Article
Climate Variability and Change in Bihar, India: Challenges and Opportunities for Sustainable Crop Production

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Abstract: Climate change and associated uncertainties have serious direct and indirect consequences for crop production and food security in agriculture-based developing regions. Long-term climate data analysis can identify climate risks and anticipate new ones for planning appropriate adaptation and mitigation options. The aim of this study was to identify near-term (2030) and mid-term (2050) climate risks and/or opportunities in the state of Bihar, one of India’s most populous and poorest states, using weather data for 30 years (1980–2009) as a baseline. Rainfall, maximum and minimum temperatures, and evapotranspiration will all increase in the near- and mid-term periods relative to the baseline period, with the magnitude of the change varying with time, season and location within the state. Bihar’s major climate risks for crop production will be heat stress due to increasing minimum temperatures in the rabi (winter) season and high minimum and maximum temperatures in the spring season; and intense rainfall and longer dry spells in the kharif (monsoon) season. The increase in annual and seasonal rainfall amounts, and extended crop growing period in the kharif season generally provide opportunities; but increasing temperature across the state will have considerable negative consequences on (staple) crops by affecting crop phenology, physiology and plant-water relations. The study helps develop site-specific adaptation and mitigation options that minimize the negative effects of climate change while maximizing the opportunities.

Keywords: Bihar; climate analysis; climate change; India; crop production

1. Introduction

Climate change threatens sustainable development in South Asia given the potential vulnerability associated with high population density, poverty, and limited resources for adaptation. Climate change is, thereby, set to cause huge economic, social, and environmental damage across the region, compromising growth potential and poverty-reduction efforts [1]. Agriculture is extremely vulnerable, as any change in climate influences crop growth and yield, hydrologic balances, supplies of inputs and other management practices [2]. Climate change effects on agriculture are manifold: changes in average temperatures, rainfall, and weather extremes; changes in pests and diseases conditions; changes in the nutritional quality of foods; and changes in sea level, among others [3,4]. Higher
temperatures shorten crop cycles by inducing early flowering and shortening the grain-filling period, thereby reducing yield per unit area [5]. High day- and night-time temperatures are set to become more common in the near future and represent a tremendous environmental hurdle to global food production and food security [6–8]. Future climatic variability will also lead to more frequent extremes of weather in the form of erratic monsoons and increased frequency and intensity of drought and flooding [9], thereby affecting both rainfed and irrigated productions systems.

Historical mean annual surface air temperatures over 100 years (1901–2000) in India indicated a warming trend around the year (winter, pre-monsoon, monsoon, and post-monsoon), with higher rates of temperature increase (0.04–0.05 °C per decade) during winter and post-monsoon seasons, compared with the pre-monsoon and monsoon (0.01–0.02 °C per decade) seasons [5,9,10]. The diurnal temperature range has also decreased across India with minimum temperature increasing at twice the rate of the maximum temperature [11]. Climate projections indicate an annual mean temperature increase of 3.5 °C and 5.5 °C by 2080s over the Indian sub-continent, with the relative increase to be less in kharif (monsoon) than in the rabi (winter) season [12]. A review indicates that historical rainfall trends are spatially variable across India with considerable uncertainty in the magnitude of the projected change [9]. By 2050, rainfall is projected to increase in the kharif season although it tends to decrease in the rabi season [9,12,13]. Therefore, increasing temperatures and uncertain rainfall are expected to impact agriculture in many ways across India, threatening the food security and livelihoods of more than 700 million rural people in the country [5,14].

Although climate change has occurred on a global scale, its impacts often vary from region to region [15] and even from location to location [16]. Moreover, considerable uncertainties remain as to when, where and how climate change will affect agricultural production in India [17]. Because of the large spatial and temporal variability in weather factors in India, the analysis of changes in climatic variables at a local level represents an important task in detecting the magnitude of climate change, identifying current and future climate risks, and designing risk-management interventions. Since decisions about climate change are complex, costly and have long-term implications, it is vital that such decisions are based on the best available evidence [18].

