Application of Multiple Approaches to Investigate the Hydrochemistry Evolution of Groundwater in an Arid Region: Nomhon, Northwestern China

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Abstract: Groundwater is a critical water resource for human survival and economic development in arid and semi-arid areas. It is crucial to understand the groundwater circulation and hydrochemical evolution for sustainable management and utilization of groundwater resources in those areas. To this end, an investigation of the hydrochemical characteristics of surface water and groundwater was conducted in Nomhon, an arid area located in the Qaidam Basin, northwest China, by using hydrochemical (major and trace elements) and stable isotopes (δD and δ18O) approaches. Stable isotopes and ion ratios were analyzed to determine the recharge sources, hydrochemistry characteristics, and major hydrogeochemical processes. Meanwhile, inverse geochemistry modeling was applied to quantitatively determine the mass transfer of hydrogeochemical processes. The results showed that groundwater in the study area is mainly recharged by atmospheric precipitation in mountainous areas, and the groundwater in the center of basin might originate from ancient water in cold and humid environments. Along the groundwater flow path, the TDS of groundwater increased gradually from fresh to salty (ranging from 462.50 to 19,604.40 mg/L), and the hydrochemical type changed from Cl·HCO3–Na·Mg·Ca to Cl–Na. Groundwater chemical composition and mass balance modeling results indicated that from alluvial fan to lacustrine plain, the main hydrogeochemical processes changed from the dissolution of halite and albite and the precipitation of dolomite and kaolinite to the dissolution of halite and gypsum, precipitation of calcite, redox (SO42− reduction), and cation exchange. This study would be helpful for water resources management in this area and other similar areas.

Keywords: groundwater evolution; water–rock interaction; hydrogeochemical modeling; stable isotope

1. Introduction

Groundwater is an important water resource to agricultural irrigation, industry, and domestic water supplies in arid and semi-arid areas. Understanding the origin, conversion, and evolution of groundwater is critical to ensure sustainable use of this valuable water resource. It is of great significance to investigate the geochemistry evolution of groundwater in order to help understand the hydrogeology conditions and support groundwater sustainability. Hydrogeochemical processes (mineral dissolution or precipitation, ion exchange, and redox) have important effects on the
spatiotemporal distribution of groundwater chemistry [1–3], and different hydrogeochemical processes may occur in different hydrogeologic locations in natural systems [4]. Diversification of groundwater chemical compositions is mainly induced by the interactions between groundwater and aquifer minerals [5]. Groundwater chemistry compositions can be applied to infer the main water–rock interactions in hydrogeochemical evolution [6], which reveal the hydrogeochemical evolution, potential recharge source, and groundwater cycle [7], in addition to providing better cognition of groundwater quality and a foundation for the rational development and utilization of water resources [8–12].

Graphic methods and inverse geochemistry modeling are often used to determine geochemical evolution and hydrogeochemical processes which control groundwater chemistry compositions; combining the two methods could promote cognition of groundwater chemical evolution and dynamic changes in hydrogeological systems [13–15]. Inverse geochemical modeling is frequently applied to establish a hydrogeochemical evolution model for determining chemical reactions controlling groundwater chemistry and to quantitatively calculate mineral mass transfer from one site to another site on the same flow path [5,16]. Many studies have constructed inverse geochemical models to study groundwater chemical characteristics and determine dominant hydrogeochemical reactions that control groundwater chemical evolution [17–21].

As a closed and arid inland basin with abundant natural resources, Qaidam Basin has the characteristics of scarce rainfall and strong evaporation, and groundwater is a critical resource for human survival and economic development. In recent years, due to increased human activities, water shortage has been becoming an increasing concern for sustainable development in the Qaidam Basin. Many studies have identified groundwater hydrochemical characteristics, evolution, and groundwater circulation in the Qaidam area via different technical methods [22–26]. The present study area, the Nomhon area, is an important agricultural area of the Qaidam Basin. With the coverage of farmland and woodland being up to 15% of the total area, the region’s groundwater has become the lifeblood of nature, society, and the economy. In recent years, groundwater chemistry and isotopes (D, 18O, 3H, 14C) data were used to conduct preliminary research on groundwater recharge sources, hydrochemistry evolution, and groundwater circulation in the Nomhon area [25–29]. Previous studies emphasized the basic characteristics of groundwater qualitatively, lacking quantitative descriptions on chemistry variation and hydrogeochemical reactions along the flow path.

This study combines ion ratio diagrams (major elements, trace elements), hydrogeochemical diagrams (such as the Piper diagram), mineral mass equilibrium calculations, stable isotopes (D and 18O), and an inverse geochemical simulation (NETPATH) to achieve the following objectives: (1) determine the hydrochemical characteristics of the study area; (2) describe the groundwater chemical evolution along the flow path; and (3) give a quantitative explanation of hydrogeochemical processes controlling the groundwater chemical evolution.

2. Materials and Methods

2.1. Outline of Study Area

The study area (Nomhon area) is situated in southeastern Qaidam Basin and north of the Kunlun Mountains (36.04–36.90° N, 96.26–96.75° E) (Figure 1). The main river in this area is Nomhon River, the sixth largest river in Qaidam Basin, which is a principal source for domestic water and agricultural irrigation. It originates from the southern Burhanbukda Mountain and flows from south to north, then turns to west at the north of Nomhon Farm, and finally discharges into Huobuxun Terminal Lake. In the basin center are Qaidam River and Suringol River. Numerous streams intersect each other and form a petal-like watershed (Figure 1).
The study area belongs to an extremely arid climate in the middle temperate zone of the plateau, and the annual average air temperature is 4.8 °C with a gradual increase from the southern mountains to the northern basin center. Precipitation is scarce, and there is strong evaporation. The annual average evaporation is 1468.04 mm·y$^{-1}$, and the annual average precipitation is only about 40.0 mm·y$^{-1}$. However, the average annual precipitation in Burhanbuda Mountain reaches more than 300 mm.

