Effects of Climate Change and Flow Regulation on the Flow Characteristics of a Low-Relief River within Southern Boreal Climate Area

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Abstract: We investigated how hydro-climatological changes would affect fluvial forces and inundated area during a typical high-flow situation (MHQ, mean high discharge), and how adaptive regulation could attenuate the climate change impacts in a low-relief river of the Southern Boreal climate area. We used hydrologically modeled data as input for 2D hydraulic modeling. Our results show that, even though the MHQ will increase in the future (2050–2079), the erosional power of the flow will decrease on the study area. This can be attributed to the change of timing in floods from spring to autumn and winter, when the sea levels during flood peaks is higher, causing backwater effect. Even though the mean depth will not increase notably (from 1.14 m to 1.25 m) during MHQ, compared to the control period (1985–2014), the inundated area will expand by 15% due to the flat terrain. The increase in flooding may be restrained by adaptive regulations: strategies favoring ecologically sustainable and recreationally desirable lake water levels were modeled. The demands of environment, society, and hydropower are not necessarily contradictory in terms of climate change adaptation, and regulation could provide an adaptive practice in the areas of increased flooding.

Keywords: climate change; stream erosion; flood risk; hydraulic modeling; regulated rivers

1. Introduction

Approximately two third of the world’s fresh water flowing into the oceans is obstructed by dams [1–3]. Flow regulation directly and indirectly affects the ecosystem structures and processes, as well as the human watershed activity. Usually regulation causes less variable flows in the rivers downstream and increasing fluctuation of water levels in the reservoirs behind the dams [2,4]. Channel erosion and ecosystem impacts resulting from sediment starvation have been recorded downstream of dams [5–12]. The water volume increase upstream of a dam may cause inundation of terrestrial and riparian areas, affecting the riparian ecosystems [2,9,13].

Downstream of a dam, the flood peaks and the frequency of overbank flooding as well as the groundwater formation are reduced [3]. This may hinder channel development, and reduce geomorphologic and floodplain productivity [13]. Low-altitude areas are generally more sensitive to water regulation than high-altitude areas because the terrain is flatter and small alterations in flow may affect vast areas [3]. In the Southern Boreal climate area, flow regulation may increase winter stream flow and temperatures, reduce ice formation and surface ice cover downstream of power plant [14], and thereby increase ice dam formation probability [5,15].
Climate change is expected to alter hydrological cycle and affect hydropower generation with fluctuations in power generation capacity projected in different parts of the world [16,17]. Seasonal changes can be significant in snow-dominated regions [18]. With changes in discharge and snowmelt conditions, climate change may also affect the transport of suspended sediments and change the intensity of erosion [19,20]. However, the uncertainties involved with different emission scenarios, climate models and hydrological models remain large [21–23]. The projected impacts of climate change on hydrology are non-uniform, even within relatively small regions, such as Finland, where the hydrological conditions and watershed properties are variable [24]. Along with hydrological changes, the shoreline shift caused by isostatic land uplift and the global mean sea level rise may affect the fluvial processes on the coastal sections of many river estuaries in northern Europe [25–27].

In Finland and many other countries, the discharge regimes of regulated rivers are controlled by regulation rules aiming to determine limits considered sustainable for the surrounding environment and human activity. However, ecosystems, people, and energy production may have conflicting interests, and the regulation standards must compromise between these [13,28–30]. The expected changes in hydro-climatological conditions and their seasonality, as well as both the land and sea level uplift, will evidently control the geomorphic effects of the flow processes and hydropower. Therefore, new regulation standards should be considered as a part of the adaptation to climate change [29,31]. The adaptive regulation standards, along with the hydro-climatological changes, will impact the sedimentation and erosion potential, as well as flood risk and the ecological status of the river and its estuary.

The exact nature of the future changes in various environments affected by flow regulation, as well as their magnitude and frequency, have not been studied well enough [2,32]. Previous studies have shown that the risks associated with climate change and water resource usage should be identified, and proactive management efforts could minimize risks to ecosystems and people and be less costly than reactive efforts taken only once problems have arisen [13,33]. Flow regulation could play an important role in the climate change adaptation of water resource availability, but attention is needed to mitigate the environmental and social impacts in the changing climate [16]. Therefore, it is essential to consider the local conditions (such as geographical, geological, topographical, and climatological conditions) when assessing climate change impacts. Global- and regional-scale studies on climate change impacts on hydrology by hydrological modeling have been performed widely [24,34–39], and the impact of climate change on river discharge and reservoir hydropower production has been studied, for example, in Alpine [40] and Arctic regions [41], as well as in northern countries [42–45]. However, studies investigating the co-effects of climate change and discharge regulation on the river morphology in low-altitude and low-relief, seasonally ice-covered areas, are lacking in the literature [7,46,47]. On those areas the fluvial and ice-related processes are expected to change due to climate change and they are also sensitive to water regulation due to the flat terrain.

In this study, we investigated how the predicted hydro-climatological changes would affect the distribution of fluvial forces and inundated area during typical high-flow situation (MHQ, mean high discharge), and how adaptive regulation standards could attenuate the climate change impacts in a low-relief river of the Southern Boreal climate area, Southwestern Finland. We investigated typical high flow events, because they repeat regularly and thus may have a great influence on the river morphology at long run [48–50]. We also acknowledge that adaptive regulation rules may be able to attenuate the climate change impact more in the case of more frequent flows. As initial data, we used hydrological scenarios on future hydro-climatology (2050–2079) and adaptive future regulation strategies, both produced by the Finnish Environment Institute [51]. Using a 2D computational fluid dynamics (CFD), we modeled MHQ flow situations during the reference period (1985–2014) and in the climate change period (2050–2079) with the current and adaptive regulation strategies. We compared the prevailing and future high flow conditions (inundated area, the flow depth, and the distribution of bed shear stress) and analyzed the effects of climate change and regulation on them. We discuss the possibilities of regulation in climate change adaptation considering societal and ecological aspects and hydropower production.

2. Study Area
2.1. Southern Boreal Climate Area and the Expected Hydro-Climatological Changes

This study is located in Southwestern Finland, which belongs to the Southern Boreal climate area (Figure 1a). The climate is defined as cold but without a dry season and with warm summers [52]. The greatest flood peak is due to the spring snowmelt event, but already presently, the climatic change impacts are detectable, and the rain-induced autumn and early winter discharges have increased. The rivers are ice-covered annually, and frazil ice occurs [47].

In general, Northern Europe belongs to the area where climate change is expected to increase runoff and hydropower generation [22,53]. Earlier spring flows are also expected [24,44] and have already been observed [54,55]. Warming is projected to be substantially above the global average in this Southern Boreal region, a trend consistent with both model projections and observations, and the mean annual temperature is expected to increase 1.9–4.0°C by 2050–2079, depending on the applied scenario [56,57]. This indicates a potential reduction in spring snowmelt discharges, a shift of the spring flood occurrence to earlier in the spring, and an increase in the magnitude and frequency of autumn/early winter discharges due to increased rain and zero-crossing events [24,31]. Depending on the used scenario, the annual precipitation is expected to increase 6–14% by 2050–2079. The range of potential changes in temperature, precipitation and discharge are large due to differences in emission scenarios, climate models, hydrological models and natural variability [21,23,58]. Along with the increased future autumn and winter discharges (2070–2099), an increase in the exceeding of critical thresholds for incipient motion of sediment particles and a following increase in erosion potential have been forecasted in this region [59]. Because the majority of the scenarios project a similar direction of change, the average scenarios provide a representative image of the direction of the potential changes and their impacts on the river environments, as in this study [51]. However, the uncertainties in climate change projections should be taken into account when making conclusions from the results.