Bihar is one of the most climate-sensitive states in India due to its geographical setting, hydro-meteorological uncertainties, dense rural population and high level of poverty [19]. Agriculture contributes 21.3% of Bihar’s GDP and will continue to play an important role in the economic development of the state and as a prime source of livelihood for about 90% of the population [19]. The State Government of Bihar acknowledges that climate change is one of the major challenges of agriculture in the state, and its overall strategy is to transform agriculture and its allied sectors into climate-resilient and vibrant production systems while developing their full potential and ensuring sustained food and nutritional security.

Developing climate-resilient agriculture requires identifying climate risks and opportunities at a local level followed by the development of intervention mechanisms that minimize the risks while maximizing the opportunities. In this regard, data on past conditions can be used for assessing trends, identifying the seasonality of climate or cropping cycles, assessing relationships with historical impacts, and providing a reference against which to compare current and anticipated conditions. Projected climate data and scenarios, on the other hand, are useful for anticipating new climate risks, planning adaptation options and development planning [20]. The objectives of this study are to identify future climate risks and/or opportunities in the near- and mid-term periods in the state of Bihar and to discuss their implications for sustainable crop production in the state.

2. Methodology

2.1. Description of Study Area

The study uses weather data from 12 stations located across the state of Bihar, India (Figure 1). Bihar is located in north-east India in the plains of the Ganga river basin. It is endowed with fertile
alluvial soil with abundant water resources, especially groundwater resources. Bihar has a geographical area of 9,360,000 hectares with three important agro-climatic zones: North-West, North-East, and South. The North-West zone has 13 districts and receives an annual rainfall of 1040–1450 mm. The soil is mostly loam and sandy loam. The North-East Zone has 8 districts and receives rainfall ranging from 1200–1700 mm, and has loam and clay loam soils. The South Zone has 17 districts, receives an average annual rainfall of 990–1300 mm, and has sandy loam, loam, clay, and clay loam soils [19].

Rice, wheat, and maize are the major cereal crops. Rice is the main monsoon crop and is cultivated in all districts of Bihar. Wheat was increasingly planted by Bihari farmers after the green revolution, and it currently occupies the status of major crop of the rabi season. Maize is also cultivated, with an average annual production level of approximately 1.5 million tons and a steady positive trend in production. Pulses such as mung bean, peas, and lentil are mostly grown in the southern parts of Bihar [19].

2.2. Data Source and Quality Control

2.2.1. Historical Climate Data

Historical (1980–2009) daily rainfall (RF), maximum temperature (Tmax) and minimum temperature (Tmin) data for the 12 stations were obtained from the Indian Meteorology Department (IMD). Data quality control is a necessary step before analysis, as erroneous outliers can seriously impact calculation of extreme indices and their trends [21]. Therefore, the daily historical data obtained from the IMD were examined for missing values and erroneous records before analysis. Errors such as Tmin greater than Tmax, and outliers, which are defined as values above or below the mean by a magnitude of four times the standard deviation [22], were treated case by case using information from the day before and after the event. From the 12 stations studied, some stations (Bhagalpur, Gaya and Patna) had complete (<2% missing) rainfall and temperature records while other stations (Dehri, Purnea and Muzaffarpur) had missing values between 7% and 18%. The missing values in the rest of the stations were above 20%. After considering different data-filling options, all missing records were filled using daily rainfall and temperature data from AgMERRA [23]. AgMERRA is a climate-forcing dataset for the period 1980–2010 developed for the Agricultural Model Intercomparison and Improvement Project (AgMIP) based on the National Aeronautics and Space Administration (NASA) Modern-Era Retrospective Analysis for Research and Applications (MERRA). AgMERRA data can be used to fill gaps in historical observations as well as serve as a basis for the generation of
future climate scenarios [23]. The AgMERRA data was evaluated by comparing it with observed data from Patna station which has complete records, and it was found that there was a good agreement ($R^2 \geq 0.987$) between the AgMERRA dataset and observed records.

After filling missing records, possible non-homogeneities in the data were assessed by visual examination of the plots’ annual rainfall and temperature data followed by a statistical test using Student’s t test at each station [24]. Both the visual examination and statistical test showed no break points in the time series.