2.2. Geological and Hydrogeological Settings

In the study area, the Quaternary strata are continuous and characterized by wide distribution area, large thickness, and complex genesis. From bottom to top, the strata are in the following order: Early Pleistocene (Q$_{p1}$), Middle Pleistocene (Q$_{p2}$), Late Pleistocene (Q$_{p3}$), and Holocene (Q$_{h}$). All of these are exposed in the research region. The topography of the research area is from piedmont alluvial fan through alluvial–lacustrine plain to lacustrine plain. In the study area, there are two faults and an arc-shaped uplift structure (Figure 2). The upper part of the southern arc-shaped uplift structure is alluvial–pluvial sediment of the upper Pleistocene with coarse grains, large thickness, loose structure, and rich water yield property; the lower part is the mid-Pleistocene ice-water stratum with high mud content and low water yield property. The stratum of the northern arc-shaped uplift structure is the alluvial–lacustrine sediment of Holocene to Middle Pleistocene, and the lithology is dominated by slit with a clay interlayer; the water yield property is poor. The arc-shaped uplift structure is a water-blocking structure composed of alluvial–lacustrine strata of the Lower Pleistocene, and the lithology primarily comprises cohesive soil, fine sand, and medium coarse sand.
In the piedmont alluvial–pluvial plain, a single large-thickness phreatic aquifer formed with a thickness of more than 100 m with rich groundwater, and the groundwater flow velocity is relatively high. The hydraulic gradient is about 5–10‰. The type of aquifer in the alluvial–lacustrine plain was changed from a single thick-layer aquifer to a multilayer aquifer with a 1–2‰ hydraulic gradient, and the water yield property and permeability became poor. The groundwater flow velocity is low and the water level rises relatively as shallow groundwater flows out of ground surface in the form of groups of springs. In the salt marsh area, the aquifers are multilayer confined ones and contain high-salinity groundwater. The thickness of a single layer varies from 2–3 m to tens of meters. In the study area, the groundwater is mainly recharged by precipitation and melted water from the southern mountain area and discharged by human pumping, evaporation, springs, and recharging rivers and lakes. The groundwater flows north at first, then turns to west in the basin center, and is finally discharged into Huobuxun Terminal Lake.

On the basis of terrain, sediment characteristics, and groundwater flow, the study region can be divided into four zones (Figure 1). Zone 1 is the Gobi Belt, where a single phreatic aquifer was distributed with relatively high permeability and deep water–level. Zone 2 is the fine soil plain area, which is the transitional area from a single aquifer to a multilayer aquifer, and the depth of the groundwater level becomes small; Zone 3 is a slightly inclined fine soil plain, and shallow groundwater overflows onto the surface; Zone 4 is a salt marsh area where multilayer aquifers are confined with saline groundwater.

2.3. Sampling and Analytical Method

For this research, 12 samples (3 river samples and 9 groundwater samples) were collected in August and September 2017 (Figure 1). The river samples mainly came from the Nomhon River, and the groundwater samples were taken in wells from the piedmont alluvial fan to the lacustrine plain. All water samples were collected after the field parameters were stable to eliminate the influence of stagnant water, and were filtered with a 0.45 μm polyethylene membrane filter after rinsing the sample bottles 3–4 times. Water samples for cations were acidified with concentrated nitric acid to make the pH < 2 and reserved in 500 mL polyethylene bottles. The samples were reserved in 500 mL bottles for anion analysis and in 50 mL bottles for stable isotope ($\delta^{18}$O and $\delta$D) analysis. All water samples were marked, sealed, and stored, and then sent to the laboratory for analysis as soon as possible after collection.
The hydrochemical data are listed in Table 1. The relative hydrochemical and isotopic compositions of all samples were measured (Na\(^+\), K\(^+\), Ca\(^{2+}\), Mg\(^{2+}\), Cl\(^-\), HCO\(_3^-\), SO\(_4^{2-}\), Br\(^-\), Sr\(^{2+}\), Si, Al\(^{3+}\), \(\delta^{18}\)O, and \(\delta^D\)) using standard methods at the Water Environment Monitoring Experiment Center of Hebei Province. Some parameters (pH, temperature, EC, TDS) were tested in situ using a portable multiparameter instrument (Manta 2) adjusted with a standard solution. Major elements (Na\(^+\), K\(^+\), Ca\(^{2+}\), Mg\(^{2+}\), Sr\(^{2+}\), Si, and Al\(^{3+}\)) were measured by ICP–OES, major anions (Cl\(^-\), SO\(_4^{2-}\), and Br\(^-\)) were tested for using ion chromatography (ICS-1100), and CO\(_3^{2-}\) and HCO\(_3^-\) were tested for using acid–base titration. The test accuracy for cations and anions (except HCO\(_3^-\)) was 0.01 mg/L, and the accuracy of HCO\(_3^-\) was 0.60 mg/L. The charge balance errors of all samples were less than 5%.