The anticipated relative sea level rise in the area differs from the global scenarios of sea level rise, which have been, according to the IPCC, 0.26–0.598 m by 2100 [60], due to the isostatic land uplift. Many coastal areas of Finland are currently experiencing a relative fall in sea level but they will be subject to a rising sea level in the future [25,61–63]. Based on the study by Pellikka et al. [63], the relative sea level change at the coast by the city of Pori will be on average −13 cm by 2100, because of the isostatic land uplift.

2.2. General Description of the Study Area

The study was performed in the lower reach (~12 km long) of the Kokemäenjoki River in Southwestern Finland (Figure 1b). This is one of the outlet rivers from the lake area of Finland (Figure 1c). The river runs through the city of Pori (slightly below 85,000 inhabitants) in its estuary and drains into Pihlavanlahti Bay in the Gulf of Bothnia, Baltic Sea (Figure 1d). The estuary has branched into several narrow distributaries (fin. juopa). The main channel is 121 km long, and it has a watershed of 27,000 km², making it the fourth largest in Finland. The lakes cover 11% of the watershed area, and many of the lakes and dams hold regulation possibilities [64,65] (Figure 1b). The discharge of the study area is controlled by various dams, the most downstream being the Harjavalta hydroelectric power plant. The discharge varies mostly between 70 and 400 m³/s, with notable daily fluctuations due to short-term regulation.

The river belongs to the South Boreal climate area [66]. The annual mean temperature is approximately 5 °C, February being the coldest and July the warmest month with average temperatures of −5.4 and 16.8 degrees, respectively [67]. The mean temperature is under zero from December to March and the snow cover lasts typically from November to March. The annual precipitation is ~600 mm, August being the rainiest and April the driest month. Heavy rains in autumn and snow melt during late winter cause high discharges [24]. Together with backwater effect of the sea, frazil ice formation, and great sediment transport amounts [47,59], the Kokemäenjoki River and the city of Pori are one of the greatest flood hazard areas in Finland [68].

The bed material mainly consists of cohesive clay, silt, and fine sand [59]. Erosion dominates the lower Kokemäenjoki River but deposition is great at the Pori city center, where the main channel
divides into the two main distributaries, Luotsinmäenjuopa and Raumanjuopa [59] (Figure 1c). However, again, in the Luotsinmäenjuopa and Raumanjuopa, erosion takes place due to the strong flow. In addition to the Pori city center, most of the sedimentation takes place in Pihlavanlahti Bay, with a deposition rate of 3 cm/year [69].

As in the Southern Boreal climate area in general, in the Kokemäenjoki watershed, the total runoff and inflows to the lakes are projected to increase in the future, despite the decreasing snowmelt-induced spring inflow peaks [51,59,60]. Additionally, the hydropower potential is expected to increase [51]. The timing of the springtime snowmelt peaks will be earlier than before, and a larger portion of precipitation will fall as rain. Summertime inflows to the lakes will decrease because of the earlier snowmelt and increase in evaporation during longer summer periods. These changes will also affect the river discharge. Wintertime discharge in the river will be on average larger than in the reference period, and the peak values will also increase. This has a direct impact on flood risks because an increase in discharge in the winter means more possibilities for frazil ice flood situations, which have already in the past caused most flood damage [51]. As a consequence of the hydro-climatological changes, the annual riverine sediment load will be redistributed within the seasons depending on the ice cover duration and applied climate scenario [47]. For example, the wintertime riverine sediment loads in the area are expected to double because of increased discharges by 2070–2099 [47]. However, adaptive actions such as discharge controlling will probably affect erosional forces.
Figure 1. (a) The study area belongs to the Southern part of the boreal climate area. (b) The Kokemäenjoki watershed (27,000 square kilometers) is located in the South Western Finland and the river discharges into the Bothnian Bay, the Northern section of the Baltic Sea. (c) The lakes cover 11% of the watershed area. The main powerplants and dams controlling the discharge are numbered in the figure as follows: (1) Harjavaltta dam; (2) Tyrvä dam; (3) Kyröskoski dam; (4) Melo dam; (5) Tammerkoski dam; and (6) Herralanvirta dam. (d) The downstream part of the river flows through Pori city center and is divided into several distributaries. The upstream and downstream boundaries of the hydraulic model are marked with dotted lines. The calibration point of the CFD is marked with a red dot.

2.3. Current Regulation of the Kokemäenjoki Watershed
Regulation of the lakes in the Kokemäenjoki watershed in its current form started during 1950–1970, and, in the river section, it started during 1920–1950. The original objective of the regulation was to enhance hydropower production, ease timber rafting and water transport, and enable flood protection. Evening out the water flows on a yearly basis has also been important. Nowadays, the watershed is heavily affected by short-term (daily) regulation, depending on the hydropower production demands.

### Table 1. The most important regulated lakes of the Kokemäenjoki watershed, source: Finnish Environment Institute, 2016 [70].

<table>
<thead>
<tr>
<th>Sub-Basin</th>
<th>Annual Water Level Fluctuation</th>
<th>Lake Area</th>
<th>Outlet</th>
<th>Power Plant</th>
<th>Average Outflow (m³/s)</th>
<th>Operator</th>
</tr>
</thead>
<tbody>
<tr>
<td>Rauta-Kulovesi</td>
<td>0.86 m</td>
<td>66 km²</td>
<td>2. YES</td>
<td>187</td>
<td>UPM-Kymmene PLC</td>
<td></td>
</tr>
<tr>
<td>Kyrösjärvi</td>
<td>1.19 m</td>
<td>96 km²</td>
<td>3. YES</td>
<td>28</td>
<td>Kyröskosken Voima JSC</td>
<td></td>
</tr>
<tr>
<td>Pyhäjärvi</td>
<td>0.97 m</td>
<td>119 km²</td>
<td>4. YES</td>
<td>142</td>
<td>UPM-Kymmene PLC</td>
<td></td>
</tr>
<tr>
<td>Näsjärvi</td>
<td>1.13 m</td>
<td>256 km²</td>
<td>5. YES</td>
<td>73</td>
<td>Tampereen sähkölaitos JSC</td>
<td></td>
</tr>
<tr>
<td>Vanajavesi</td>
<td>1.18 m</td>
<td>160 km²</td>
<td>6. NO</td>
<td>70</td>
<td>Centre for economic development, transport and the environment</td>
<td></td>
</tr>
</tbody>
</table>

The most important regulated lakes in the Kokemäenjoki watershed are Lake Pyhäjärvi, Lake Näsjärvi, Lake Kyrösjärvi, Lake Vanajavesi, and Lake Rauta-Kulovesi (Figure 1b, Table 1). Lakes Näsjärvi and Vanajavesi discharge into Lake Pyhäjärvi, and, Lakes Pyhäjärvi and Kyrösjärvi discharge into Lake Rauta-Kulovesi, which is the starting point of the main river. In Lake Pyhäjärvi (Melo power plant), Lake Näsjärvi (Tammerkoski, four power plants), Lake Rauta-Kulovesi (Tyrvää power plant), and Lake Kyrösjärvi (Kyröskoski power plant), the outflow changes daily or weekly. Lake Vanajavesi is regulated by the Herralanvirta dam and Lempäälä canal, but there is no power plant and therefore no short-term regulation. The regulation is legally defined by regulation permits, which include regulation limits for water levels and discharges. Furthermore, regulation is guided by recommendations with the goal of considering different interest groups (flood protection, energy production, environment and water protection, navigation and recreational use) and seasonal variability. Operational regulation is conducted by several operators in cooperation between them and the water authority (Regional Centre for economic development, transport and the environment, later ELY Centres), particularly in exceptional circumstances such as flood [70, 71].