### 2.2.2. Future Climate Data

Future daily RF, Tmax and Tmin data for two future 30-year periods, centered at 2030 (2010–2039) and 2050 (2040–2069), were downscaled from 20 general circulation models (GCMs) which are among those GCMs that have been used by the Intergovernmental Panel on Climate Change (IPCC) to produce its fifth assessment report, AR5 [25]. GCMs are climate models that project into the future and are the most advanced tools currently available for simulating the response of the global climate system to increasing greenhouse gas concentrations. The 20 GCMs were selected based on availability of data for the two (4.5 and 8.5) representative concentration pathways (RCPs) used in this study. The RCPs are four greenhouse gas concentration (not emissions) trajectories adopted by the IPCC for its AR5. The four RCPs: RCP2.6, RCP4.5, RCP6.0, and RCP8.5 are named after a possible range of radiative forcing values of 2.6, 4.5, 6.0, and 8.5 Wm\(^{-2}\) in the year 2100, respectively [25].

### 2.3. Data Analysis

#### 2.3.1. Annual and Seasonal Analysis

Analysis of RF, Tmax and Tmin was carried out on annual, seasonal, and monthly timescales for the baseline (1980–2009), 2030 and 2050 periods. The three seasons considered in this study were pre-monsoon (February–May), monsoon or *kharif* (June–September), and post-monsoon or *rabi* (October–January). Descriptive statistics were used to derive annual, seasonal and monthly summaries from the daily data, and relative changes were calculated to compare changes between the baseline and projected climates. Rainfall onset, cessation and length of growing period were determined for the monsoon season (June–September). Similar to previous studies [26], the onset of the rains in the monsoon season was defined in this study as the first occasion after 1 June when the rainfall that accumulated in 3 consecutive days was at least 20 mm, with no dry spells of more than 10 days in the next 30 days. The daily rainfall data was processed to give maximum dry-spell lengths in the next 30-day periods, starting from the onset of rain for each site, and dry-spell lengths exceeding 5, 7, 10, 15 and 20 days over the next 30 days from planting were calculated to get an overview of the drought condition during the crop-growing period. The cessation of the rains was taken as the date after 15 September following which no rain occurs over a period of 20 days [26]. The length of the growing season was calculated as the difference between rainfall onset and cessation dates.

Reference evapotranspiration (ET) was calculated from daily maximum and minimum temperatures using the ‘evapotranspiration’ package in R [27] following the method of Hargreaves and Samani [28].

#### 2.3.2. Trend Analysis

The climatic data from all stations were subjected to an auto-correlation test for the purpose of deciding appropriate trend analysis methods. Since there were no auto-correlations detected, the non-parametric Mann–Kendall (MK) test along with Sen’s slope estimator [29] was used to examine rainfall and temperature trends and their magnitudes. The MK test is a rank-based procedure suitable for detecting a non-linear trend [30].
2.4. Presentation of Data

The data are presented at different spatial (site and state) and temporal (baseline, 2030 and 2050) scales. Whilst most of the data are presented at site level, some of the data are presented at state level whenever geographical aggregation is more meaningful than site-level comparison. The data are also presented in a way that shows the temporal changes between the three climate periods and the two RCPs. However, whenever the results are similar between the two RCPs, data are presented only for RCP8.5 (business-as-usual scenario) to avoid congestion of data in tables and figures.

3. Results

3.1. Changes in Annual and Seasonal Rainfall Amounts

A projection of rainfall in 2030 and 2050 under the two RCPs indicates an increase in annual and seasonal totals across Bihar. The annual total rainfall in the baseline period ranges from 1036 mm to 1625 mm across stations with an average value of 1225 mm. The average annual rainfall total across the studied stations is projected to increase by 6–7% in 2030 and 12% in 2050 (Figure 2).

![Figure 2.](image-url) Annual and seasonal relative changes in rainfall in 2030 and 2050 under two representative concentration pathways (RCPs) across the state of Bihar. Vertical error bars indicate standard deviations.