### Table 1. Hydrochemical data from the study area.

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<th>NR2</th>
<th>NR3</th>
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<td>3.50</td>
<td>3.50</td>
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<td>0.21</td>
<td>0.10</td>
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<td>−10.89</td>
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<th>NG9</th>
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<td>13.67</td>
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<td>8.35</td>
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<td>700.60</td>
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<td>31,620.00</td>
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<td>462.50</td>
<td>622.10</td>
<td>6515.20</td>
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<td>8.60</td>
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<td>81.10</td>
<td>164.20</td>
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<tr>
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<td>29.82</td>
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<td>1068.69</td>
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<td>17.69</td>
<td>7.00</td>
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<td>61.90</td>
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<tr>
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<td>0.020</td>
<td>0.018</td>
<td>0.017</td>
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<tr>
<td>Si (mg/L)</td>
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<td>9.07</td>
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<td>Br(^-) (mg/L)</td>
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<td>0.12</td>
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<tr>
<td>Sr(^{2+}) (mg/L)</td>
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<td>0.71</td>
<td>0.34</td>
<td>17.94</td>
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<tr>
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<tr>
<td>(\delta^{18})O (%)</td>
<td>−11.14</td>
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<td>−11.70</td>
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<td>−12.50</td>
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</tbody>
</table>

\(^1\) R: river; GW: groundwater. \(^2\) EC: electrical conductivity. \(^3\) n.a.: not analyzed.

The stable isotopes (\(\delta^{18}\)O and \(\delta^D\)) were tested using LGR-LWIA-24d (liquid-water isotope analyzer). The test data are expressed with respect to standard VSMOW (Vienna Standard Mean Ocean Water) in permil (%) \([30]\). The analytical precisions of \(\delta^D\) and \(\delta^{18}\)O were 0.28‰ and 0.03‰, respectively, and tests were repeated to ensure the accuracy of the data.
2.4. Inverse Geochemistry Modeling

Inverse geochemical modeling is one of the most popular simulation methods and has been widely put into use in various groundwater studies, such as establishing hydrogeochemical evolution models to determine chemical reactions that control groundwater chemistry, and quantitatively calculating mineral mass transfer from one point to another point on the same flow path [5,16,20]. NETPATH is a useful inverse geochemistry modeling software product coupling a speciation calculation model with a geochemical mass balance model to determine possible reactions based on constraints (dissolved elements) and phases (dissolved/precipitated minerals). The technology builds a geochemical reaction model to determine the net geochemical mass balance reactions that occur between two points along the flow direction [31,32]. NETPATH is often used to quantitatively determine hydrogeochemical evolution [15,33–35].

The mass balance conceptual model can be represented as follows [36]:

$$\sum_{j=1}^{n} a_{ij}x_j = b_j.$$  

Here, $a_{ij}$ is the atomic figure of element $i$ in mineral $j$, $x_j$ is the molar figure of minerals or gases that dissolve or precipitate (degas) in solution, and $b_j$ expresses the augment of element $i$ from one site to another site. If the values are greater than 1, this indicates that minerals or gas dissolve; otherwise, precipitation or outgassing occurs.

3. Results and Discussion

3.1. Hydrogen and Oxygen Isotopes

For determining groundwater origin, stable isotopes (D, $^{18}$O) are very appropriate tracers and are extensively used to study the circulation of natural water bodies [37]. The δ-D and δ$^{18}$O are used to obtain the climate and geographical information when the groundwater was recharged. The δ-D has a negative correlation with humidity, and it can be greater than 10 at low humidity and less than 10 at high humidity [38,39]. Most water samples were concentrated near the local meteoric water line (LMWL: $\delta^D = 7.862 \delta^{18}O + 11.05$ [27]) (Figure 3), indicating that most water in the study area was derived from atmospheric precipitation, which is recharged in southern mountainous areas (average annual rainfall over 300 mm), rather than by local rainfall (average annual rainfall <50 mm).

![Figure 3. The relationship between δ-D and δ$^{18}$O in the study area. 1. River, 2. Groundwater in Zone 2, 3. Groundwater in Zone 3, 4. Groundwater in Zone 4.](image-url)
The $\delta^{18}O$ of the river is from $-10.89$ to $-10.73\%_o$ with a mean of $-10.83\%_o$, and the $\delta D$ is from $-73.95$ to $-70.55\%_o$ with an average of $-72.69\%_o$. Along the flow direction, the $\delta D$ and $\delta^{18}O$ of the groundwater show a decreasing trend. The $\delta^{18}O$ of groundwater in Zone 2 is from $-11.66$ to $-10.62\%_o$ with an average value of $-11.13\%_o$, and the $\delta D$ is from $-77.67$ to $-73.91\%_o$ with an average of $-75.46\%_o$, the d-excess is from 10.94 to 15.29\%o. The $\delta^{18}O$ and $\delta D$ of the groundwater in middle Zone 2 are close to that of the surface water in Zone 1 and located at the lower left of the surface water samples, indicating that the groundwater was likely recharged by lateral runoff and the Nomhon River. The groundwater samples in Zone 3 are from springs and artesian wells, and they have a $\delta^{18}O$ of $-12.38$ to $-11.7\%_o$ with an average of $-12.04\%_o$ and a $\delta D$ of $-85.22$ to $-80.91\%_o$ with an average of $-83.06\%_o$. Compared to Zone 2, the $\delta D$ and $\delta^{18}O$ here are more depleted, and the d-excess is from 12.69 to 13.82\%o, and the age of the groundwater is about 5–10 ka [40]. This indicates that the groundwater might originate from high-altitude areas far from the vapor source in a dry and cold climate. The $\delta^{18}O$ and $\delta D$ of the deep groundwater samples in Zone 4 are the most negative, $\delta^{18}O$ is from $-12.50$ to $-11.90\%_o$ with an average of $-12.20\%_o$, and $\delta D$ is $-92.00\%_o$. These are located at the lower right of the global meteoric water line (GMWL). The d-excess is from 3 to 8\%o and the age of groundwater is 17–28 ka [40], indicating that the groundwater might be recharged by ancient water in cold and moist paleoclimatic conditions [39], and $^{18}O$ enrichment occurred due to long-term water–rock interaction in a closed environment.