According to the regulation permits, water levels are lowered during winter to ensure the storing capacity for the spring flood. In Lakes Pyhäjärvi, Näsjärvi, and Vanajavesi, the maximum accepted water levels are lower during spring and autumn than in summer in order to maintain good working conditions for the heavy farming machines in the fields next to the lake. During summer, water levels are usually kept close to upper regulation limits. Currently, the regulation limits do not consider the existing snow amount, temperatures, or the timing of the snowmelt, only the date.

Regulation of the lake water levels controls the discharge of the Kokemäenjoki River. As the lake water levels decrease during the winter and early spring, the outflow of the lakes (i.e., the river discharge) increases. For example, in the Harjavalta dam, which is the lowest hydropower plant on the Kokemäenjoki River, wintertime runoff is about one fifth greater than it would naturally be [71]. During spring and summer, the outflow peaks decrease compared to the unregulated situation. During flood discharges (> 460 m³/s), there is no short-term regulation.

### 3. Data and Methods

This study exploited existing data from the reference (R) period (years 1985–2014) and hydrological scenarios and prospective future (F) regulation strategies for a climate change period.
(years 2050–2079) based on the work by Dubrovin et al. [51,72]. These data were used as input data in the CFD modeling of this study (Figure 2).

Figure 2. Data and workflow. The hydrological scenarios for the climate change period (2050–2079) and the alternative regulation strategies, produced by the Finnish Environment Institute and ELY Centres, were used as initial data (left) [51,72]. The WSFS stands for Watershed Simulation and Forecasting System. The work related to 2D hydraulic modeling of the flow characteristics (right) was performed in the current study. MHQ stands for the mean high discharge.

3.1. Boundary Conditions for the CFD: Future Hydrological Scenarios and Regulation Strategies

3.1.1. Climate and Hydrological Scenarios

The input data regarding the future hydrological scenarios (i.e., the water levels and discharges) applied in the current work are based on a study by the Finnish Environment Institute and the regional ELY Centres on the co-effect of climate change and different regulation alternatives in the Kokemäenjoki watershed [51]. Their study aimed to improve the recommendations for regulation of the central lakes of the area. The study is published only in Finnish, and thereby, a short description of the modeling procedure is provided here. They simulated the climate change impacts on the lake water levels and on the discharge of the Kokemäenjoki River using a hydrological model called the Watershed Simulation and Forecasting System (WSFS) [73]. The WSFS is a conceptual hydrological model used for operational flood forecasting and various research purposes. The WSFS simulates the hydrological cycle using standard meteorological data such as precipitation and temperature, as input data. The WSFS model is calibrated against long time series of available water level and discharge observations [73]. The calibration period for the WSFS was 1981–2014 and the Nash–Sutcliffe Efficiency criterion (NSE) for this period for the Harjavalta observation site at Kokemäenjoki was 0.80. The corresponding figure for the validation period (1971–1980) was 0.83. This can be considered adequate performance especially since the short-term regulation affecting the observations is modeled with simple regulation rules [59]. The model simulates snow accumulation and melt, soil moisture, ice cover and frazil ice formation, evaporation, groundwater, and runoff, as well as discharges and water levels of main rivers and lakes. To estimate frazil ice formation, the WSFS model uses daily discharges and both air and water surface temperatures. For example, in the lower reach of River Kokemäenjoki, for frazil ice formation, the river discharge higher than 400 m³/s, air temperature lower than −4 °C (from November to February), and water surface temperature lower
than 1 °C with no ice cover are required [74]. During spring and autumn, the air temperature limit is lower, depending on the month. When all these criteria meet, frazil ice starts to affect the simulated river water level in Pori.

In climate change simulations, a historical control period of 30 years (1985–2014) was used as the reference period, and the climate change impacts were predicted for a 30-year period in the future 2050–2079. Monthly changes in temperature and precipitation were calculated for each sub-watershed and used to transfer the climate signal to the WSFS with a “delta change” approach [75,76]. Eight climate scenarios were used (Table 2) from four different regional climate models (RCMs) and four different global climate models (GCMs). Seven of the scenarios were from individual regional climate model-global climate model combinations from the ENSEMBLES project data archive [77, 78] and the eighth scenario was an (monthly) average of the seven scenarios (Table 2). The A1B emission scenario was used since the ENSEMBLES data were available with this scenario at the time of the beginning of the hydrological simulations in 2015. Even with one emission scenario the range of temperature and precipitation changes with different GCMs and RCMs is large (Table 2). The average of the seven scenarios was selected for the further analysis as its results correspond well with the mean of the seven scenarios, and it produces more stable results for monthly changes with less impact from natural variability. Because the majority of the scenarios project a similar direction of change, the average scenario provides a representative image of the direction of the potential changes and their impacts on the river environments. However, the uncertainties in climate change projections should be taken into account when making conclusions from the results.

Table 2. Climate scenarios used and their change in temperature and precipitation from 1985–2014 to 2050–2079 and the simulated average discharge and MHQ in 2050–2079. Dubrovin et al. [51] also applied these values, even though they did not provide the details in their report. The first part of a climate scenario abbreviation describes the regional climate model and the latter part the global climate model, used in the scenario.

<table>
<thead>
<tr>
<th>Climate Scenario Abbreviation</th>
<th>RCM</th>
<th>GCM</th>
<th>Temperature Change (°C)</th>
<th>Precipitation Change (%)</th>
<th>Average Discharge (m³/s)</th>
<th>MHQ (m³/s)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Average scenario</td>
<td>several (see below)</td>
<td>several (see below)</td>
<td>2.3</td>
<td>8.2</td>
<td>242</td>
<td>678</td>
</tr>
<tr>
<td>HIRH-A</td>
<td>HIRHAM 5</td>
<td>ARPEGE</td>
<td>2.1</td>
<td>-1.1</td>
<td>204</td>
<td>615</td>
</tr>
<tr>
<td>RCA-H</td>
<td>RCA4</td>
<td>HadCM3Q0</td>
<td>1.6</td>
<td>11.0</td>
<td>266</td>
<td>689</td>
</tr>
<tr>
<td>RCA-E</td>
<td>RCA4</td>
<td>Echam5</td>
<td>2.4</td>
<td>10.3</td>
<td>256</td>
<td>721</td>
</tr>
<tr>
<td>RCA-B</td>
<td>RCA4</td>
<td>BCM</td>
<td>1.9</td>
<td>8.3</td>
<td>248</td>
<td>660</td>
</tr>
<tr>
<td>Had-H</td>
<td>HadRMQ0</td>
<td>HadCM3Q0</td>
<td>3.5</td>
<td>7.8</td>
<td>225</td>
<td>662</td>
</tr>
<tr>
<td>REMO-E</td>
<td>REMO</td>
<td>Echam5</td>
<td>2.4</td>
<td>7.9</td>
<td>242</td>
<td>681</td>
</tr>
<tr>
<td>HIRH-E</td>
<td>HIRHAM 5</td>
<td>Echam5</td>
<td>2.3</td>
<td>13.5</td>
<td>271</td>
<td>731</td>
</tr>
</tbody>
</table>

For WSFS simulation, the expected average monthly temperature changes were added to the observed temperatures, and precipitation changes in per cent were multiplied by the observed daily precipitations of the reference period [79]. A temperature-dependent component was added to the temperature change to account for the different changes in different parts of the temperature distribution. This means that, for example, cold winter temperatures are increasing more than the warmer temperatures [35]. These modified values were used as input of the WSFS model for each sub-basin and new discharges and water levels for the 30-year climate change period were simulated using the WSFS (Figure 3). Sea level was expected to remain the same as in the corresponding time at the reference period, and no land uplift was considered. The simulated discharges were routed between sub-basins towards downstream taking into account the delays caused by the rivers and regulation. Thus, in the eventual discharge and water level values of the study reach of the lower Kokemäenjoki (Figure 1c), the regulation of each regulated lake (Table 1) is taken into account.