The seasonal rainfall (4-month periods) total in the baseline period ranges from 54–215 mm, 882–1305 mm and 66–120 mm, with an average seasonal total of 117 mm, 1020 mm and 87 mm for February–May (FMAM), June–September (JJAS) and October–January (ONDJ), respectively. The average seasonal total rainfall is projected to increase by 12–20%, 4–6% and 8–10% in 2030 and 12–16%, 11–12% and 9–15% in 2050 in the FMAM, JJAS and ONDJ seasons, respectively (Figure 2). Although the absolute increases are very small compared to the JJAS season, the relative increases in seasonal rainfall are higher in the FMAM season followed by the ONDJ season. Moreover, unlike the JJAS and ONDJ seasons, the increase in seasonal rainfall in the FMAM season is higher under RCP4.5 than RCP8.5 in both 2030 and 2050 (Figure 2), indicating that the low-emission scenario could trigger high-rainfall conditions during the hottest part of the season.

The baseline and projected rainfall amounts in 2030 and 2050 under the two emission scenarios at each of the studied stations are presented in Figure 3. Although the results indicate a general increase in projected annual and seasonal rainfall amounts over the baseline at all the stations studied, the increase shows strong spatial and temporal variations. For example, the absolute rainfall increase in...
both 2030 and 2050 is lower at Chapra, Dehri, Gaya and Supaul but it is higher at Darbhanga, Motihari, Patna and Purnea. Season-wise, the JJAS will have the highest absolute increase in rainfall amount compared to the FMAM and ONDJ seasons in both 2030 and 2050. The stations that will experience higher increases in FMAM rainfall in both 2030 and 2050 are Forbesganj and Purnea; while the stations with higher increases in the ONDJ season are Bhagalpur, Forbesganj, Purnea and Sabour (Figure 3). Comparison of the rainfall changes in the two future periods studied indicate that increases in rainfall in 2050 may be higher than that of 2030 in the JJAS season, but remain similar in the FMAM and ONDJ seasons at all stations. There is no significant difference between the emission scenarios considered in both 2030 and 2050, although RCP4.5 tends to give higher rainfall conditions than RCP8.5 in 2030 at most of the stations (Figure 3).

3.2. Changes in Daily Rainfall Intensity

The projected changes in daily rainfall intensity show strong spatial and temporal variability. Figure 4 presents a comparison of the daily rainfall intensity in 2030 and 2050 under RCP8.5, with the baseline period over a period of 12 months at all the stations studied. The daily rainfall intensity is projected to increase for the months of July, August, September and October at almost all stations with the increase ranging from 1–17% in 2030 and 1–20% in 2050 depending on the station and emission scenario. Moreover, the daily rainfall intensity increases (1–17% in 2030 and 1–14% in 2050) at all stations in the month of May. On the other hand, the daily rainfall intensity is projected to decrease in the months from December to April and June at most of the stations (Figure 4). Whilst a higher increase in daily rainfall intensity in both 2030 and 2050 is projected in the month of October at most of the sites (Bhagalpur, Chapra, Darbhanga, Motihari, Muzaffarpur, Patna and Purnea), a greater decrease is projected in the month of December at Bhagalpur, Gaya, Muzaffarpur, Patna, Purnea and Sabour (Figure 4).
Figure 3. Baseline (1980–2009) and projected (2030 and 2050 with two RCPs) annual and seasonal rainfall amounts at 12 stations in Bihar. Vertical bars indicate standard deviation of 20 general circulation models.
Figure 4. Rainfall amount per day in the baseline, in 2030 and 2050 periods at 12 stations in the state of Bihar. The future data presented are only for RCP8.5 and vertical error bars indicate standard deviation of 20 general circulation models (GCMs).

3.3. Annual and Seasonal Minimum Temperature Changes

A comparison of baseline and future climate periods indicate an increase in Tmin across the state of Bihar. The increase is generally higher in 2050 than in 2030 and under RCP8.5 than under RCP4.5 (Figure 5a). The annual, FMAM, JJAS and ONDJ Tmin in the baseline period range from 19.2–20.5 °C, 18.0–19.7 °C, 25.0–26.4 °C and 14.0–15.9 °C, with an average value of 19.8, 18.7, 25.8 and 14.9, respectively, across stations (Figure 5a). Depending on the emission scenario (RCP4.5 and
RCP8.5), the mean annual minimum temperature is projected to increase by 0.8–0.9 °C in 2030 and 1.6–2.4 °C in 2050 across Bihar. The projected mean seasonal minimum temperature could also increase by 0.8–1.0 °C, 0.8–0.9 °C and 0.8–1.0 °C in 2030 and 1.4–2.1 °C and 1.7–2.6 °C in 2050 in the FMAM, JJAS and ONDJ seasons, respectively (Figure 5a). The lower and higher values in the ranges given in both 2030 and 2050 are for RCP4.5 and RCP8.5, respectively.

