol, M.; et al. A short screener is valid for assessing Mediterranean diet adherence among older Spanish men and women. *J. Nutr.* **2011**, *141*, 1140–1145. [[CrossRef](#)] [[PubMed](#)]



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