3.1.2. Future Discharges and Water Levels with Alternative Regulation Strategies
In WSFS, the lake regulation modeling is based on regulation rules, that is, the discharge of each day depends on prevailing lake water level and day of the year. To model current regulation practice (CURR strategy), Dubrovin et al. [51] adjusted the regulation rules for each lake to follow current regulation limits and practices, so that the simulated water levels and discharges approximately corresponded to the observations.

Based on the simulated data of Dubrovin et al. [51], using CURR strategy both in reference and future period, average winter discharges in the Kokemäenjoki River are projected to increase 20–40% by 2050–2079 depending on the climate scenario. Discharge and water level peak values in the Kokemäenjoki will increase. It will also be difficult to reach suitable water levels in the lakes in late spring and early summer because of lower and earlier spring inflow peak in the future, if the lake water levels are lowered in early spring according to the current rules. Thereby, Dubrovin et al. [51] defined alternative regulation strategies for the five central lakes, taking into account the future hydrological conditions. To illustrate climate change adaptation and different objectives, they provided two enhanced regulation strategies with different emphasis: one emphasizing ecological lake water levels (ECO strategy) and the other one supporting recreational usage of the lakes (REC strategy). Both strategies also considered flood risk management.

In the ECO strategy, different ecological groups affected by the lake water level fluctuations are taken into account: littoral zone, fish species, ice-sensitive species, and birds. The ecological impacts were estimated with numerical indicators, which were developed in the Finnish Environment Institute during various regulation development studies [80]. Various measures related to changes and periodicity of the lake water level and ice cover were used to define the most suitable conditions for those ecological groups with different preferences. However, the ecological impacts of regulation strategies contain uncertainties due to lake-specific factors and because the co-effect with other impacts of climate change on ecology was beyond the scope. The principal objectives for lake water levels when adjusting regulation rules in ECO strategy were raising the lowest water levels in March and April compared to CURR strategy, and earlier and higher spring high water levels. Additionally, preparation for winter floods is included in ECO strategy by lowering the water levels before winter, to allow better management possibilities in case of flood [51].

In REC strategy, the primary aim is to keep the lake water levels, when possible, on the most favorable zone for recreational use during the summer (early May to late October). The water level zones are based on the empirical knowledge of the public authorities, users’ opinions gathered by inquiries, and the water levels determined in previous regulation development studies [81]. REC strategy includes raising the lowest spring water levels compared to CURR strategy in order to reach the target water level zones in May, as well as lowering water levels before winter when possible.

According to results by Dubrovin et al. [51], lower water levels before winter and milder winter draw-down of the lakes in both strategies ECO and REC lead to lower river discharge in winter in period 2050–2079, compared to CURR strategy (Figure 4). High discharges mainly increase in late spring in the ECO and REC strategies compared to the CURR strategy due to lower available storing capacity of the lakes. Spring water levels are mainly even slightly higher in ECO than in REC strategy. In REC strategy, the lake levels are kept more stable through the summer, and discharge is often slightly lower in summer than in ECO. The total available storage capacity in lakes before winter is the largest in ECO strategy and the smallest in CURR strategy. It should be noted that the adaptive regulation strategies used in this study are just two examples of how the regulation rules could be modified to favor some ecological and recreational objectives, and diminish flood risk in the future.

Using 2D computational fluid dynamics, we modeled the flow conditions during both the reference period (R, 1985–2014) and the future climate change period (F, 2050–2079); in total, we modeled seven cases (Table 4). To illustrate the expected changes in the seasonality and magnitude of typical high flow events in the future, we simulated the mean high discharge events (MHQ). The MHQ was calculated as the average of the highest annual discharges of the investigated period, for the reference period (R CURR MHQ) and for the future with each regulation alternative (F CURR MHQ, F ECO MHQ, and F REC MHQ). The water level for the MHQ simulations was defined by averaging the prevailing water levels of each high discharge event used to calculate the MHQ. The
high flow events were then compared with a normal flow situation (R CURR n) which prevailed, for example, on 17 August 2007.

Table 4. The CFD models and their boundary conditions of Part 2 for the reference period (R) and for the future (F). CURR, current regulation rules; ECO, ecologically sustainable regulation rules; REC, regulation rules supporting recreational usage. n refers to normal flow, and MHQ is the mean high discharge with typical water level (normal) and maximum water level (max). Q is the river discharge (m$^3$/s) at the upstream boundary, and WL down is the water level in meters at the downstream boundary.

<table>
<thead>
<tr>
<th>Model</th>
<th>Q (m$^3$/s)</th>
<th>WL (m)</th>
</tr>
</thead>
<tbody>
<tr>
<td>R CURR n (i.e., Low discharge)</td>
<td>141</td>
<td>0.046</td>
</tr>
<tr>
<td>R_CURR_MHQ normal</td>
<td>626</td>
<td>1.09</td>
</tr>
<tr>
<td>R_CURR_MHQ max</td>
<td>626</td>
<td>1.36</td>
</tr>
<tr>
<td>F_CURR_MHQ normal</td>
<td>676</td>
<td>1.308</td>
</tr>
<tr>
<td>F_CURR_MHQ max</td>
<td>676</td>
<td>1.735</td>
</tr>
<tr>
<td>F_ECO_MHQ</td>
<td>649</td>
<td>1.25</td>
</tr>
<tr>
<td>F_REC_MHQ</td>
<td>670</td>
<td>1.28</td>
</tr>
</tbody>
</table>

Figure 3. The effect of climate change on the discharge at the Harjavalta dam, shown by comparing the range and average discharge of the control period (1985–2014) with the expected future (2050–2079, average climate change scenario) discharge, using the current regulation rules (CURR). The upper and lower red dotted lines represent the maximum and minimum discharge in the climate change period, respectively. Data were modeled in the study by Dubrovin et al. [51].

In the study area, the sea level variation may significantly contribute to the flood inundation and flow characteristics controlling the water levels with a backwater effect [59]. Thus, the same magnitude of discharge may have various effects depending on the frazil ice and the amount of
backwater effect. To illustrate the effect of sea level fluctuation, we also modeled the MHQ discharge using the highest water level, which had prevailed during the MHQ discharge (± 5 m$^3$/s) of the reference period (R CURR MHQ$^{\text{max}}$). Similarly, the high water level was defined based on the results of the hydrological model for the future (F CURR MHQ$^{\text{max}}$). However, the frazil ice did not have effect on the flow event used to calculate the MHQ values, as conditions prone for frazil ice development did not occur. Only backwater effect contributed to the water level, in addition to the model parameters.

![Figure 4](image)

**Figure 4.** The expected future discharge of the Harjavalta dam with three different regulation strategies, CURR, ECO, and REC, based on the average climate change scenario used in this study. Data were modeled in the study by Dubrovin et al. [51].

