

Supplementary Materials: Zein Beta-cyclodextrin Micropowders for Iron Bisglycinate Delivery

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Table S1. Code and corresponding compositions of zein-based micropowders prepared from different pseudolatex.

Powder codes	Pseudolatex Preparation			Powder composition	
	zein % w/v ^a	βCD % w/v ^b	Antisolvent/ solvent ratio	zein % w/w	βCD % w/w
MP_Z ₂	4	-	1	2	-
MP_Z ₂ /CD _{0.25}	4	0.25	1	2	0.25
MP_Z ₂ /CD _{0.50}	4	1	1	2	0.50
MP_Z ₂ /CD _{0.75}	4	1.5	1	2	0.75
MP_Z _{0.2}	2	-	5	0.2	-
MP_Z _{0.2} /CD _{0.05}	2	0.1	5	0.2	0.05

^{a, b} % w/v components in the PL produced to obtain the correspondent MP.

Table S2. Set-up of spray drying conditions for MP_Z₂ powders.

Aspirator Flow Rate (%)	Pump Speed (%)	T Inlet (°C)	T Outlet ^a (°C)	Yield (%)
90	10	115	60	50
90	10	150	77	59
90	10	180	121	38
90	20	180	91	23

^a T outlet is consequent to setting the other parameters.

Table S3. Nitrogen/protein content of zein micropowders using as reference standard zein raw material.

Batch	%N (±SD)	% Protein (±SD)	% Theoretical Protein
MP_Z ₂ /CD _{0.25}	12.46±0.02	77.87±0.09	86
MP_Z ₂ /CD _{0.75}	10.29±0.05	64.29±0.38	73

Table S4. Glass transition temperatures (T_g) of zein-based micropowders taken in second heating run.

Batch	T _{g1} (°C)	T _{g2} (°C)
MP_Z ₂	165.88	128.47
MP_Z ₂ /CD _{0.50}	171.64	128.06
MP_Z ₂ /CD _{0.5} /FeBIS	172.28	127.35
MP_Z _{0.2}	166.77	n.d.
MP_Z _{0.2} /CD _{0.05}	171.48	128.79
MP_Z _{0.2} /CD _{0.05} /FeBIS	172.60	127.40

Table S5. Glass transition temperatures (Tg1) of raw materials.

Sample	Tg (°C)
Zein	162
β CD	84

S1. Zein/CD Interactions in Solution

The interaction between β CD and zein was studied in solution by spectroscopic analysis. Zein (20 $\mu\text{g/mL}$) was dissolved in ethanol:water (8:2 *v/v*) solution containing different amounts of β CD (0, 2 and 5 $\mu\text{g/mL}$) under magnetic stirring. UV-vis spectra were recorded in the wavelength range of 200–800 nm on a UV-1800; Shimadzu. The emission fluorescence spectra of the samples were collected at a fixed excitation wavelength (λ_{ex} 278 nm) in the range of 290–450 nm by a spectrofluorimeter (RF-6000, Shimadzu).

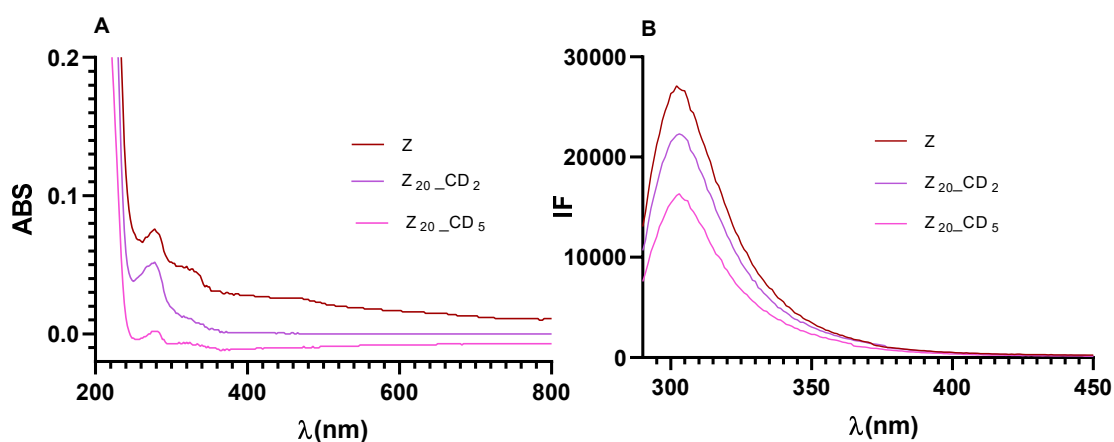


Figure S1. UV and emission spectra of hydroalcoholic solutions containing zein (20 $\mu\text{g/mL}$) and β CD (0, 2 and 5 $\mu\text{g/mL}$).

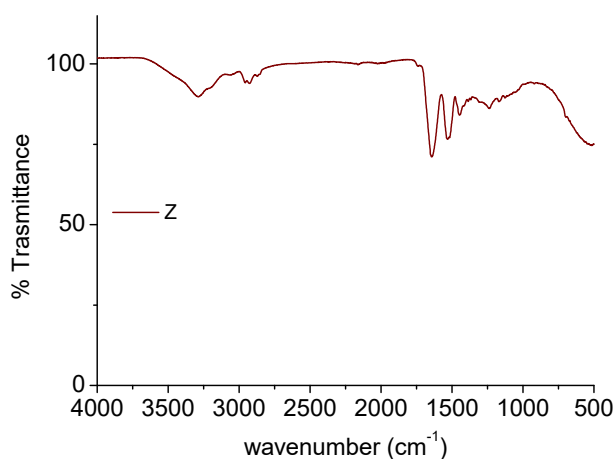


Figure S2. FTIR spectra of zein (raw material).