3.2. Hydrochemistry Characteristics

In the study area, the pH of groundwater samples is between 7.21 and 8.31 with an average of 8.00, suggesting that the groundwater is neutral to weakly alkaline. TDS varied from 462.50 to 19,604.40 mg/L with a mean of 3344.03 mg/L, EC varied from 700.60 to 31,620.00 µs/cm with a mean of 5427.36 µs/cm (Table 1), and the TDS of the groundwater in the arc-shaped uplift structure was relatively low, probably due to the influence of deep low-salinity groundwater.

Along the groundwater flow path, a suite of water–rock interactions could take place in the aquifers. Groundwater hydrochemical trends provide important clues for the understanding of hydrogeochemical processes, and groundwater chemistry types can be indicative of groundwater hydrochemical evolution [41]. The Piper diagram [42] is often used to determine the main compositions and hydrochemical types of groundwater (Figure 4).

For groundwater in Zone 2, the percentages of Na\(^+\), Ca\(^{2+}\), Mg\(^{2+}\), Cl\(^-\) and HCO\(_3^-\) are greater than 25\%, and the major ions are in the follow order: Na\(^+\) > Ca\(^{2+}\) > Mg\(^{2+}\) and Cl\(^-\) > HCO\(_3^-\). In Zone 3, only Na\(^+\), Cl\(^-\), and HCO\(_3^-\) are the dominant ions, with average proportions of 63.52\%, 37.96\%, and 43.56\%, respectively. In Zone 4, Na\(^+\) and Cl\(^-\) are the main ions—about 70.00\% and 96.00\%, respectively. From Zone 2 to Zone 4, the hydrochemical type of the groundwater changed from Cl·HCO\(_3^-\)·Na through Cl·HCO\(_3^-\)·Na and HCO\(_3^-\)·Cl·Na to Cl·Na, which is mainly related to the water–rock interactions, geological structure, and basin sedimentary characteristics.

It is crucial to investigate variations in major components (Figure 5) along the flow direction to better understand the effect of water–rock interactions. As can be seen from Figure 5, different trends in ions were observed in different zones along the flow path. In Zone 2, the concentrations of Na\(^+\) and Cl\(^-\) were relatively stable, Ca\(^{2+}\) and Mg\(^{2+}\) showed a slight decreasing tendency, and HCO\(_3^-\) increased at first and then decreased, suggesting that ionic exchange and the dissolution of Na silicates like albite could occur in the zone. Variation trends changed after entering into Zone 3: Na\(^+\), Cl\(^-\), and HCO\(_3^-\) concentrations show increasing trends, and the increasing rate of Na\(^+\) is greater than that of Cl\(^-\); however, both Ca\(^{2+}\) and Mg\(^{2+}\) decline. The possible reasons leading to those variations may be ionic exchange and the dissolution of halite and Na silicate. From Zone 3 to Zone 4, except for SO\(_4^{2-}\), major ions increase rapidly. Increasing trends in Na\(^+\), Cl\(^-\), Ca\(^{2+}\), and Mg\(^{2+}\) are observed when HCO\(_3^-\) and SO\(_4^{2-}\) decrease in Zone 4 along the flow path. Moreover, the order of ionic rising rates is Cl\(^-\) > Na\(^+\) > Ca\(^{2+}\) > Mg\(^{2+}\); therefore, it can be inferred that the halite dissolution, cation exchange, the precipitation of carbonate, and redox are primary water–rock interactions resulting in the variation of ions.

Figure 5. Variation of major ion components in the groundwater along flow path A–A’ in the Figure 1 ((a–e) and (f–h) represent relative distance vs. Na\(^+\), Ca\(^{2+}\), Mg\(^{2+}\), HCO\(_3^-\), Cl\(^-\) and SO\(_4^{2-}\), respectively).
3.3. Hydrogeochemical Processes

3.3.1. Thermodynamic Stability

The stability diagrams of silicate minerals contribute to thermodynamic studies and are often used to determine the equilibrium extent of water–rock interaction [43,44]. The relationships between Ca\(^{2+}/\text{H}^+\), Mg\(^{2+}/\text{H}^+\), Na\(^+\)/H\(^+\), K\(^+\)/H\(^+\), and H\(_4\)SiO\(_4\) (Figure 6) were employed to determine the equilibrium of groundwater with aluminosilicate minerals in the study area.

As shown in Figure 6, all the water points in Zone 2 and Zone 3 fall in the kaolinite (Figure 6a,c,d) and Na montmorillonite stable fields (Figure 6b), which suggest that primary silicate minerals like albite, anorthite, and chlorite should tend to dissolve and convert to secondary minerals in groundwater flow systems. However, the points (NG8, NG9) in Zone 4 are located in the montmorillonite (Figure 6c,d) and albite (Figure 6b) areas, indicating that albite should be in equilibrium with groundwater. The silicate minerals have changed along the flow path of the groundwater, indicating the degrees of water–rock interactions and residence time. All samples are on the right of the quartz line, suggesting that the quartz is saturated and in a relatively equilibrium state with the groundwater, and the SiO\(_2\) may be derived from amorphous silica [45]. The results showed that the degree of water–rock interaction and residence time increased gradually from the Gobi Belt to the basin center.