3.2. Computational Fluid Dynamics

To illustrate and analyze the effects of the climate change and regulation on the flow characteristics during a typical high flow event (MHQ), seven different cases were simulated using a 2D hydraulic model (Delft3D FM) (Table 4). The hydraulic model covered a reach of 12 km from the city of Pori towards the sea, on the lower reach of the Kokemäenjoki River (Figure 1c). In the modeled area, the main channel is ~150 m wide and up to 5 m deep, dividing into several ~80-m-wide distributaries.

3.2.1. Field Data

To build a hydraulic model, the channel geometry was built based on data from various sources. Airborne laser scanning data with 10-m point spacing from 2008, describing the geometry of the dry areas, were derived from an open data service, provided by the National Land Survey of Finland. The wet channel geometry was derived by combining standard echo sounding measurements (year 2003), ADCP (Acoustic Doppler Current Profiler)-based multi-beam echo sounding measurements (year 2017), and swathe sonar measurements (year 2016). The standard echo sounding measurements were performed by the Finnish Environment Institute (SYKE) with an MD300 echo sounder system accurate to ± 5 cm, and the positions were measured with a dGPS (differential global positioning system) over the whole study area in 2003. The authors of this study fulfilled supplementary bathymetric measurements in August 2017 using a SonTek HydroSurveyor on the reach downstream from the city of Pori. The position of the sonar measurements was determined by an integrated
dGNSS (differential global navigation satellite system). These measurements also showed that the
channel geometry had not changed dramatically in the estuary since the intensive measurements
were taken by Finnish Environment Institute in 2003. The bathymetric data were completed with a
commercially produced swathe sonar measurement (year 2016) from the area around the city center.
All three datasets were combined, and the resultant point cloud was interpolated to a 10-m resolution
grid covering the whole wet area using the Kriging method and converted to point format. This
resulted in a point cloud with 10-m point spacing over the study area. This was used as the input
data in hydraulic modeling.

The data by Lotsari et al. [49] on sediment characteristics were exploited: they collected in total
107 bed sediment samples between the Harjavalta dam and estuary using a grab sampler. Most of
the sediment samples (n = 98, 90.7%) mainly comprised very fine sand, cohesive silt, and clay size
particles. The average D50 of the samples was 0.11 mm, varying between 0.002 and 0.45 mm.

Additional data for calibration of the hydraulic model (i.e., water level and flow profile data)
were collected in August 2017 by the authors. The water surface slope on the study area was
measured with a VRS-GNSS (virtual reference station GNSS). The flow velocity profile was measured
at the city center using the SonTek RiverSurveyor M9 [82].

3.2.2. D CFD Implementation and Calibration

To model the fluid dynamics, a Delft 3D FM software in two dimensions was used. The model
uses an alternating direction implicit (ADI) method (a finite difference method) to solve the
momentum and continuity equations (see Leendertse [83] and a cyclic method for the spatial
discretization of the horizontal advection terms (see Stelling and Leendertse [84]). The equations were
described in detail, for example, by Kasvi et al. [85,86]. Sub-grid scale mixing coefficient of the flow
(horizontal eddy viscosity) was used to describe turbulence. The 2D Reynolds-averaged momentum
and continuity equations were implemented on a curvilinear, unstructured grid. The resolution of
the grid varied between 5 and 40 m so that the resolution was coarser on the edges of the modeled
area. The channel itself had a resolution higher than 15 m. The topographical points of 10-m spacing
were imported to Delft3D FM and interpolated over the grid using triangulation. The resultant
computational grid was then compared with the original point data (Table 5). The average error
caused by the interpolation of the point data into the computational grid was 0.10 m, and the average
absolute error was 0.29 m. The floodplain values were evaluated separately due to very low
topographical variation. The average error on the floodplain was 0.04 m, and the absolute error was
0.09 m.

Table 5. The errors of the elevation on the computational grid compared to the original
topographical point data with 10 m point spacing.

<table>
<thead>
<tr>
<th></th>
<th>error (m)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Entire area</td>
<td></td>
</tr>
<tr>
<td>Average</td>
<td>0.1</td>
</tr>
<tr>
<td>Average abs error</td>
<td>0.29</td>
</tr>
<tr>
<td>Floodplain</td>
<td></td>
</tr>
<tr>
<td>Average</td>
<td>0.04</td>
</tr>
<tr>
<td>Average abs error</td>
<td>0.09</td>
</tr>
</tbody>
</table>

The hydrodynamic model was calibrated using field observations from a field campaign in
August 2017, when the water level, discharge, and flow profiles were measured. At that time, the
discharge at the upstream boundary was 189 m³ s⁻¹, and the water level was 0.25 m at the downstream
boundary and 0.35 m at the calibration data point (see Figure 1c for the location of the calibration
point). By adjusting the Manning’s roughness coefficient and horizontal eddy viscosity, modeled
water level and flow velocities corresponding to the field measurements were obtained. The
 calibration was considered successful when the modeled water level at the calibration data point was
within 5 cm from the measured value (0.35 m). The final calibration run, with a Manning’s roughness coefficient of 0.017 and horizontal eddy viscosity of 0.1, resulted to 3 cm difference in the calibration point water level. After that, the modeled flow velocities were compared with the measured depth-averaged flow velocities. The modeled velocities were diagnosed to be within 5% of the measured ones.

Next, the model was validated using four different high flow events from April 2010 to demonstrate the models performance (Table 3). The differences in the modeled and measured water levels at the calibration point were less than 10 cm in each case, the largest difference (7 cm) being the case with highest discharge, on 12 April. On that day, however, the sea level, and thereby also the water levels at the downstream boundary and calibration point have been relatively low (note the same water levels on 11 April with lower discharge). Thereby, we assume that the weakening model performance in that case is not directly related to the high discharge but rather to the complex water level fluctuations of the area. The mean error of the four validation runs at the calibration data point was 0.045 m.

Table 3. The results of the validations runs of the hydrodynamic model. WL stands for water level and the unit is meters. “Error” means the modeling error at the calibration point.

<table>
<thead>
<tr>
<th>Date</th>
<th>Q (m³/s)</th>
<th>WL Down</th>
<th>WL Calibration Point (measured)</th>
<th>WL Calibration Point (modeled)</th>
<th>Error</th>
</tr>
</thead>
<tbody>
<tr>
<td>11 April 2010</td>
<td>541</td>
<td>0.53</td>
<td>0.93</td>
<td>0.88</td>
<td>0.05</td>
</tr>
<tr>
<td>12 April 2010</td>
<td>573</td>
<td>0.53</td>
<td>1.02</td>
<td>0.95</td>
<td>0.07</td>
</tr>
<tr>
<td>18 April 2010</td>
<td>448</td>
<td>0.43</td>
<td>0.77</td>
<td>0.73</td>
<td>0.04</td>
</tr>
<tr>
<td>21 April 2010</td>
<td>393</td>
<td>0.38</td>
<td>0.64</td>
<td>0.62</td>
<td>0.02</td>
</tr>
</tbody>
</table>

After that, each case (Table 4) was modeled as a steady state model of 24 hours using a time step of 10 min. The spatial and temporal variations of flow depth were extracted from the simulation results. Based on the results, the distribution of bed shear stress (BSS, N m⁻²) was calculated for each case as follows [87]:

\[ \tau_0 = \rho g ds, \]  

where \( g \) is the gravitational acceleration (9.81 m s⁻²), \( \rho \) is the density of water (1000 kg m⁻³), \( d \) is flow depth, and \( s \) is the slope of water. The last two parameters were derived from the hydraulic model. After that, the critical bed shear stress of the initiation of sediment motion \( \tau_{cr} \) was calculated for the average D₅₀ grain size in the area as follows [88]:

\[ \tau_{cr} = K g (\rho_s - \rho) D_{50}, \]  

where \( K \) is a constant (0.045), \( g \) is the gravitational acceleration, \( \rho_s \) is the density of sediment (i.e., of quartz being 2650 kg m⁻³), and \( D_{50} \) is the average median grain size of the area in meters. The \( D_{50} \) of the area, based on 43 sediment samples, was 0.11 mm and the critical bed shear stress was 0.081169 N m⁻².
4. Results

![Figure 5](image_url). The distribution of BSS (left) and depth (right) during a low discharge case of the control period. The areas with bed shear stress lower than 0.08 N/m², which is the critical value for the initiation of movement of the D50 gains, is marked with blue color.

