Supplementary material:

Table S1:search strategies

Summary
Boolean:
      Mindfulness
      AND (Eating OR Eating disorders)
      AND (Adolescents OR teenagers OR young adults)
Limits: English language publications and Human subjects
Databases: Medline, PsycINFO, Embase
Searches run in July 2019

Search Key

/	At the end of a term a / indicates that the term is a subject heading, to be searched in the subject heading field
*	At the end of a term a * indicates that the database should look for any ending: mindful, mindfulness, mindfully
.mp.	At the end of a term a .mp. indicates that the database should look for the term in the title, abstract, author assigned keywords, subject headings, and a few other fields
exp	At the beginning of a subject heading, an exp indicates that the database should look for this subject heading OR any subject heading below it in the hierarchy: eating behaviour or binge eating or food refusal or dietary restraint or …

Ovid MEDLINE and Epub Ahead of Print, In-Process & Other Non-Indexed Citations <1946 to July 05, 2019>
    1   Mindfulness/
    2   mindful*.mp.
    3   1 or 2
    4   Eating/
    5   Feeding Behavior/
    6   eating.mp.
    7   4 or 5 or 6
    8   3 and 7
    9   limit 8 to "adolescent (13 to 18 years)"
    10   Adolescent/
    11   (adolescen* or teen* or "young adult*").mp.
    12   10 or 11
    13   8 and 12
    14   9 or 13
    15   limit 14 to (english language and humans)
Ovid PsycINFO <1806 to July Week 1 2019>
Search Strategy:
    1   Mindfulness/
    2   mindfulness-based interventions/
    3   mindful*.mp.
    4   1 or 2 or 3

5	exp eating behavior/
6	eating.mp.
7	5 or 6
8	4 and 7
9	(adolescen* or teen* or "young adult*").mp.
10	8 and 9
11	limit 8 to 200 adolescence <age 13 to 17 yrs>
12	10 or 11
13	limit 12 to english language

Ovid Embase <1974 to 2019 July 05>
Search Strategy:

1	Mindfulness/
2	mindful*.mp.
3	1 or 2
4	eating/
5	feeding behavior/
6	eating habit/
7	eating.mp.
8	4 or 5 or 6 or 7
9	exp adolescent/
10	(adolescen* or teen* or "young adult*").mp.
11	9 or 10
12	3 and 8 and 11
13	limit 12 to (human and english language)