The highest relative Tmin increase across stations is observed in the ONDJ season while the lowest is recorded in the JJAS season. All the stations studied experience a similar level of Tmin increase in 2030 across the season, whereas stations like Chapra, Dehri, Gaya and Patna could see relatively higher Tmin increase than other stations in 2050 (Figure 6). Past and future monthly Tmin remain in the range of 10–15 °C in January and December, 15–20 °C in March and November, 20–25 °C in April and November and 25–30 °C from June to September.
Figure 6. Baseline (1980–2009) and projected (2030 and 2050) mean minimum temperature values at 12 stations in Bihar. Vertical bars indicate standard deviation of 20 general circulation models.
3.4. Annual and Seasonal Maximum Temperature Changes

In the baseline period, the average annual maximum temperature ranges from 31.0 °C (Forbesganj) to 32.7 °C (Dehri) among stations and has a mean value of 31.8 °C (Figure 5b). The seasonal average Tmax values are 34.1 °C, 33.5 °C, and 27.8 °C in the FMAM, JJAS and ONDJ seasons, respectively. Among stations, the seasonal Tmax ranges from 32.3 °C to 35.7 °C in FMAM, 32.6–34.6 °C in JJAS, and 25.5–28.2 °C in ONDJ seasons in the baseline period.

Under the future climate, the mean annual Tmax is expected to increase across Bihar by 0.7–0.8 °C in 2030 and 1.6–2.2 °C in 2050 depending on emission scenario (Figure 5b). Unlike Tmin, average seasonal Tmax increases are the same across seasons in 2030, with an average seasonal increase by 0.7 °C under RCP4.5 and 0.8 °C under RCP8.5. However, the seasonal Tmax increase differs among seasons in 2050, with the highest (1.9–2.5 °C) and lowest (1.3–1.9 °C) increases observed in the FMAM and JJAS seasons, respectively.

Results indicate that the projected increase in mean annual and seasonal Tmax is similar across the studied stations in 2030 under both emission scenarios (Figure 7). However, differences exist between emission scenarios in 2050, and the increase in Tmax ranges from 1.2 °C (at Patna in the JJAS season) to 2.1 °C (at Dehri and Gaya in the FMAM season) under RCP4.5, while it ranges from 1.8 °C (at Patna in the JJAS season) to 2.6 °C (at Motihari in the FMAM season) under RCP8.5 (Figure 7). Both past and future mean monthly maximum temperatures are high (above 35 °C) between April and June and will remain close to 35 °C from July to September, particularly under the future climate at most of the stations studied.
Figure 7. Baseline (1980–2009) and projected (2030 and 2050) mean maximum temperature values at 12 stations in Bihar. Vertical bars indicate standard deviation of 20 general circulation models.
3.5. Trend of Annual Mean Minimum and Maximum Temperatures

Analysis of the trend of Tmin over a period of 30 years indicates that it is significantly increasing at all stations except Gaya (Figure 8b). The rate of Tmin increase varies among seasons, with the highest rate of increase observed in the FMAM season followed by the ONDJ season. Among stations, Motihari experienced the highest rate of minimum temperature increase in the FMAM season, while Motihari and Forbesganj had the highest rate of increase in the ONDJ season. The rate of minimum temperature increase in the JJAS season was significant at only 50% of the stations studied (Figure 8b).

Figure 8. Trends of: (a) mean annual maximum; and (b) mean annual minimum temperatures, over a period of 30 years (1980–2009) at 12 stations in Bihar. *, **, *** shown on bar graphs represent significant trends at $\alpha = 0.5, 0.1$ and 0.01 levels.