![Figure 6. Stability field diagrams of aluminosilicate mineral (a) in K\(_2\)O-Al\(_2\)O\(_3\)-SiO\(_2\)-H\(_2\)O system (b) in Na\(_2\)O-Al\(_2\)O\(_3\)-SiO\(_2\)-H\(_2\)O system (c) in CaO-Al\(_2\)O\(_3\)-SiO\(_2\)-H\(_2\)O system (d) in MgO-Al\(_2\)O\(_3\)-SiO\(_2\)-H\(_2\)O system.](image)

3.3.2. Dissolution and Precipitation

The dissolved components in groundwater do not exist independently, their interrelationships can explain the sources of solutes and the processes controlling groundwater chemical composition [46]. For the purpose of understanding and illustrating the hydrogeochemical processes, different major ions’ interrelationships were studied (Figure 7).
Cl\textsuperscript− is characterized by high solubility and mobility and was often applied as an indicative element in water–rock interaction research. The relationship between Na\textsuperscript+ and Cl\textsuperscript− has been commonly applied to discern the source of salinity in arid and semi-arid areas. The points will be located on the line 1:1 due to halite dissolution, whereas if the points are above or below the line 1:1, the most common explanation is that the Na\textsuperscript+ is derived from Na silicate or ionic exchange [47]. As can be seen from Figure 7a, most points are close to the line 1:1, showing that the Na\textsuperscript+ and Cl\textsuperscript− in the groundwater are mainly derived from halite dissolution as expressed by Equation (2). The saturation indices of halite are much less than 0 (SI = −6.94~−2.95), and it is unsaturated with strong dissolution potential and easily enters groundwater. The data points in Zone 3 are mainly located below the equivalence line, especially NG7, so it is considered that the Na\textsuperscript+ is released from a Na-silicate dissolution (Equation (3)) and positive cation exchange reactions (Equation (4)). Moreover, in the southern mountain of the study area, granite is extensively spread, so the Na\textsuperscript+ is in all probability produced by aluminosilicate dissolution. Nevertheless, the sectional water samples in Zone 2 and Zone 4 lie above the line 1:1, which is possibly due to reverse cation exchange process (Equation (5)).

The ions with the second highest concentrations are Ca\textsuperscript2+ and Mg\textsuperscript2+, which are second only to Na\textsuperscript+. The relationships between (Ca\textsuperscript2+ + Mg\textsuperscript2+) vs. (SO\textsubscript{4}\textsuperscript{2−} + HCO\textsubscript{3}−) (c) (Ca\textsuperscript2+ + Mg\textsuperscript2+) vs. HCO\textsubscript{3}− (d) Ca\textsuperscript2+ vs. SO\textsubscript{4}2−. 

The ions with the second highest concentrations are Ca\textsuperscript2+ and Mg\textsuperscript2+, which are second only to Na\textsuperscript+.
significantly change with increasing Ca\(^{2+}\) + Mg\(^{2+}\), and the SO\(_4^{2-}\) concentrations of the groundwater are relatively low (0.53 and 0.15 mmol/L for NG8, NG9, respectively), which may be due to SO\(_4^{2-}\) reduction (Equation (7)). There are generally two causes of sulfate decrease: gypsum precipitation and sulfate reduction. The water samples in the basin center (NG8 and NG9) are from deep groundwater, and the ORP (oxidation reduction potential) values of the groundwater for these samples are −188 and −106, respectively, indicating that the groundwater is in a reducing environment. The strata contain a peat layer and humus, and there are continuous bubbles emerging at the sampling site. Therefore, the reduction of SO\(_4^{2-}\) was deduced as the reason for the decrease of SO\(_4^{2-}\) in the groundwater. From what has been discussed above, the dissolution/precipitation of halite, calcite, dolomite, gypsum, and albite and redox are vital for the formation of groundwater chemical compositions.

\[
\text{NaCl} \rightarrow \text{Na}^+ + \text{Cl}^- \quad (2)
\]
\[
2\text{NaAlSi}_3\text{O}_8 + 2\text{CO}_2 + 11\text{H}_2\text{O} \rightarrow \text{Al}_2\text{Si}_2\text{O}_5(\text{OH})_4 + 4\text{H}_4\text{SiO}_4 + 2\text{Na}^+ + 2\text{HCO}_3^- \quad (3)
\]
\[
2\text{NaX} + \text{Ca}^{2+} (\text{Mg}^{2+}) \rightarrow \text{CaX}_2 (\text{MgX}_2) + 2\text{Na}^+ \quad (4)
\]
\[
2\text{Na}^+ + \text{CaX}_2 (\text{MgX}_2) \rightarrow 2\text{NaX} + \text{Ca}^{2+} (\text{Mg}^{2+}) \quad (5)
\]
\[
\text{CaSO}_4 \rightarrow \text{Ca}^{2+} + \text{SO}_4^{2-} \quad (6)
\]
\[
\text{SO}_4^{2-} + 2\text{C} + \text{H}_2\text{O} \rightarrow \text{H}_2\text{S} + 2\text{HCO}_3^- \quad (7)
\]

3.3.3. Cation Exchange

Cation exchange is a vital natural reaction in groundwater hydrochemical evolution [49]. For the sake of determining the effect of ion exchange in groundwater evolution, two exchange indices named chloro-alkali indices were proposed, and the expressions are as follows [50]:

\[
\text{CAI} - 1 = \frac{\text{Cl}^- - (\text{Na}^+ + \text{K}^+)}{\text{Cl}^-} \quad (8)
\]
\[
\text{CAI} - 2 = \frac{\text{Cl}^- - (\text{Na}^+ + \text{K}^+)}{\text{HCO}_3^- + \text{SO}_4^{2-} + \text{CO}_3^{2-} + \text{NO}_3^-}. \quad (9)
\]