The flow depth and erosional power (Bed shear stress) of the typical high flow events (during the control period and during 2050–2079 with different regulation rules), were compared with the low flow case and with each other. During a normal flow event, the land areas between the distributaries remain dry and the bed shear stress varies between 0.2 and 1 N/m² (Figure 5). In the main channels (i.e., Raumanjuopa and Luotsinmäenjuopa), especially, the bed shear stress remains higher than the critical bed shear stress (0.08 N/m²) to move the average sediment particles in the area (Figure 5a).

Based on our results, the inundated areas will expand during a typical high flow events (MHQ) regardless of the adjusted regulation rules (Figure 6). Of all the modeled cases, the largest inundated area (8.96 km²) and flow depth (mean depth of 1.51 m) are expected in the climate change period with the current regulation rules and when the highest expected water level, occurring simultaneously with the MHQ, is taken into account (F CURR MHQ max) (Table 4 and Figure 6d). If the current regulation rules are used in the future, the mean high discharge will increase 8% from the control period as a consequence of climate change (Table 4). This will cause only a minor increase in the mean flow depth (from 1.14 m to 1.25 m), but the inundated area will expand by 15% (0.9 km²) with the average water level during the MHQ flow, due to the topographically flat terrain (Table 6 and Figure 6a,c). If the highest plausible water level during the MHQ is considered (MHQ max), the inundated area will increase 30% in the future from the control period in the modeled area.

Based on our results, however, the frequent high flow event may be restrained by enhanced regulation rules in the future (Table 6 and Figure 6). The annual mean high discharge may be diminished by up to 4% with the proposed regulation changes, which would reduce the inundated area by 2–5%, which means up to 320,000 m² (Table 6). The inundated area during an MHQ discharge in the climate change period will be 10% or 13% larger than in the control period if the ECO or REC strategy is used, respectively (compared to 15% with the CURR strategy) (Table 6).
Table 6. The inundated area, mean flow depth, and water level at the Pori city center of each modeled case, based on the 2D hydrodynamic model. The discharges and downstream water levels used in the models are shown in Table 4. The location of the Pori city center is shown in Figure 1c.

<table>
<thead>
<tr>
<th>Model</th>
<th>Inundated Area (km²)</th>
<th>Mean Depth (m)</th>
<th>WL at Pori City Center (m)</th>
</tr>
</thead>
<tbody>
<tr>
<td>R_CURR_N</td>
<td>3.71</td>
<td>0.74</td>
<td>0.13</td>
</tr>
<tr>
<td>R_CURR_MHQ</td>
<td>5.8</td>
<td>1.14</td>
<td>1.42</td>
</tr>
<tr>
<td>R_CURR_MHQ max</td>
<td>6.89</td>
<td>1.27</td>
<td>1.60</td>
</tr>
<tr>
<td>F_CURR_MHQ</td>
<td>6.7</td>
<td>1.25</td>
<td>1.59</td>
</tr>
<tr>
<td>F_CURR_MHQ max</td>
<td>8.96</td>
<td>1.51</td>
<td>1.90</td>
</tr>
<tr>
<td>F_ECO_MHQ</td>
<td>6.38</td>
<td>1.22</td>
<td>1.53</td>
</tr>
<tr>
<td>F_REC_MHQ</td>
<td>6.53</td>
<td>1.24</td>
<td>1.57</td>
</tr>
</tbody>
</table>
Figure 6. Flow depth during high flow events in the control period (a,b) and in the climate change period (c–f) with: (a) MHQ discharge, current regulation rules, and an average water level (R CURR MHQ); (b) MHQ discharge, current regulation rules, and the maximum water level (R CURR MHQ max); (c) F CURR MHQ; (d) F CURR MHQ max; (e) F REC MHQ; (f) F ECO MHQ.
Despite the expected increase in the discharges and inundated areas, erosional power in the study area will decrease during the typical high flow events in the near future (Figure 7). Because the frazil ice affects the applied boundary values of the CFD simulations, the cause of this decrease relates only to the differences in water level slope (i.e., slightly higher water level conditions). During the MHQ discharge of the control period, the erosional power of the flow in the main channel is multiplied compared to the normal flow situation: BSS is mostly between 2 and 2.5 N/m² in the main channel (compared to 0.2–1 N/m² during the normal flow) (Figure 7a,b). The critical BSS value of 0.08 N/m² is not exceeded at the boundaries of the flat floodplain areas, outside of the channels, over which the flood water spreads (Figure 7a). The distribution of the erosional power during an MHQ flow in the future seems rather similar to that of the reference period (Figure 7c): the BSS of 1.5–2.5 N/m² dominates the main channels. This means an increase of 1–1.5 N/m² in the BSS in the main channel compared to the normal flow situation (Figure 7d). On average, the MHQ flow causes an increase of 0.375 N/m² and 0.357 N/m² compared to the normal flow in the reference period and in the future, respectively. The BSS during atypical high flow event will thus decrease slightly in the future (Figure 7e) with larger differences if the maximum probable water level (MHQ max) is taken into account (Figure 7f).
Figure 7. Bed shear stress during flood events: (a) the distribution of BSS at the control period (R CURR MHQ); (b) the difference in BSS between the normal and flood flow in the control period (R CURR n – R CURR MHQ); (c) The distribution of BSS in the climate change period with current regulation rules (F CURR MHQ); (d) the difference in BSS between the normal and flood flow in the
climate change period (RCURR CURR n – F CURR MHQ); and the difference in BSS between the MHQ floods of the reference and climate change periods: (e) with normal water level (R CURR MHQ – F CURR MHQ); and (f) with maximum water level (R CURR MHQ max – F CURR MHQ max (BSS). The mean differences are marked in the figures.

On average, the bed shear stress during a typical high flow events will diminish 0.023 N/m² and 0.065 N/m² for the MHQ and MHQ max, respectively in the climate change period compared to the reference period. In the main channel, a decrease up to 0.4 N/m² is expected in both cases (Figure 7e, f). The proposed regulation rules (ECO and REC) do not have much influence on the erosional power of the flow during an average flood (Figure 8). In the future hydro-climatological conditions, compared to the CURR strategy, the ECO strategy will slightly decrease the erosional power during an average flood event (mean difference of −0.0017 N/m², Figure 8a), while the REC strategy will increase the BSS (mean difference of 0.019 N/m², Figure 8b). In general, the differences between the CURR strategy and the enhanced regulation strategies in the main channel are, in both cases, less than 0.06 N/m².

Figure 8. The effect of the enhanced regulation rules to the erosional power. The difference in BSS between: (a) the CURR and REC regulation rules (F CURR MHQ – F REC MHQ); and (b) the CURR and ECO regulation rules (F CURR MHQ – F ECO MHQ) during a flood in the future.

