The German food bank system and its users – a cross-sectional study

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Table S1. Questionnaire content, developed for a representative survey among German food banks: questions, answer options, variables (selection).

<table>
<thead>
<tr>
<th>Questions</th>
<th>Definitions / Answer options</th>
<th>Variables</th>
</tr>
</thead>
<tbody>
<tr>
<td>Which standard programs does your food bank provide regularly?</td>
<td>Distribution point: The clients of your food bank are regularly allowed to receive more or less predetermined food parcels for a low fee or at no costs. Social supermarket: The clients of your food bank are regularly allowed to choose the food items they want and pay for each food item a low price. Delivery food bank: Your food bank regularly delivers food to other social organizations or other social organizations can pick up the food from your food bank. Please do not mistake with delivery service for old or disabled clients! Soup kitchen: Your food bank regularly provides warm meals for a small fee or at no costs. Children food bank: Your food bank regularly provides (warm) meals to children. Others (please specify)</td>
<td>Number of food banks with distribution points / social supermarkets / etc. in percent of participating food banks</td>
</tr>
<tr>
<td>(several answers possible)</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Please indicate the number of distribution points of your food bank.</td>
<td>open</td>
<td>number (mean / standard deviation) of distribution points</td>
</tr>
<tr>
<td>Please indicate the number of social supermarkets of your food bank.</td>
<td>open</td>
<td>number (mean / standard deviation) of social supermarkets</td>
</tr>
<tr>
<td>How often are clients allowed to receive food from distribution point(s) /</td>
<td>As often as they want / every day</td>
<td>Allowed usage frequency in percent of food banks with distribution points</td>
</tr>
<tr>
<td>shop in the social supermarket(s) / be delivered from the delivery food bank</td>
<td>Twice per week</td>
<td></td>
</tr>
<tr>
<td>Question</td>
<td>Options</td>
<td>Additional Information</td>
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<td>-------------------------------------------------------------------------</td>
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</tbody>
</table>
| / to receive a warm meal from the soup kitchen / to receive a meal from the children food bank / to receive food or a meal from other programs of your food bank? | Once per week  
Every other week  
Once per month  
Others (please specify)  
Delivery service: Your food bank delivers food to home dwelling elderly or disabled clients.  
Providing coffee / cake / snacks to clients during food distribution: Your food bank provides coffee, cake and/or snacks to clients for a small fee or at no cost during food distribution.  
Offering recipes: Your food bank offers recipes for food items your food bank provides. | / with social supermarkets…  
Number of food banks providing at least one additional food related service in percent of participating food banks.  
Number of food banks providing food related service xy in percent of participating food banks. |
| Which additional services related to food does your food bank provide?  
(several answers possible) | Cooking courses for adults: Your food bank provides cooking courses for adults.  
Cooking courses for children: Your food bank provides cooking courses for children.  
Nutrition education for adults: Your food bank provides nutrition education for adults.  
No food related service  
Others (please specify)  
Definition of users: all people who receive food or meals from your food bank incl. household members.  
Please note that users will be not counted more than once, even if they may visit your food bank more than once per month. |  
Number of users per month in 2017  
Number of adults users per month in 2017  
Number of child recipients per month in 2017 |