The unit of ion concentrations is meq/L. When both indices are less than 0, positive cation exchange occurs; if both indices are positive, reverse cation exchange occurs. In addition, the diagram of (Na\(^+\) + K\(^+\) − Cl\(^-\)) vs. [(Ca\(^{2+}\) + Mg\(^{2+}\) − (HCO\(_3^-\) + SO\(_4^{2-}\))] has also often been used to study cation exchange [51,52]. If the slope of Na\(^+\) + K\(^+\) − Cl\(^-\) vs. (Ca\(^{2+}\) + Mg\(^{2+}\) − (HCO\(_3^-\) + SO\(_4^{2-}\)) is −1, cation exchange happens [53]. In this study, all water samples were located near the line with a slope of −1, suggesting that cation exchange extensively occurs in this study area (Figure 8b). The two chlor-alkali indices (Figure 8a) indicate that there are both positive and reverse cation exchange in the study area. The aquifer sediments are medium sand, mid-fine sand, and fine sand with an increase of clay mineral contents along the flow path. The chlor-alkali indices of the groundwater in Zone 4 are far greater than 0, indicating that there is strong reverse cation exchange in this area. The dissolution of halite leads to an increase in Na\(^+\) which could replace Ca\(^{2+}\) and Mg\(^{2+}\) on the surface of aquifer materials. This can lead to an increase of Ca\(^{2+}\) and Mg\(^{2+}\). This result is consistent with that of Xiao et al. (2017) [26].
Figure 8. Plot of cation exchange (a) CAI-1 vs. CAI-2 (b) (Na+ + K+ − Cl−) vs. [(Ca2+ + Mg2+) − (HCO3− + SO42−)].

3.3.4. Evaporation

The study area belongs to an arid area, and evaporation has a certain influence on the formation and evolution of groundwater chemistry. Previous studies concluded that evaporation played an important role in groundwater chemical compositions in the study area [25, 28]. To investigate the high Cl− concentrations of the groundwater, the diagram of δ18O vs. Cl− was used in the present study (Figure 9a). Halite dissolution can result in horizontal lines in the diagram and merely increase the TDS without variation in 18O. It can be inferred from the plot that evaporation may not exist in the flow path from Zone 3 to Zone 4. Br−/Cl− is an important tracer for determining geochemical processes and is commonly used to discern the difference between evaporative crystallization and other effects, such as dissolution of halite, which results in the increase of salinity. Br−/Cl− is of great significance for identifying the source of salt and will decrease with the increase of Cl− due to the dissolution of halite [54–56]. The Br−/Cl− of halite is generally between 0.10 and 1.00‰ [57–59]. The Br−/Cl− value of groundwater in our study area is 0.11–0.70‰ (Figure 9b), indicating that the source of Cl− in the entire study area is primarily halite dissolution without obvious evaporation; this is not completely consistent with previous results.

Figure 9. Plot of δ18O vs. TDS (a) and Br/Cl vs. Cl− (b) in groundwater.

3.3.5. Strontium Signature in Groundwater

Sr2+ is an alkaline element associated with Ca2+ [60], and it can be applied to determine sulfate sources in groundwater [61]. In order to ascertain the source of SO42−, the relationships of Sr2+ vs. Ca2+ and Sr2+ vs. SO42− were used in the study (Figure 10). They show that the correlation between
Sr\(^{2+}\) and Ca\(^{2+}\) was very good in three zones; however, the correlation between Sr\(^{2+}\) and SO\(_{4}\)\(^{2-}\) was more complex. It seemed to be a good correlation in Zone 2, but a poor correlation in Zone 3 and Zone 4 (Figure 10b), where the concentration of Sr\(^{2+}\) increased with either increase or decrease of SO\(_{4}\)\(^{2-}\), indicating that gypsum dissolution and redox of SO\(_{4}\)\(^{2-}\) might be the main factors controlling the SO\(_{4}\)\(^{2-}\) concentration. The different hydrochemical characteristics of the groundwater may reflect the complicated water–rock interactions in the zones of the study region.

![Figure 10. Plot of Sr concentration with Ca\(^{2+}\) (a) and SO\(_{4}\)\(^{2-}\) (b) in groundwater.](image)

3.4. Hydrogeochemical Modeling

Inverse geochemical modeling can determine the main water–rock interactions in the hydrogeochemical evolution processes based on variations in groundwater chemical composition; these, in turn, can explain the hydrogeochemical evolution and reveal potential sources and the cycle of groundwater [6,7]. NETPATH [31,62] was used to quantitatively simulate the reactions that might occur during the groundwater chemical evolution in the study area. The simulation route selected was NG5 \(\rightarrow\) NG7 \(\rightarrow\) NG8 \(\rightarrow\) NG9.

3.4.1. Possible Mineral Phases and Constraints

The selection of possible minerals is a key factor in the accuracy of inverse geochemical simulations and is mainly based on hydrogeochemical analysis, lithology and mineral constituents, and features of aquifers [63,64].

Based on the results discussed above, possible mineral phases in the simulation processes were determined. Possible minerals are halite, gypsum, dolomite, calcite, albite, chlorite, anorthite, kaolinite, and SiO\(_2\). During the hydrochemical evolution process, cation exchange is essential and should be included in modeling [4]. However, the groundwater system in Zone 2 is an open system, so CO\(_2\) was selected (log pCO\(_2\) from -2.54 to -3.14). In Zone 4, the groundwater is deep water and shows a reducing environment, so CH\(_2\)O and H\(_2\)S were also selected as possible phases in the simulation. According to the saturation indices (Table 2), the halite and gypsum are only dissolved, and calcite and dolomite tend to precipitate. The constraints confine the maximum number and species of phases contained in mass balance modeling [15]. According to the relevant data of this study, the constraints were set as Ca, Mg, Na, S, Cl, Si, C, and Al in the simulation.
Table 2. Mineral saturation index in groundwater.