The trend of Tmax over the past 30 years is presented in Figure 8a. The results generally indicate a positive trend across stations but the statistical significance of the rate of increase varies among seasons and stations. Highly significant positive trends are observed at Chapra, Darbhanga, Motihari, Muzaffarour, and Supaul in the FMAM and ONDJ seasons. Highly significant positive trends of Tmax are also observed at Forbesganj in the ONDJ season and at Patna in the FMAM season (Figure 8a). On the contrary, the trend of Tmax in the JJAS season is not significant at all the stations.

The trends of annual Tmin and Tmax in 2030 and 2050 are similar to the baseline period except that the highest rate of Tmin increases occurs in the ONDJ season in 2050 under the two emission scenarios (data not shown).
3.6. Model Uncertainty in Rainfall and Temperature Projections

Model uncertainty in rainfall projection is shown by the standard deviations of the 20 GCMs in Figure 3. The uncertainty varies between emission scenarios, periods and stations. It is generally higher for RCP4.5 than RCP8.5 in 2030 but remains similar between emission scenarios in 2050. Comparison of the study periods indicate that rainfall projections in 2050 are more uncertain than those in 2030 in the main rainy season (JJAS), while uncertainties remain similar between the two periods in the FMAM and ONDJ seasons. Among sites, uncertainty is higher at Forbesganj and Purnea (high rainfall areas) as compared to the rest of the stations (Figure 4). On the other hand, model uncertainty is very low at Chapra, Dehri and Gaya in the FMAM season and at Chapra, Muzaffarpur and Supaul in the ONDJ season.

Model uncertainty in the projection of maximum and minimum temperatures is lower than that observed for rainfall and is similar across stations (Figures 6 and 7). Like rainfall, higher model uncertainty is observed in 2050 than in 2030. Moreover, model uncertainty is higher in the JJAS and ONDJ seasons than in FMAM season in 2050.

3.7. Annual and Seasonal Reference Evapotranspiration Changes

The annual and seasonal ET$_{o}$ changes show that ET$_{o}$ is likely to increase under the future climate at all stations, with the increase to be higher in 2050 than in 2030 under the two emission scenarios at all stations (Figure 9). The annual ET$_{o}$ is expected to increase by 1–3% in 2030 and 4–7% in 2050 across stations (Figure 9).

The increase in ET$_{o}$ is generally similar across season and station in 2030 under both emission scenarios as compared to that in 2050. The ET$_{o}$ increase in 2050 varies among seasons and sites and between emission scenarios. The FMAM season may experience higher increases in ET$_{o}$, particularly under RCP4.5, in 2050 than the JJAS season. The stations that may see a higher ET$_{o}$ increase under RCP4.5 in 2050 are Dehri and Gaya in the FMAM season and Bhagalpur, Dehri, Forbesganj, Purnea, Sabour and Supaul in the ONDJ season. On the other hand, the increase in ET$_{o}$ in the JJAS season is similar across stations, with the highest increase observed under RCP8.5 in 2050 (Figure 9).

3.8. Changes in Monsoon Rainfall Onset and Cessation and Length of Growing Period

Analysis of rainfall onset in the monsoon season (JJAS) across stations indicates that planting can start as early as the end of May (e.g., Forbesganj and Purnea) and as late as mid-June (e.g., Chapra and Gaya) in the baseline period. Although there is a tendency for early onset at all stations (a maximum of five days at Gaya) under the future climate, there is no statistical difference between the baseline and future periods (2030 and 2050) in median onset date (Figure 10). The end of the monsoon season in the baseline period ranges from the first week of October (Muzaffarpur and Gaya) to the third week of October (Forbesganj, Patna and Sapaul), that is, from day of year (DOY) 275–296. The end of the rainy season is projected to be extended under the future climate although there is no significant difference between 2030 and 2050 (Figure 10). The median cessation dates could range from DOY 288 (mid-October) to 300 (end of October), extending the end of the season by 4–8 days at Darbhanga, Forbesganj, Motihari, Patna, Sabour and Supaul, by 9–12 days at Chapra, Dehri and Gaya, and by 13–16 days at Bhagalpur, Muzaffarpur and Purnea. Thus, the late end of the monsoon season under the future climate prolongs the median growing period by 5–8 days at Forbesganj, Patna and Supaul, by 9–13 days at Darbhanga, Derhi, Chapra, Motihari and Sabour, and by 14–18 days at Bhagalpur, Gaya, Muzaffarpur and Purnea (Figure 10).
Figure 9. Changes in reference evapotranspiration ($ET_o$) in 2030 and 2050 relative to the baseline period under two emission scenarios (RCP4.5 and RCP8.5) at 12 stations in Bihar.
Figure 10. Box plot of rainfall onset, cessation and length of growing period (LGP) in the baseline, 2030 and 2050 periods at 12 stations in Bihar.
4. Discussion

