

MDPI is a member of



Follow Us


 facebook.com/MDPIOpenAccessPublishing

 twitter.com/MDPIOpenAccess

 linkedin.com/company/mdpi

 plus.google.com/+MdpiOA

 weibo.com/mdpicn

 Wechat: MDPI-China

 medium.com/@MDPIOpenAccess

 blog.mdpi.com

MDPI
St. Alban-Anlage 66
CH-4052 Basel
Switzerland
Tel: +41 61 683 77 34
Fax: +41 61 302 89 18



www.mdpi.com

mdpi.com/journal/clockssleep

See www.mdpi.com for a full list of offices and contact information. MDPI AG is a company registered in Basel, Switzerland, No. CH-270.3.014.334-3, whose registered office is at St. Alban-Anlage 66, CH-4052 Basel, Switzerland.

Basel, May 2018



clocks & sleep

An Open Access Journal by MDPI



Academic Open Access Publishing
since 1996



An Open Access Journal by MDPI

Editors-in-Chief

Prof. Christian Cajochen
Prof. Paul Franken

Section-Editors-in-Chief






Prof. Ramin Khatami
Prof. Malcolm von Schantz
Prof. Marcos G. Frank
Prof. Urs Albrecht
Dr. Sarah Chellappa
PD Dr. Thomas Kantermann
Dr. Christina Schmidt
Assoc. Prof. Tamar Shochat
Dr. Arcady Putilov

Message from the Editors-in-Chief

Clocks & Sleep (ISSN 2624-5175) is a new and fresh alternative to publish your results in a fast but still rigorous and transparent peer review process, while in an open access model.

Besides open-access (free access for readers) and being **free of charge to publish** in the first two years, *Clocks & Sleep* also provides different publication formats including short communications, regular reports, reviews, commentaries, and we also welcome registered reports. Together, we can make *Clocks & Sleep* a dynamic and high quality open access circadian/sleep journal with the greatest possible reach and research impact.

Author Benefits

-  **Open Access** Unlimited and free access for readers
-  **Reliable Service** Rigorous peer review and professional production
-  **Rapid Publication** Accepted papers are immediately published online
-  **Recognition of Reviewers** Reviewers who provide timely, thorough peer-review reports receive vouchers entitling them to a discount on the APC of their next publication in any MDPI journal, in appreciation of the work done
-  **No Space Constraints, No Extra Space or Color Charges** No restriction on the length of the papers, number of figures or colors

Aims and Scope

The journal *Clocks & Sleep* (C & S) is a multidisciplinary, peer-reviewed, open access journal. *Clocks & Sleep* offers peer-reviewed original research covering all aspects of biological rhythms and sleep, assessed in all organisms, cell cultures as well as in clinical human studies. Emphasis is on genetic, biochemical, physiological, neurobehavioral, imaging, epidemiological, modeling and clinical approaches. We welcome original articles, reviews, short communications and case reports from basic research, clinical research and applied science.

- Circadian and sleep physiology, and their interactions
- Circadian and sleep related disorders in psychiatry, psychology and neurology
- Biological rhythms: circadian, seasonal rhythms and Zeitgebers (light)
- Sleep habits and health, daytime functioning and quality of life
- Sleep and circadian monitoring and assistance technology: wearables and nearables
- Computational modelling in the sleep and circadian fields
- Sleep-wake behavior and the 24-h society/life-style
- Biological rhythms and sleep-like behaviors in non-animal species and cell cultures

Editorial Office

Clocks & Sleep Editorial Office
clockssleep@mdpi.com
MDPI
St. Alban-Anlage 66
4052 Basel, Switzerland
Tel: +41 61 683 77 34
Fax: +41 61 302 89 18
www.mdpi.com
mdpi.com/journal/clockssleep