<table>
<thead>
<tr>
<th>Site No.</th>
<th>NG1</th>
<th>NG2</th>
<th>NG3</th>
<th>NG4</th>
<th>NG5</th>
<th>NG6</th>
<th>NG7</th>
<th>NG8</th>
<th>NG9</th>
</tr>
</thead>
<tbody>
<tr>
<td>Si_{calcite}</td>
<td>0.22</td>
<td>−0.09</td>
<td>0.20</td>
<td>0.62</td>
<td>0.11</td>
<td>0.06</td>
<td>0.21</td>
<td>0.98</td>
<td>0.64</td>
</tr>
<tr>
<td>Si_{dolomite}</td>
<td>0.61</td>
<td>−0.24</td>
<td>0.32</td>
<td>1.20</td>
<td>0.09</td>
<td>0.04</td>
<td>0.30</td>
<td>1.81</td>
<td>1.20</td>
</tr>
<tr>
<td>Si_{gypsum}</td>
<td>−2.31</td>
<td>−2.28</td>
<td>−2.26</td>
<td>−1.87</td>
<td>−2.4</td>
<td>−2.54</td>
<td>−2.97</td>
<td>−2.24</td>
<td>−2.68</td>
</tr>
<tr>
<td>Si_{halite}</td>
<td>−6.57</td>
<td>−6.46</td>
<td>−6.52</td>
<td>−6.54</td>
<td>−6.76</td>
<td>−6.66</td>
<td>−6.28</td>
<td>−3.87</td>
<td>−2.95</td>
</tr>
<tr>
<td>Si_{anorthite}</td>
<td>−3.07</td>
<td>−2.38</td>
<td>−2.45</td>
<td>−2.58</td>
<td>−2.52</td>
<td>−2.95</td>
<td>−3.67</td>
<td>1.54</td>
<td>2.00</td>
</tr>
<tr>
<td>Si_{SiO2}</td>
<td>0.29</td>
<td>0.52</td>
<td>0.50</td>
<td>0.48</td>
<td>0.50</td>
<td>0.49</td>
<td>0.37</td>
<td>0.11</td>
<td>1.23</td>
</tr>
<tr>
<td>Si_{kaolinite}</td>
<td>2.97</td>
<td>5.30</td>
<td>4.65</td>
<td>3.51</td>
<td>4.57</td>
<td>3.8</td>
<td>2.89</td>
<td>7.75</td>
<td>8.98</td>
</tr>
</tbody>
</table>

3.4.2. Results of Inverse Modeling

The results of the mass balance simulation are listed in Table 3.

Table 3. Mineral transfer amount (unit: mmol/L).

<table>
<thead>
<tr>
<th>Path</th>
<th>NG5–NG7</th>
<th>NG7–NG8</th>
<th>NG8–NG9</th>
</tr>
</thead>
<tbody>
<tr>
<td>NaCl</td>
<td>0.485</td>
<td>104.886</td>
<td>243.195</td>
</tr>
<tr>
<td>Calcite</td>
<td>−</td>
<td>−16.541</td>
<td>−6.745</td>
</tr>
<tr>
<td>Dolomite</td>
<td>−0.728</td>
<td>−</td>
<td>−2.575</td>
</tr>
<tr>
<td>Gypsum</td>
<td>−</td>
<td>9.540</td>
<td>5.633</td>
</tr>
<tr>
<td>Albite</td>
<td>3.894</td>
<td>−</td>
<td>−</td>
</tr>
<tr>
<td>Anorthite</td>
<td>−</td>
<td>−</td>
<td>0.004</td>
</tr>
<tr>
<td>Chlorite</td>
<td>−</td>
<td>1.156</td>
<td>−</td>
</tr>
<tr>
<td>Kaolinite</td>
<td>−5.853</td>
<td>−</td>
<td>−</td>
</tr>
<tr>
<td>SiO2</td>
<td>−</td>
<td>−3.407</td>
<td>−0.004</td>
</tr>
<tr>
<td>CH2O</td>
<td>−</td>
<td>19.552</td>
<td>12.014</td>
</tr>
<tr>
<td>H2S</td>
<td>−0.117</td>
<td>−9.776</td>
<td>−6.007</td>
</tr>
<tr>
<td>CO2</td>
<td>2.677</td>
<td>−</td>
<td>−</td>
</tr>
<tr>
<td>Exchange</td>
<td>0.024</td>
<td>−14.851</td>
<td>−39.662</td>
</tr>
</tbody>
</table>

– data not available.

From the alluvial fan to the alluvial–lacustrine plain, the dominant reactions causing variation in groundwater chemical compositions are the dissolution of halite, albite, and CO\textsubscript{2}; the precipitation of dolomite and kaolinite; SO\textsubscript{4}\textsuperscript{2−} reduction (H\textsubscript{2}S); and positive cation exchange. Shallow groundwater is in an open system, so CO\textsubscript{2} can be continuously input into the groundwater to result in the dissolution of albite, which is the major factor controlling Na\textsuperscript{+}. Dissolution of halite also produces Na\textsuperscript{+} and Cl\textsuperscript{−} which enter the groundwater continuously. Ca\textsuperscript{2+} and Mg\textsuperscript{2+} are dominated by the precipitation of dolomite. Due to increasing Na\textsuperscript{+} and Cl\textsuperscript{−} and decreasing Ca\textsuperscript{2+} and Mg\textsuperscript{2+}, the water type varies from Cl–HCO\textsubscript{3}–Na·Ca·Mg to Cl·HCO\textsubscript{3}–Na.