Climate change is already affecting agriculture and its effects are unevenly distributed across the world [4]. Understanding how climate is changing and will change at local level, determining the magnitude of the change, and identifying climate risks and opportunities associated with it can guide agricultural decisions, strategies and interventions that lead to climate-resilient farming systems. This study focused on analyzing past and future downscaled climate data at a local level and looked into annual, seasonal and intra-seasonal climatic changes, identifying the climate risks and opportunities with respect to crop production in Bihar.

This study used quality-checked historical climate data and projections from an ensemble of 20 GCMs downscaled to a station level using bias-corrected spatial downscaling method [31,32]. Multi-model ensemble is an efficient technique to consider all the potential uncertainties considered in the GCM projections [33,34]. In this study, it was found that uncertainties in rainfall and temperature projections were within reasonable limits and the data were good enough for climate analysis in the study area. However, model uncertainties were generally higher for rainfall than temperature projections and vary over time and space. Hence, the regional model outputs, particularly on rainfall variations, have to be handled with caution while being used for climate analysis and impact assessment at different sites.

4.1. Rainfall Changes and Its Implications for Crop Production

The state of Bihar receives high annual rainfall (>1000 mm) under the present climate. More than 80% of the annual total rainfall is received during the monsoon season (JJAS) with only 9% and 7% of the amount received in the FMAM and ONDJ seasons, respectively. This study found an increase in annual rainfall in Bihar under the future (2030 and 2050) climate relative to the baseline period. However, the magnitude of change varies with season, site and climate periods studied. The seasonal rainfall in Bihar is expected to increase over time under the future climate, with the highest relative increase in the FMAM season and the highest absolute increase in the JJAS season. A modest (8–10% in 2030 and 9–15% in 2050) rainfall increase is also projected in the ONDJ season. Although it is difficult to make a direct comparison of this study with previous studies because of differences in time period, GCMs, emission scenarios and downscaling methods used, our results are similar to those studies that projected a general increase in monsoon rainfall in India including Bihar (e.g., [12,35]) and Tamil Nadu [36] under the future climate. However, the reported reduction in winter rainfall across India by 2050 [12] is not observed for Bihar in the current study.

There is a considerable spatial variability in the projected annual and seasonal rainfall increase among stations, suggesting the need for considering local differences in water and other crop-management practices under rainfed and irrigated systems in Bihar. The results from this study also indicated an increase in rainfall per day under the future climate, particularly in the monsoon season, which would increase the chance of flash floods at most of the sites studied. An increase in rainfall intensity under the future climate may lead to flood conditions and lesser groundwater recharge. Flooding is already a major problem for many heavily populated deltaic regions like Bihar in South Asia [9]. Therefore, an increase in rainfall amount and intensity under the future climate would become a major climate risk for Bihar as it will exacerbate the state’s current vulnerability to floods caused by high rainfall and topographic conditions in Nepal [19]. Under severe conditions, flooding may lead to the relocation of both farms and farming populations to other regions [9].
An increase in rainfall in the future climate would also lead to an increase in atmospheric humidity, and in the duration of the wet season [37]. Therefore, combined with higher temperatures, these conditions could favor the development of fungal diseases, incidence of insect pests and vectors [9,38].