5. Discussion

5.1. The Effect of Climate Change and Flow Regulation on the Flow Characteristics

In this study, we investigated how the predicted hydro-climatological changes will affect the distribution of fluvial forces and inundated area during typical high-flow situation (MHQ, mean high discharge), and how modifying the regulation standards could alter the climate change impacts in a low-relief river of the Southern Boreal climate area, Southwestern Finland. We focused on typical high flow events, because they repeat regularly and thus may have a great influence on the river morphology at long run [48,50]. In the expected future (2050–2079) hydro-climatological conditions, warming is projected to be substantially above the global average in the South Boreal environment [60]. The warming will and has affected more discernibly wintertime hydro-climatology, especially the earlier flood peaks. In regulated rivers, the climate change impacts may be reduced with suitable changes in the regulation rules. We used hydrologically modeled future flow scenarios and alternative regulation standards developed by the Finnish Environment Institute and ELY Centers [51]. According to their work, the average discharge in the Kokemäenjoki River will increase from
235 m$^3$/s at the control period to 242 m$^3$/s in the climate change period. However, the most common (largest number of days/per year) river discharge of the control period is 100–150 m$^3$/s while in the climate change period it will be 50–100 m$^3$/s (Table 4), and the number of days with very low discharge (less than 100 m$^3$/s) will increase (Figure 9). On the other hand, days with very high discharge will increase as well.

![Figure 9. The distribution of daily discharges (in number of days/year) at the city of Pori. Data were modeled in the study by Dubrovin et al. [51].](image)

In the Southern Boreal area, the timing of the snowmelt peaks will be earlier than before, causing wintertime discharges in the rivers, including the peak values and the total runoff and inflows to the lakes, to increase [57]. This will affect the regular high flow events in the near future. Based on this study, it seems evident that the climate change-induced increased runoff will expand the inundated areas during typical (MHQ) high flow events and the adaptive regulation rules are not able to eliminate this, even though they could attenuate the impact. The annual mean high discharge may be diminished by up to 4% with the adaptive regulation rules, which will reduce the inundated area by 2–5%, which means up to 320,000 m$^2$ in our modeling area. The inundated area during an MHQ discharge in the climate change period will be 10% or 13% larger than in the control period if the ECO or REC strategy is used, respectively (compared to 15% with the CURR strategy). Thus, in addition to the ecological aspects, the ECO strategy is also more adaptive to climate change in terms of flooding. In the Southern Boreal climate areas, especially on the flat terrains, the increase in winter temperature zero-crossings, in addition to high discharges and their daily variation due to hydropower production, means more possibilities for frazil ice flood situations and the flood risk will be an increasing concern [74]. Frazil ice formation in the river can be prevented by lowering the runoff and reducing discharge variation during the freezing period to help ice cover formation [5,15,74]. Thus, the possibility to lower the winter discharges by regulation is essential for that as well, and will be an important adaptive practice in the future in the Southern Boreal climate area. Based on our results, using the ECO strategy would cause smallest MHQ discharges and inundation areas of all the strategies.
Based on our 2D modeling, even though the discharges and inundated areas will increase in the near future, the erosion potential will decrease, with larger differences if the maximum probable water level (MHQ max) is taken into account. The most important factor for reducing the shear forces is the reduced water surface slope. This can be attributed to the change of timing in floods from spring to autumn and winter, when the sea levels during flood peaks is on average higher, which reduces the water surface slope with the backwater effect.

Kämäri et al. [47] stated that the wintertime riverine sediment loads in the Kokemäenjoki River are expected to double because of increased discharges by 2070–2099. They appraised adaptive actions, such as discharge controlling, could significantly affect the erosional forces. Our results indicate that adaptive regulation (ECO) could reduce the erosional power even more than is expected with the current rules, but its influence is minor and is mainly caused by the reduced discharge. However, as we were studying regular high flow events, the influence of the adaptive regulation may be significant in long term, even though the differences in erosional power were small. Further research is needed on the longer-term effects of different regulation rules and their effects on various flow events.

Lotsari et al. [59]) stated that the erosion potential will overall increase in the Kokemäenjoki River (they simulated longer reach, ~43 km), they noticed that the lower river reach, which is mostly affected by the sea, will experience decreasing erosional power in the future, if the maximum relative increase in sea water level will actualize. Their results indicate that the high future sea levels would counteract the impacts of increasing discharges on the erosion potential of the river channel. However, many coastal areas of Finland still experience a relative fall in sea level due to the isostatic land uplift [25] and it is most probable that, by the year 2079, the isostatic land uplift will still exceed the climate change-induced sea level rise in our study area [63]. No climate change impacts on the sea level was considered in the WSFS model in this study, but based on the results of this study and the studies by Lotsari et al. [59] and Pellikka et al. [63], the sea level change will definitely be an important climate change impact on the area affecting flooding in particular. If the sea level rises according to the highest expected scenario (RCP8.5, rise of 0.63 m by years 2081–2100) [63], it would increase flooding in the lower Kokemäenjoki River already during the climate change period of this study. Our study indicates that timing of flooding may possibly counteract with the rising sea level in increasing flooding on the area. In addition, the short-term sea level variations and expected changes in sea level extremes, such as weather-induced events, should be considered in addition to the long-term mean sea level changes [63].

It has also been stated that the hydropower generation could play an important role in the climate change adaptation of water resource availability, but attention is needed to mitigate the environmental and social impacts in the changing climate [16]. Based on our study, the demands of environment, society, and hydropower generation are not necessarily contradictory in terms of climate change adaptation. Northern Europe belongs to the area of increasing runoff and hydropower generation: an overall increase in river flow and earlier spring peak flows are expected [22,53]. The hydropower production is expected to benefit from the increased runoff in Kokemäenjoki River as well. Dubrovin et al. [51] also estimated the change in hydropower potential (kWh) of 10 hydropower plants in the area with the average climate scenario (Table 2), considering the different regulation rules. They calculated energy (kWh) as a product of hydraulic head, turbine flow, efficiency coefficient, acceleration of gravidity, water density, and number of hours. Based on their study, compared to the control period with the CURR strategy, hydropower production will increase 0.1–1.9% by 2050–2079 depending on the regulation strategy (Figure 10). With lower snowmelt flood discharges, the CURR strategy is the most productive during the control period, whereas in 2050–2079, the similar decrease of lake water levels in late winter and early spring will force more water to spill due to early spring floods. On the other hand, the ECO strategy allows for higher water levels in spring, which, along with preparation for winter floods (with lower water levels), will notably reduce the spill over in 2050–2079 compared to other strategies [51]. Thus, in addition to reduced flood risk, the ECO regulation strategy would enable 0.8% and 1.8% higher energy production in the future compared to the REC and CURR strategies, respectively. In terms of hydropower production,
the REC strategy is between the two other strategies in the climate change period. It should be noted that the economic value of hydropower depends not only on the amount of energy but also on the energy need, that is, the timing of the production. In general, the energy price is higher during the most energy-intensive cold season. The short-term (weekly or daily) regulation, which is conducted at the hydropower plants in the study area to correspond to the daily fluctuations in the energy demands, was not included in the model of Dubrovin et al. [51]. Sources of uncertainty include assumed constants (head and efficiency coefficient) in addition to uncertainties in climate scenario, hydrological model and regulation model.

Figure 10. The energy production capacity (in GWh/a) of the control period and climate change period with different regulation alternatives. The values were calculated and applied in the study by Dubrovin et al. [51]. The difference of each case compared to the reference period with the current regulation rules (R CURR) is marked in the figure in percent. Note that the x-axis starts from 1070 GWh/a.