From the alluvial–lacustrine plain to the lacustrine plain, the groundwater is affected by the dissolution of halite, gypsum, and chlorite; precipitation of calcite and SiO\textsubscript{2}; redox (SO\textsubscript{4}\textsuperscript{2−} reduction); and inverse cation exchange. Halite dissolution and inverse cation exchange control Na\textsuperscript{+}, while Ca\textsuperscript{2+} and Mg\textsuperscript{2+} are dominated by inverse cation exchange, gypsum dissolution, and calcite precipitation. Halite dissolution produces Na\textsuperscript{+} and Cl\textsuperscript{−} which enter the groundwater continuously, and with increasing Na\textsuperscript{+}, clay minerals adsorb Na\textsuperscript{+} and release Ca\textsuperscript{2+} and Mg\textsuperscript{2+}. Therefore, the concentration of Na\textsuperscript{+} is lower than that of Cl\textsuperscript{−}, and those of Ca\textsuperscript{2+} and Mg\textsuperscript{2+} keep increasing. In addition, as deep groundwater is in a reduced state, redox occurs and SO\textsubscript{4}\textsuperscript{2−} is reduced to H\textsubscript{2}S. Due to the hydrogeochemical reactions, the water type changes into Cl–Na. Finally, when the groundwater migrates to the basin center, the hydrochemistry compositions are controlled by the dissolution of halite and gypsum, precipitation of calcite and dolomite, redox (SO\textsubscript{4}\textsuperscript{2−} reduction), and inverse cation exchange. The dissolution of halite and inverse cation exchange reactions are enhanced, and others
become weak. The reactions along the flow path can be represented by the following equations (unit: mmol/L):

\[
\begin{align*}
\text{NG5} + 0.485 \text{NaCl} + 3.894 \text{albite} + 2.677 \text{CO}_2 + 0.024 \text{exchange} - 5.853 \text{kaolinite} - 0.728 \\
\text{dolomite} - 0.117 \text{H}_2\text{S} &= \text{NG7} \\
\text{NG7} + 104.886 \text{NaCl} + 9.540 \text{gypsum} + 1.156 \text{chlorite} + 19.552 \text{CH}_2\text{O} - 16.543 \text{calcite} - \\
9.776 \text{H}_2\text{S} - 3.407 \text{SiO}_2 - 14.851 \text{exchange} &= \text{NG8} \\
\text{NG8} + 243.195 \text{NaCl} + 1.32917 \text{chlorite} + 6.378 \text{gypsum} + 12.014 \text{CH}_2\text{O} - 6.745 \text{calcite} - \\
2.575 \text{dolomite} - 6.007 \text{H}_2\text{S} - 0.004 \text{SiO}_2 - 39.662 \text{exchange} &= \text{NG9}.
\end{align*}
\]

In summary, different zones have different hydrogeological conditions and different hydrogeochemical processes which likely dominate the groundwater chemical compositions. Though the calculations of mineral mass transfer vary with the choice of possible minerals [65], hydrogeochemical simulations have quantified the degree of influence of each hydrogeochemical process on the groundwater chemical evolution.

4. Conclusions

This study combined hydrogeochemical methods with geochemical modeling in an attempt to investigate the hydrogeochemical processes in the Nomhon area, northwest China. The following main conclusions can be drawn:

Stable isotopes (D and $^{18}$O) suggested that the groundwater in the study area originates primarily from atmospheric precipitation in the south mountainous areas, while the groundwater in the basin center was likely supplied by ancient water in cold and humid environments. Along the groundwater flow path, the TDS of the groundwater gradually increased from fresh to salty (462.50–19,604.40 mg/L), and the groundwater was from neutral to weakly alkaline. The concentrations of most major ions showed an increasing tendency and reached the maximum amount in the lacustrine plain, whereas $\text{SO}_4^{2-}$ exhibited a decreasing trend because of reduction reactions. On the basis of $^{18}$O, $\text{Cl}^-$, and $\text{Br}^-$, groundwater chemical variations were due to mineral dissolution/precipitation rather than evaporation. The hydrochemical type changed from $\text{Cl} \cdot \text{HCO}_3^\cdot \text{Na} \cdot \text{Mg} \cdot \text{Ca}$ in the alluvial fan, to $\text{HCO}_3^\cdot \text{Cl} \cdot \text{Na}$ and $\text{Cl} \cdot \text{HCO}_3^\cdot \text{Na}$ in the alluvial–lacustrine plain, and finally to $\text{Cl} \cdot \text{Na}$ in the lacustrine plain. Ion relationship analysis suggested that mineral dissolution or precipitation, cation exchange, and redox are the major factors controlling the hydrochemistry. The mass balance modeling quantitatively revealed the predominant hydrogeochemical processes. This study enhanced understanding of the hydrochemical processes in the arid region and could be of use in the sustainable development and utilization of groundwater resources and could provide a reference for water resource research in other arid regions.

**Author Contributions:** G.W. devised the research; Z.S. contributed to the methods; D.Z., N.Y., W.J., L.G. and F.L. carried out the field work and data collection; N.Y. analyzed the data and prepared the manuscript draft; G.W., P.Z. and D.Z. modified this paper. All authors read and approved the final manuscript.

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**Conflicts of Interest:** The authors declare no conflict of interest.

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