4.2. Temperature Changes and Implications for Crop Production

The results in this study indicate an increasing trend in both minimum and maximum temperatures across Bihar in the baseline period, with the rate of increase in minimum temperature being significant and higher than the one in maximum temperature at almost all stations. Both minimum and maximum temperatures are increasing faster and higher in the FMAM and ONDJ seasons than the JJAS season. Temperature increases have also been reported for parts of India for both past records [39] and future projections [12,35]. The observed maximum and minimum temperature trends are also in line with the reported changes at a global scale [40]; and with the argument that daily minimum temperature exhibits more associations with the global warming phenomenon rather than daily maximum temperature [41].

The increases in temperature will probably offset the likely benefits of increasing atmospheric concentrations of carbon dioxide on crop plants [9]. For example, the increase in minimum temperature contributes to increased growing degree day (GDD), leading to an alteration of growing periods and yield. It also affects available soil water, and thereby exacerbates water stress which ultimately affects yield [42,43]. Moreover, the current maximum temperature in Bihar is already close to the maximum temperature threshold of kharif (e.g., rice) and rabi (e.g., wheat) crops [44]. Thus, a further increase in temperature under the future climate, particularly in 2050, may cause day and night temperatures to exceed the maximum limit for many of the current crops and varieties grown in the state (see reviews of [45] for temperature thresholds). In this study, the future temperature increases are found to be higher in the ONDJ and FMAM seasons, and hence crops grown during the rabi and spring seasons will be most affected.

High-temperature levels increase crop respiration rates and evapotranspiration, hasten nutrient mineralization in soil while reducing crop duration, the number of grains formed, fertilizer-use efficiency, and crop yield [9,44,46–48]. In rice, for example, yield is reduced by 10% with each 1 °C rise in minimum temperature and by 15% with each 1 °C rise in mean temperature [47]. In wheat, a rise in maximum temperature mainly reduces the duration of anthesis and grain-filling periods which results in reduced grain yield [44,46,48]. This also indicates that for every 1 °C rise in temperature, the yields of wheat soybean, mustard, groundnut and potato would decline by 3–7% in India [49]. Maize is also highly susceptible to heat stress during the reproductive stage [7,50–52], and it is reported that each degree increase in a day where the temperature exceeds 30 °C reduces the final yield of maize by 1% under favorable growing conditions, and by 1.7% under drought-stressed conditions [53]. This shows that heat stress will be a major climate risk for crop production across Bihar, particularly for winter- and spring-sown crops when higher temperatures coincide with the reproductive phase of the crops.

In order to minimize the impact of high temperatures, adaptation measures such as deploying heat-tolerant germplasm, planting-date adjustment, and optimum irrigation through efficient water-management systems need to be designed and evaluated for the different farming systems of the state.

4.3. Monsoon Growing Season Changes and Implications for Crop Production

The results of this study indicated a longer growing period because of an extended monsoon season across the stations studied in Bihar. Since there was no significant difference in the onset of rainfall dates between the baseline and future periods, the longer growing period under the future climate was mainly a result of late cessation of the rainfall. Depending on location, this would allow growing of medium- to late-maturing crops which could increase the yield of major monsoon crops such as rice, maize and legumes. On the other hand, the probability of dry spells and rate of evapotranspiration are projected to increase under the future climate, compromising the benefit from
high rainfall and long growing periods. Moreover, increasing temperature levels would shorten the maturity period of crops, and hence an extended growing period alone could not be translated into a better harvest. This, therefore, emphasizes the need for designing adaptation measures that capitalize on the opportunities which come with climate change while minimizing its negative effects [54].

5. Conclusions

Changes in rainfall conditions, temperature, evapotranspiration and growing period are detected across Bihar in the near- and mid-term climate. These changes have implications for rainfed and irrigated cropping systems in the state as the magnitude and pattern of the changes will affect crop evaporation, runoff, soil water storage, crop water requirement, crop growth period, photosynthesis ability, crop respiration and yield. The magnitudes of rainfall and temperature changes vary by site indicating that the effect of climate change on crops could also vary at each location. Changes in rainfall could mostly affect kharif crops while the increase in temperature, particularly minimum temperature, could be a major climate risk for rabi- and spring-sown crops. It is, therefore, suggested that adaptation and mitigation strategies in Bihar have to be location- and season-specific.

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