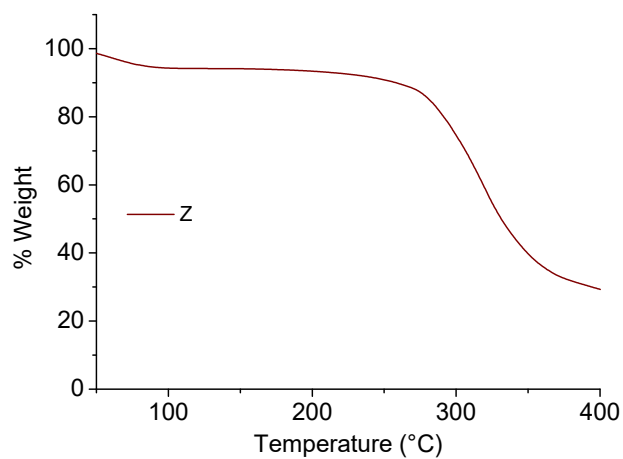


Figure S3. TGA thermograms of zein (raw material).

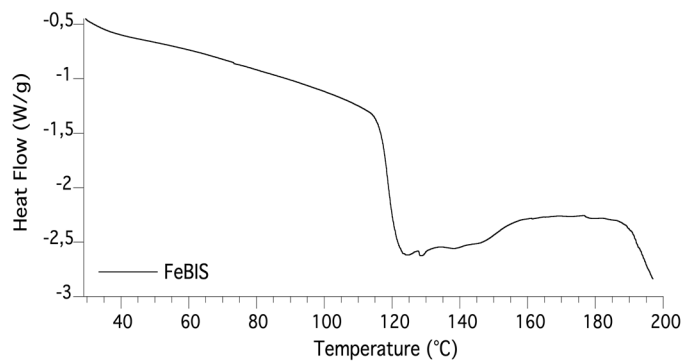
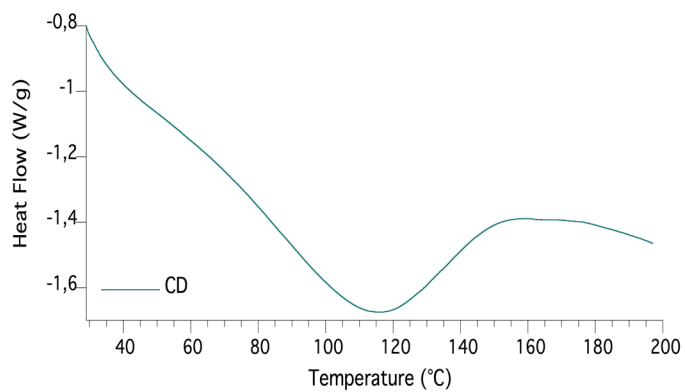
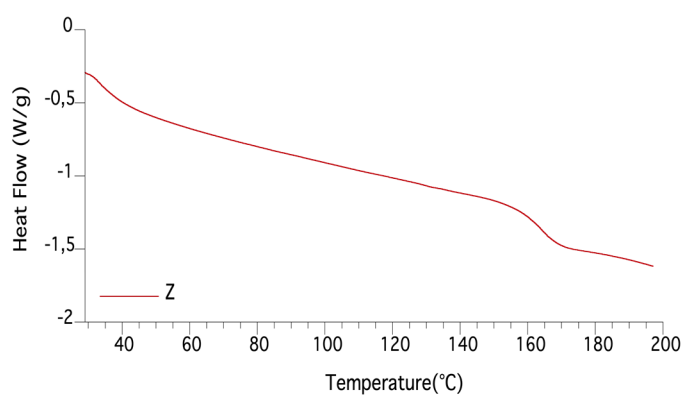


Figure S4. Second run thermograms of zein, β CD and FeBIS (raw materials). The transition observed in the thermogram of FeBIS is related to the incipit of degradation phenomena.

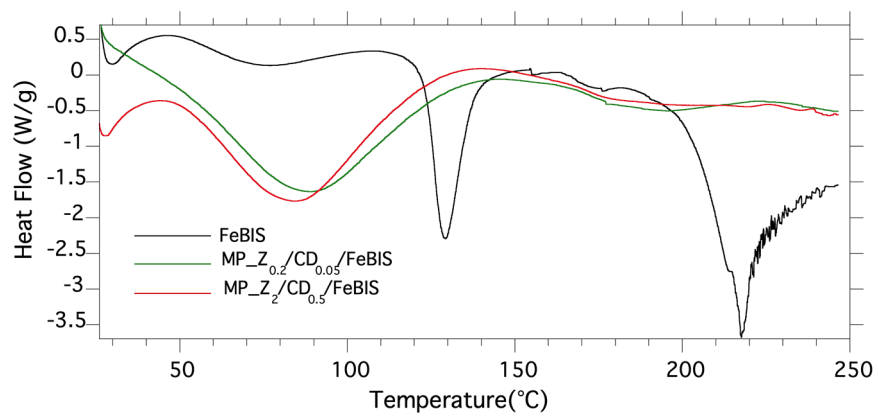


Figure S5. DSC profiles (first run) of FeBIS-loaded micropowders and raw FeBIS.