5.2. Uncertainties in the Methodological Approach

There are several issues in the methodological approach applied in this study, which affect the results and cause uncertainties, and which the reader should be aware of. These include the choice of the emission and climate scenario, the single hydrological scenario used for further analysis, the method used to transfer the climate signal to the hydrological model and the hydrological model structure and parameters [21,24]. In addition, the choice of the regulation options and their estimated impacts on ecology and recreation, as well as the hydrodynamic model, contain uncertainties.

The climate scenarios, applied in this study, are based on regional climate model data from the ENSEMBLES data archive [77]. These data use SRES (Special Report on Emission Scenario) A1B scenario [89] The ENSEMBLES data were used since they were available at the time when the hydrological modeling work began, several years ago. Since then, RCM data from EURO-CORDEX using RCP (Representative Concentration Pathway [90]) scenarios have become available [91]. The main differences between these data are different emission scenarios, higher resolution (0.11° in EURO-CORDEX and 0.25° in ENSEMBLES) and in part newer versions of the RCMs and/or GCMs [91]. However, the higher resolution brings the greatest improvements in regions with substantial topographical variability [92], and therefore in the flat Kokemäenjoki watershed (elevations ~0–200 m) the impact was considered minor. Furthermore, based on the study by Ruosteenoja et al. [56] there are only minor differences between the climate change predictions in Finland based on RCP and SRES emission scenarios and those differences are mostly in the summer temperatures. The range for temperature and precipitation change in 2050–2079 (from 1985–2014) with the seven RCM scenarios with A1B used in this study was 1.6–3.5 °C and −1.1–13.5%, respectively (Table 2). The range of ensemble means of the four RCP scenarios in 2050–2079 provided by Ruosteenoja et al. [56] (with reference period 1981–2010) are 1.9–4.0 °C for temperature and 6–13% for precipitation. The range of
the climate scenarios we used is therefore rather similar to the range with ensemble means of the different RCP scenarios. For this study, we selected for further analysis one climate scenario, which was considered to represent the average projection from the range of scenarios. In 2050–2079, this average scenario corresponds rather well to the mean of RCP scenarios 4.5 and 6.0 [56]. The use of one climate scenario means that the uncertainties of climate change are not modeled in the CDF analysis and the possible range of changes in fluvial forces and inundated areas is larger than projected by our results.

The delta change approach was used to transfer the monthly changes in temperature and precipitation to the hydrological model. This method capability to estimate floods has been criticized, since it does not take into account changes in distributions and hence different changes in extreme precipitation [44,79]. However, in this study, we investigated an average high flow event, which is not very extreme. Additionally, the properties of the watershed with large area and many lakes means that the flood events are not typically produced by a single precipitation event, but rather by snowmelt or prolonged periods of heavy precipitation. The direction of changes in floods in Finland with the delta change method and other methods have been found to be mostly similar [24]. Therefore, the delta change method is likely to provide adequate results for this study.

Further uncertainties for the methodological approach brings the cascade of the different simulations, because of the non-linearity of the climatic, hydrological and geomorphic systems [93,94]. The climate model, together with the applied emission scenario, affects the air temperature and precipitation results. These temperature and precipitation further impact on the hydrological model’s discharge and water level outputs, which are also affected by the hydrological model structure and parameter uncertainties. Modeling of each regulation strategy also involves uncertainty: the same set of regulation rules, which is applied every year, is not able to regulate all individual years optimally.

The errors originating from hydrodynamic modeling are mainly related to the quality of the initial and boundary conditions, and the spatial resolution, accuracy, and precision of the topographic and bathymetric data. In addition, the model resolution affects the level of detail. To assess the hydrodynamic model performance, we performed four validation runs with different flow conditions. The mean error of the four validation runs at the calibration data point was 0.045 m and the maximum error was 0.07 m. Considering the relatively low grid resolution (5–15 m in the channel), and the point density of 10 m in the original topographical data (which resulted in an average absolute error of 0.29 m due to interpolation into the computational grid), the model performance was considered adequate in the validation process. Errors caused by the hydrodynamic modeling may have an effect, especially on the inundation area on the flat terrain. However, the effect of error should not be significant, when investigating the relative differences of the high flow events in the reference period and future. In addition, some of these uncertainties produced by the previous simulation steps propagates also to the CFD analyses, where the discharge is applied as the input value of the upstream boundary. However, the uncertainties in climate change impacts are not modeled in the CDF analysis, since results from only the average scenario are used.

In this study, we tried to minimize these cascading uncertainties with the detailed possible calibration of each model applied. In hydrological climate change impact assessments, the uncertainties from choice of GCM are usually found to be larger than uncertainties from hydrological model structure or parameters [21]. Since the uncertainties and the propagation of uncertainties remain large, the decision makers should be made aware of these uncertainties.

6. Conclusions

In this study, we investigated how the predicted hydro-climatological changes will affect the distribution of fluvial forces and inundated area during MHQ, and how adaptive regulation standards could attenuate the climate change impacts in a low-relief river of the Southern Boreal climate area, Southwestern Finland. With hydrologically modeled future flow conditions as initial data, we used hydraulic modeling (Delft 3D FM) to compare the projected future (2050–2079) erosion and inundation area during MHQ events with the corresponding events of the control period (1985–
The future flow conditions were modeled with the current regulation rules (CURR), as well as with adaptive regulation standards with different emphases: a strategy favoring ecologically sustainable lake water levels (ECO) and a strategy supporting the recreational usage of the lakes (REC).

The expected hydro-climatological changes of the Southern Boreal area, such as an increase in runoff and peak discharges, especially in wintertime, will have a direct impact on high flow events in the low-relief study area. Even though the mean flow depth will not increase notably (from 1.14 m to 1.25 m) during an MHQ flow compared to the control period, the inundated area will expand by 15%. In our study area, the relative sea level will not increase in the near future due to the compensating effect of isostatic land uplift. However, occasional high water levels are expected due to increasing weather extremes. Thus, if a high water level occurs concurrently with the MHQ discharge, the inundated area will increase 30% in the future compared to the control period. The high flow situations may be restrained by enhanced regulation rules. The ECO strategy will diminish the discharge and inundation area more than the REC strategy. The inundated area during an MHQ discharge in the climate change period will increase only 10% compared to the control period if the ECO strategy is used. However, climate change will increase the runoff and MHQ discharges, as well as water levels in the area, and the proposed regulation changes are not able to eliminate this. Additionally, the expected changes in sea level extremes, such as weather-induced events, may affect flooding and should be considered in flood protection before the long-term mean sea level rise actualizes.

Despite the increase in discharges and inundation areas, the erosional power during a MHQ discharge will decrease in the near future, with even larger differences from the control period if a high water level event is considered. This is due to the changes in timing of floods more from spring to autumn and winter, when the average sea level during the flood is higher. The enhanced regulation rules (ECO and REC) do not have much influence on the erosional power, but a minor decrease is expected with the ECO strategy compared to the CURR strategy. Thus, our results indicate that climate change and the enhanced regulation rules could provide some adaption in terms of erosion, but further research is needed on the longer-term effects of different regulation rules.

The hydropower production will benefit from the increased runoff. Of each alternative regulation strategy, the ecologically sustainable one would enable the highest energy production and restrain most the increase in flooding in the future. Based on the simulations, the demands of environment, society, and hydropower generation are not necessarily contradictory, and, presumably, regulation will provide an important adaptive practice in the future, especially in terms of increasing high flow events of the Southern Boreal climate area.

**Author Contributions:**
K. E., funding acquisition, project administration, analysis, data collection, methodology, analysis, visualization, and writing; L. E., funding acquisition, data collection, and writing; K. M., methodology, modeling, and writing; D. T., methodology, modeling, and writing; and V. N., methodology, modeling, and writing.

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